



Fermanagh & Omagh District Council Community Support News – September 2016

The Community Support Newsletter is published on a monthly basis. If you wish to receive a copy or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 or email alison.gilmore@fermanaghomagh.com

Council News & Events

Community Premises Support Project – An opportunity for the community and voluntary sector to apply for financial assistance of up to £20,000 to enhance their community buildings which will result in enhanced community services.

This project is supported by The Executive Office through the Social Investment Fund.

Information events will be held in the eligible project areas as follows:

Monday 19 September	2 – 4 pm	Derry and Strabane District Council Offices, Strabane
	7 – 9 pm	Roe Valley Arts & Cultural Centre, Limavady
Wednesday 21 September	2 – 4 pm	Dungiven Library
	7 – 9 pm	Newtownstewart Centre 2000
Thursday 22 September	2 – 4 pm	Strule Arts Centre, Omagh
Friday 23 September	2 – 4 pm	Lakeland Forum, Enniskillen
Monday 26 September	7 – 9 pm	Intec Centre, Enniskillen
Tuesday 27 September	7 – 9 pm	Strule Arts Centre, Omagh

For further information please contact Stephen Cassidy
Tel: 0300 303 1777 or Email: s.cassidy@fermanaghomagh.com

Council will open 2nd call for grant aid funding 2016/17 in September

***** PLEASE NOTE CHANGE OF DATES (SEE BELOW) *****

A call for applications for the Council's 2nd round of grant aid funding will open from Thursday 1 September until Wednesday 28 September 2016 at 5:00pm, after which applications will not be considered.

Applications must be made on an official application form.

Application forms and guidelines will be available to download from 1 September 2016 – 28 September 2016 from www.fermanaghomagh.com or by contacting the Funding & Investment Unit, Fermanagh and Omagh District Council (Tel: 0300 303 1777, email: grants@fermanaghomagh.com)

This round of funding is for grant assistance for projects and activities that will take place in the 2016/17 financial year. All funding must be spent before 31 March 2017.

Applications are invited from voluntary clubs, societies, organisations and individuals based in the Fermanagh and Omagh District Council area, for grant aid under the following themes:

- **Arts, Culture & Heritage**
- **Community Services (General Grant Aid)**
- **Community Services (Project Development)**
- **Festivals & Events (Small)**
- **Festivals & Events (Large)**
- **Good Relations**
- **Irish in the Community**
- **Seeding Grants**
- **Sports Development & Recreation (Small)**

- **Arts, Culture & Heritage Bursaries**
- **Sports Bursaries**

Applications for funding for a project or event which has already taken place will not be accepted. Applications must be received **before** your event takes place. Information sessions for grant aid are outlined below. Officers will be available at the various locations to discuss your project ideas and provide guidance on how to complete the application.

INFORMATION SESSIONS WILL BE HELD IN THE FOLLOWING LOCATIONS:-

***** PLEASE NOTE CHANGE OF DATES (SEE BELOW) *****

- Strule Arts Centre, Omagh - **Monday 12 September**, 7.30pm – 9pm
- Town Hall, Enniskillen - **Tuesday 13 September**, 1pm – 3pm
- Bawnacre Centre, Irvinestown - **Tuesday 13 September**, 7.30pm – 9pm
- Castlepark Centre, Lisnaskea - **Wednesday 14 September**, 7.30pm – 9pm
- Strule Arts Centre, Omagh - **Thursday 15 September**, 1pm – 3pm

For further information please contact the Funding & Investment Unit,
Tel: 0300 303 1777 or Email: grants@fermanaghomagh.com

The Fermanagh and Omagh Local Action Group (LAG) Ltd is responsible for delivering Priority 6 of the Northern Ireland Rural Development Programme (NIRDP) 2014-2020 in Fermanagh and Omagh area. The LAG has indicatively allocated a budget of £1.8 million to the Rural Basic Services Scheme and will be hosting a number of Funding Workshops across the District Council area to promote the funding opportunities available through the Scheme.

Workshops will be held as follows:

- **Castle Park Leisure Centre, Lisnaskea at 7.00pm on Thursday 1 September 2016**
- **Bawnacre Centre, Irvinestown at 7.00pm on Monday 5 September 2016**
- **Ecclesville Centre, Fintona at 7.00pm on Wednesday 7 September 2016**

The Rural Basic Services Scheme is a CAPITAL ONLY scheme which is designed to explore new and innovative ways of delivering services to those living in the rural areas of Fermanagh and Omagh. The LAG has chosen to administer the Scheme via two levels of funding:

- **SMALL SCALE CAPITAL** Grants of up to 75% up to a maximum of £50,000 (with a minimum grant request of £10,000) for projects aimed at increasing access to services by enhancing or improving existing community buildings or other facilities through minor works; and
- **LARGE SCALE CAPITAL** Grants of up to 75% up to a maximum of £250,000 (with a minimum grant request of £50,001) for projects aimed at increasing access to services by extending or redeveloping current community buildings or creating new community service hubs where no current provision exists. The focus is on the sustainable development of existing facilities to support the delivery of services. Funding for new build projects will be the exception where a clear rationale must be provided. The entry point for the LARGE SCALE CAPITAL grants will be via a Development Support Programme which will offer technical assistance support of up to 75% up to a maximum of £5,000.

The Scheme is open to applications from the Community Voluntary Sector including Social Economy Enterprises engaged in non-economic activity, Local Council, Strategic Public Body (for example a Health Authority), Local Council/Private Partnership (where the Local Council is the grant recipient), Local Council/Community Voluntary Sector partnership (where the Local Council is the grant recipient).

If you are interested in applying for funding under the Rural Basic Services Scheme then attendance at a funding workshop is mandatory. Please note workshops must be attended by the person with authority to sign a potential Letter of Offer and failure of this person to attend a workshop will result in you being ineligible to apply to the Scheme. There is no requirement to register your interest in attending a workshop just turn up at the appropriate time on the date for the workshop that you wish to attend. **For further details on the workshops or the Programme contact Fermanagh and Omagh Local Action Group (LAG) Ltd on 028 8225 0202.**

Fermanagh and Omagh District Council Invites Applications for Social Partners for the PEACE IV Partnership

The Council is in the process of forming a PEACE IV Partnership to monitor the effective delivery of a Peace and Reconciliation Action Plan for the District. The Council invites applications from individuals who have an interest in becoming a Social Partner on the Partnership.

Social Partners must be representative of key sectors such as Community, Voluntary and Business. Council also welcomes applications from individuals who can represent Rural Communities, Trade Unions, Minority Ethnic Communities, People with a Disability, Children and Young People, and Older People.

The Action Plan for Fermanagh and Omagh will support actions and initiatives under the following 3 key Strategic Objectives:

- Children and Young People
- Shared Spaces
- Building Positive Relations at a Local Level

It is a basic requirement that Social Partners should either live in, work in or have a significant interest in the Fermanagh and Omagh District Council area. Applicants must be nominated by an appropriate constituted group active within the Fermanagh and Omagh District Council area, and possess the required knowledge, skills and/or experience to fulfil the position of a Social Partner. This is an open call for applications and all applications will be competitively assessed using clearly defined criteria as outlined in the application pack. Application packs may be obtained from www.fermanaghomagh.com

Completed application forms (including an equal opportunities form) should be returned no later than 12.00 noon on Thursday 15 September 2016 in a sealed envelope clearly marked on the outside 'PEACE IV Social Partners' to: Fermanagh and Omagh District Council, The Sperrin Centre, 1 Market Street, Omagh, BT78 1EE or Enniskillen Townhall, 2 Townhall Street, Enniskillen, BT74 7BA or by email to peaceiv@fermanaghomagh.com. **Applications received after the closing date and time will be deemed ineligible.** Any queries in relation to the application process should be directed to Deborah McCartan, Peace IV Programme Co-ordinator on 0300 303 1777.

Sports education programme to promote excellence in local sport

A sports education initiative, which aims to promote excellence in local sports, was launched today by Chairperson of Fermanagh and Omagh District Council, Cllr Mary Garrity and NI international footballer, Roy Carroll.

The 'What's Your Game?' Club and Coach Education Programme, organised and funded by Fermanagh and Omagh District Council, provides opportunities for those involved in sport in the district to gain coach education and sports' governing body qualifications in netball, ultimate Frisbee, futsal, dodgeball, boccia and football.

First aid, safeguarding of children and young people, autism and sports coaching, children's coaching, and good club governance courses will also be on offer.

Courses that are available on the 'What's Your Game?' Club and Coach Education Programme are required to help junior sports clubs achieve Clubmark NI status - a recognised standard which demonstrates a club has achieved a level of quality in the areas of management, coaching and safety.

The Council has also organised two guest speaker events as part of the programme, where those in attendance will be given a special insight into competitive sport at the highest level. The first guest speaker event will feature NI international Roy Carroll in conversation with football pundit Liam Beckett while the second event will see Tyrone GAA manager, Mickey Harte, in conversation with local sports journalist and GAA enthusiast, Paddy Hunter.

The 'What's Your Game' programme also includes a series of expert master classes in nutrition and strength and conditioning for athletes keen to improve their personal performance. These masterclasses will be delivered in partnership with the North West Coaching Network.

Speaking at the launch of the 'What's Your Game?' programme, Cllr Mary Garrity said:

"Fermanagh and Omagh District Council recognises and appreciates the contribution of our sports clubs, coaches, leaders, teachers and athletes and is pleased to support their development and continuous improvement by investing in the 'What's Your Game?' programme.

The programme is a wonderful opportunity for all those involved in sport to avail of high quality sports training and coaching at a reduced cost. Clubs and organisations also have the opportunity to apply to the Council for grant support to attend the courses available through the programme. If successful, this can help to further reduce the cost to participate and ensure as many people as possible can benefit."

The 'What's Your Game?' programme and application forms are available from www.fermanaghomagh.com and reception at Omagh Leisure Complex, The Grange and the Public Services Centre, Omagh; Fermanagh Lakeland Forum and the Townhall, Enniskillen; Castle Park Leisure Centre, Lisnaskea, and the Bawnacre Centre, Irvinestown. Alternatively **contact Billie-Jo Irwin, Fermanagh and Omagh District Council on 0300 303 1777 or email billie-jo.irwin@fermanaghomagh.com.**

The Council's Funding and Grants programme opens for applications on Thursday 1 September 2016. Application forms will be available from www.fermanaghomagh.com or by contacting the Council on 0300 303 1777. Applications to the Funding and Grants programme must be submitted by 5 pm, 28 September 2016.

Update of the Community and Voluntary Sector Register

Fermanagh and Omagh District Council is updating its register of community and voluntary organisations operating in the Fermanagh and Omagh District Council area.

ALL groups or organisations should get in touch to register or update their details. This includes groups who have previously registered and those who are not currently on the register.

Registration will enable Fermanagh and Omagh District Council to keep you updated with important information and provide any necessary support you may require.

You can download a registration form on the Council web site

<http://www.fermanaghomagh.com/residential-services/community/community-register/>

or contact the Council Offices in either The Grange, Omagh or Townhall, Enniskillen to speak to an officer who will send you a registration form and assist you with any questions you may have.

Organisations registered by **Wednesday 14 September 2016** will be eligible to attend the Fermanagh and Omagh Community and Voluntary Sector Convention and to participate in the nomination process to a Community and Voluntary Sector Forum for the area.

Contact us by:

Telephone 0300 303 1777 Ext 21217 Email: alison.gilmore@fermanaghomagh.com

Text phone 028 8225 6216

Social Housing Enterprise Investments awards - The 2nd tranche was launched on 27 June. Individuals from Housing Estates can apply as the NIHE are keen to support their endeavours in personal and economic development. As before, groups working in social housing areas can also apply.

The current awards programme closed on 22 August for the larger grants but the **Education, Training and Business Start-Up Grants is open year round (awards up to £1000, limited number)**.

The link below provides additional information and a link to the application forms:

http://www.nihe.gov.uk/index/community/community_social_housing_investment_scheme.htm

Your Plans, Your Say, Your Future

The first draft Community Plan for the Fermanagh and Omagh District is due to be published for consultation on 3 October 2016 and run for a period of 8 weeks. The Local Development Plan, Preferred Options Paper will be consulted on during the same period.

A number of public engagement workshops have been arranged to take place throughout the district and are outlined below for your information:

Tuesday 18 October	2.00 pm	Bawnacre Centre, Irvinestown
Wednesday 19 October	7.00 pm	Lakeland Community Care/Healthy Living Centre, Belcoo
Tuesday 25 October	7.00 pm	Dromore Leisure Complex
Wednesday 26 October	2.00 pm	Kesh Community Centre
Thursday 27 October	7.00 pm	Derrygonnelly Community Centre
Tuesday 1 November	2.00 pm	Owenkillew Centre, Gortin
Thursday 3 November	7.00 pm	Milestone Centre, Carrickmore
Wednesday 9 November	2.00 pm	Ecclesville Centre, Fintona
Thursday 10 November	2.00 pm	Castle Park Leisure Centre, Lisnaskea
Tuesday 15 November	7.00 pm	Crest Centre, SWC, Enniskillen
Wednesday 16 November	7.00 pm	Aughakillymaude Community and Mummings Centre, Derrylin
Thursday 17 November	7.00 pm	Omagh Enterprise Company
Tuesday 22 November	2.00 pm	Rosslea Community Centre

If you would like more information on the forthcoming consultation please contact Community planning Officer Kim Weir on kim.weir@fermanaghomagh.com or at 0300 303 1777 ext:20206

Musical Instruments for Bands Funding - The Arts Council of Northern Ireland have recently opened their Musical Instruments for Bands grant scheme. Applications must be submitted online. No hard copy applications will be accepted

<http://www.artscouncil-ni.org/funding/scheme/musical-instruments-for-bands>

The closing date for applications is **Thursday 15 September at 4pm**.

This programme is designed to increase the quality of music-making in the community by helping bands to replace worn-out instruments with new ones and is open to formally constituted bands in Northern Ireland.

Who cannot apply? Bands who received a Musical Instruments for Band Scheme award between January 2009 and February 2016 cannot apply at this time. Since the scheme also requires evidence of two years engagements/performance history it is very unlikely that newly formed bands will be successful.

* NB. If you are unsure about your eligibility contact the Ulster-Scots Community Network office on 028 90 436710.

Free one day Irish language course for adults and students

A free one day Irish language course will take place in Enniskillen Castle Museums on **Saturday 3 September 2016** from 10 am – 4 pm.

The Irish language course, organised by Fermanagh and Omagh District Council, will include classes for adult beginners, improvers and advanced learners of Irish.

There will also be a free class in Irish specifically for secondary school students, aged 16-18 to help them prepare their upcoming year of study.

For further information or to register for the one day Irish language course, **please contact Fiona Crudden, Fermanagh and Omagh District Council, by telephoning 0300 303 1777 or email fiona.crudden@fermanaghomagh.com**.

Free Guided Foraging Walks take place at:

- **Devenish Partnership Nature Reserve** on Saturday 3 September at 2pm
- **Castle Archdale Country Park** on Sunday 4 September 2016 at 2pm (refreshments after)

Join Forage Ireland and Fermanagh and Omagh District Council at these unique events to forage for the natural wonders growing on the shores of Lough Erne.

To book a limited place at either event, **please contact Julie Corry, Biodiversity Officer** at 0300 303 1777 or by email on Julie.corry@fermanaghomagh.com

You will then receive further information on meeting points etc. Supported by Waterways Ireland Heritage Grant Scheme.

Benedict Kiely Weekend 2016 – Omagh’s Literary Festival will take place from **Friday 9 – Sunday 11 September** in Strule Arts Centre. The festival includes talks, readings, poetry, theatre, discussions, a bus tour and photographic exhibition. Weekend ticket £85. Session tickets £8.00. For more information see www.struleartscentre.co.uk www.facebook.com/KielyWeekendOmagh

Culture Night – Friday 16 September

An all Ireland celebration of culture, creativity and the arts. Explore, experience and enjoy art galleries, film, historic buildings and cultural centres.

Strule Arts Centre, Omagh 5 pm – 10 pm – enjoy music, poetry, comedy, dance and children’s activities, all free of charge!

Enniskillen Castle, 4 pm – 10 pm – visit the new galleries at Enniskillen Castle, enjoy music, dance, performing arts, Zumba, willow weaving, stories and poems.

To view the full programme of activities visit www.fermanaghomagh.com

Enniskillen Visual Arts Open takes place from **16 September – 15 October**. This is a major exhibition of selected exhibitors who will showcase their work in the Higher Bridges Gallery at the Clinton Centre, Enniskillen and throughout Enniskillen Town Centre. Visit www.fermanaghomagh.com for more information.

Community Relations & Cultural Awareness Week – 19 – 25 September. Various events are taking place across the Fermanagh and Omagh district as part of Community Relations and Cultural Awareness Week. For further information please contact Pauline Clarke, Fermanagh & Omagh District Council Tel 0300 303 1777, email goodrelations@fermanaghomagh.com

Fermanagh Live Festival takes place from **29 September – 2 October** www.flive.org

One History, Many Stories is an event focusing on World War One from a range of differing perspectives. Organised by Fermanagh and Omagh District Council in partnership with Rural Community Network and REACT, the event will take place on **Tuesday 20 September from 7.00pm – 10.00pm in Omagh Library.**

The event includes inputs from local historians Quincey Dougan and Seamus Farrell, both of whom have vast in-depth knowledge on this period of history. There will also be a panel discussion with speakers and a question and answer session.

Quincey Dougan is an historical consultant who specialised in the Irish Home Rule Crisis, the Ulster Volunteers and the Great War. He is a columnist for the Belfast Newsletter and an activist for the Ulster Marching Bands Movement.

Seamus Farrell has been working internationally in conflict resolution for over thirty years. He is currently working in The Junction, Derry~Londonderry on The Ethical and Shared Remembering Project which aims to help people towards constructive ways of grappling with the past and through that, building a better future together.

Participants will also be treated to entertainment, an opportunity to hear the famous poem “In Flanders Field” read by Bob Lingwood, who fought in World War II. Gavin King will sing a popular song of the time which reflects the futility of war and how thousands of young men from all communities no matter of religion or political aspirations died fighting for freedom that we take for granted today. To conclude the evening James McCaffrey will play a rendition of ‘The Last Post’ on the tin whistle.

There will also be an opportunity for people to peruse an excellent exhibition by historian Ashley Forbes entitled ‘Postcards of the Great War’.

This project has received financial support from Fermanagh and Omagh District Council’s Good Relations Programme assisted by the Executive Office.

If you are interested in attending this event please register by emailing **goodrelations@fermanaghomagh.com** or contact Pauline Clarke, Fermanagh & Omagh District Council on **0300 303 1777**

‘The role of religion in modern society’ will be explored by a chaired panel discussion on **Thursday 22 September** in Arvalee School.

Organised by Fermanagh and Omagh District Council in partnership with Omagh Churches’ Forum, the event will take place from 7.00pm – 9.00pm.

The event will include input from guest speakers Bishop Donal McKeown and Kate Turner followed by a question and answer session chaired by Omagh Churches’ Forum member, Esther Millar.

Kate Turner is the Director of Healing Through Remembering, an independent initiative made up of a diverse membership with different political perspectives working on a common goal of how to deal with the legacy of the past as it relates to the conflict in and about Northern Ireland. She is a lay member of the Church of Ireland and a former member of the Anglican Consultative Council

Bishop Donal McKeown, is a prelate of the Roman Catholic Church and Bishop of Derry. Ordained a priest in 1977 in Ireland, he previously served as Auxiliary Bishop in The Diocese of Down and Connor. His Episcopal Responsibilities include Chairman of the Episcopal Commission for Worship, Pastoral Renewal and Faith Development, Chairman of the Council for Pastoral Renewal and Adult Faith Development, Member of the Council for Education.

Throughout the evening participants will be treated to a variety of entertainment. Refreshments will be served and the event is **free of charge**.

The event will be held in the new Arvalee School in the STRULE Shared Education site on the Gortin Road. Car parking can be accessed from the Strathroy Road entrance; first left after the roundabout.

This project has received financial support from Fermanagh and Omagh District Council’s Good Relations Programme assisted by the Executive Office.

Lough Erne Landscape Partnership

Protecting, Promoting and Enhancing Your Heritage

Do you have an exciting project idea? The Heritage Lottery Fund (HLF) has provided funding for a development phase of the Lough Erne Landscape Partnership (LELP) and through this we are seeking community groups to come forward with solid project ideas that will help reconnect local people with their Lough Erne landscape and its built, natural and cultural history and heritage.

Projects must be fully developed by June 2017. A further funding bid will be submitted to HLF to fund the list of successful projects and if successful, the LELP team will work with the community groups to deliver their projects from April 2018 – 2023.

If you feel you have a project that can make a positive contribution to the built, natural and cultural history and heritage value of Fermanagh’s beautiful landscape we would be keen to hear from you.

You can contact Teresa O’Hare, the Community Engagement Officer on 07702 508 777 or email teresa.o'hare@lelp.org.uk

The Higher Bridges Gallery

Clinton Centre, Belmore Street, Enniskillen

Opening Hours Tuesday to Friday, 10.00 am to 4.00 pm and Saturday 11.00 am to 3.00 pm.
Admission to the gallery is free.

Summer Show

The summer art exhibition will continue **until Saturday 10 September**. It will present over 100 art works by local and international artists. The exhibition will feature a wide range of painting, drawing, print, sculpture and new media. All works featured in the show are available for purchase.

For further information about the Summer Show at The Higher Bridges Gallery please contact Fermanagh and Omagh District Council's Arts Office by telephoning 0300 303 1777 or emailing artsoffice@fermanaghomagh.com

Are you interested in volunteering at The Higher Bridges Gallery? If so, then please get in touch with the Arts Office at Fermanagh & Omagh District Council.

What are the benefits? You will get to meet our exhibiting artists as well as engage with a definitive Visual Arts Programme and gain experience in invigilation, tech installation and how we curate our programme.

Interested? Then **contact the Arts Office** for an application pack
culture@fermanaghomagh.com / Tel 0300 303 1777

Charity support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, **please contact Louise McLaughlin, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email louise.mclaughlin@fermanaghomagh.com**

“Year of Food & Drink 2016” a Tourism Northern Ireland Initiative

The Year of Food and Drink 2016 initiative is aimed at placing food and drink at the heart of the visitor experience. The initiative is being led by Tourism NI involving a wide range of partners such as Local Authorities, Regional Colleges and key organisations in the food and drink industry.

If your group is planning any food and drink related events please submit details to:
tourism@fermanaghomagh.com

Further information on the initiative is available at: www.tourismni.com

Calling All Graduates

The **ASPIRE Programme** are currently offering graduate unpaid work experience **placements** in the following areas:

Physiotherapy	Environmental Health
Occupational Therapy	Media
Assistant Social Worker	HR
Dietetics	Administration
Care	Sports and Leisure
Finance	Economic Development
Business	Project Management

Additional areas can be sourced.

ASPIRE offers a tailored package of support including a workplace mentor, skills development opportunities, a dedicated Project Officer to support your CV development, job searching & preparation for interviews, and health and well-being activities

ASPIRE is the Fermanagh & Omagh District Council led Employability Programme supporting people into paid employment. Part funded by the European Social Fund and the Department for the Economy, the ASPIRE Programme works in partnership with the Western Health & Social Care Trust, the Education Authority for the Western Region and delivery partner Fermanagh Rural Community Initiative.

Contact **ASPIRE** for more information:

ASPIRE Omagh

Fermanagh and Omagh District Council
The Sperrin Centre
1 Market Street
Omagh BT78 1EE
Tel: 028 8224 6535

ASPIRE Fermanagh

Fermanagh Rural Community Initiative (FRCI)
56 Tempo Road
Enniskillen BT74 6HR
Tel: 028 6632 6478

W: www.fermanaghomaghaspire.com

E: aspire@fermanaghomagh.com

Find us on Facebook: Aspire Employability Programme.

Community News

25th Annual Bluegrass Music Festival takes place at the Ulster American Folk Park from **Friday 2 – Sunday 4 September**. There'll be strumming on the porches of the log cabins, dancing in the cobbled streets and jamming outside the General Store. Full programme and artist details available on www.nmni.com/bluegrass or telephone the Ticket Hotline on 028 8224 3292.

Bellanaleck Local History Group are screening their film **Making It Home** on **Friday 9 September** in the Ardhowen Theatre at 8 pm. Based on research carried out, this evocative and moving film tells the story of eleven ex-soldiers, survivors of the Great War, who came to live and farm on Cleenish Island in Upper Lough Erne. The film lasts about an hour and members of the audience will get a free copy of the DVD. Tickets cost £5.00 and can be obtained by phoning the **Box Office on 028 6632 5440** or online at www.ardhowen.com.

Ulster Scots Poetry Evening Poetry by Rev W F Marshall and other Ulster Scots poets read by Anne Morrison Smyth. Music will be provided by Brackey Flute Band

"But even when a man's his lone, the hills are frenly in Tyrone." W F Marshall, (The Hills of Home)

Rev W F Marshall's poetry was inspired by his childhood adventures, neighbours and friends. He captured a snapshot of ordinary life in Tyrone that can still be enjoyed today.

Come along for an evening of poetry, music and conversation suitable for all the family

Friday 9 September 2016, 8.00 pm - 9.30 pm, Sixmilecross Presbyterian Hall

Doors open from 7.45 pm. Admission free

The Community Family Support Progamme would like to invite you to support them on their **"Cycle Against Suicide" Coffee Morning and Sponsored Cyclathon** on **Monday 12 September 10.30 am – 3 pm**, Push Fitness Gym, 70 Forthill Street, Enniskillen BT74 6FB. All proceeds in aid of Fermanagh Bereaved by Suicide Support Group.

Home-Start Omagh - Can you lend a hand? Have you parenting experience – as a mum, dad, grandparent? Would you like to share this experience? Can you spare 2-3 hours a week? (expenses paid). **If so, we could really do with your help.**

We have lovely young families who just need a friend, someone who understands what it's like being a parent, someone to talk to, someone to tell them they are doing a great job, someone to lend a hand. **Volunteer Induction Course starting mid September 2016.**

If you are interested please contact **Home-Start Omagh**, Macca Centre, 21a Knockshee Park, Omagh BT797PH **Phone: 028 8224 0902** e-mail: homestartomagh@btconnect.com

St John Ambulance – Coffee morning, cake and home produce sale in aid of the Enniskillen Division on **Saturday 17 September** from 10 am to 12 noon at St John Ambulance Station, Old Tempo Road (next to Farmers' Mart), Enniskillen.

Hanging Rockers Climbing Club - "Open Days"

Looking for a new challenge this autumn? The Hanging Rockers' Climbing Club would welcome you to their "Open Days" in September - Okay, not days but Tuesday evening and Sunday afternoon.....

Why not drop in to see us at the Gortatole Outdoor Education Centre, Florencecourt and check out what's on offer. We welcome beginners and old hands alike and can offer induction sessions to get you started. Rock climbing indoors and outdoors is a great way to get/keep fit, and make new friends.

Drop in for a look around and a chat on **Sunday afternoon 18 September** 3.30-6.00pm or **Tuesday evening 20 September** 7.00-9.30pm. Hope you can come along one of the days.

Find us on facebook and check out our website - www.hangingrockers.co.uk

Knocks Duo-athlon takes place on **Saturday 24 September**.

Registration from 2 pm. START TIME 4 PM at Knocks Community Hall.

Single & Team Event + Family Prize + BBQ

Entry Fee, £20 single / Team £30.00

Share Discovery Village - Looking for somewhere new to bring your group for a Day Trip or Residential? Check out Share Discovery Village on **Saturday 24 September!**

Share Discovery Village is a fully accessible site that welcomes everyone. The centre is open all year round welcoming Day Groups and Residential Groups of all walks of life and abilities.

SHARE is based just outside Lisnaskea in Country Fermanagh.

SHARE is hosting an Open Day on Saturday 24 September to all Group Leaders or Trip Organisers!

The day is FREE, guests will get a tour of the centre, lunch and a taster activity!

For more information click [here](http://www.sharevillage.org) www.sharevillage.org

To book or to ask any questions **please contact SHARE** on info@sharevillage.org or **telephone 028 67722122**.

Omagh AWARE Mood Walk takes place on **Sunday 2 October** at 2 pm leaving from Omagh Leisure Centre. The route is one 5k lap (or two laps for a 10k). After leaving Omagh Leisure Centre, walkers will cross the bridge and walk along the Campsie Road and onto the Hospital Road. Participants will make their way along the Camowen River through Lovers' Retreat and back towards the Leisure Centre. Registration is £10 and once you've registered, AWARE will send you your AWARE Mood Walk pack which includes a Mood Walk t-shirt and sponsor forms! Register at www.aware-ni.org/moodwalk

Code Club - Is there a community venue, library or school near you with laptops or computers?? Would you be interested in finding out more about a fun club that helps children to learn computer programming (Code Club)??

There is an information session about the 'Code Club', **Monday 3 October** 6-7pm at the West End Communities Centre (Sligo Road, Enniskillen).

Code Club is a charity, and provides step by step projects free to download to teach children 9-12 years to code animations, games and websites.

Community Venues can register at no cost on the Code Club website. Code Club encourages people from the local community to register on its website www.codeclub.org.uk - Gain an enhanced police check at no cost and volunteer at a venue to run a Code Club for one hour per week.

A venue simply needs PC's or laptops connected to the internet, insurance and a safeguarding policy in place to begin a Code Club.

Booking essential. For further information or to book call **Kellie Beacom on 07527 609884**. Light refreshments will be provided.

The Goodwill Gifts Support Group – Dinner and Dance for Charity 2016 in Silverbirch Hotel on **Saturday 8 October** at 7 pm. Music by Patrick McCrystal & Choir and The Homebrew. Dress Code – Semi-Formal. Everyone is also invited to their Monthly Social Gatherings. This is a voluntary group that organises events and activities to increase inclusion of Asian and ethnic minority groups in the Omagh and Enniskillen area. For enquiries **please ring Rosa on 078813 47716**.

Getting a TV Licence

You need to be covered by a [TV Licence to watch or record live TV programmes](#) on any channel, or download or watch BBC programmes on iPlayer.

This could be on any device, including a TV, desktop computer, laptop, mobile phone, tablet, games console, digital box or DVD/VHS recorder. If you do any of the above without a valid licence, you risk prosecution and a maximum fine of up to £1,000. You will also still have to buy a TV Licence if you need one. To find out more, go to tvlicensing.co.uk/info

Calling community gardeners!

The Federation of City Farms and Community Gardens would like to hear from you if you have established a garden and are looking for help with alternative ways to become more financially sustainable. A scheme called [Growing Together](#), a UK partnership of organisations funded by the Big Lottery Fund aims to help groups **start up community enterprises, or to look for innovative ways to finance ideas – like crowdfunding or veg box schemes, community share issues or business sponsorships or just improve their board and governance structure. Get started by completing this [online survey](#)** as soon as possible to help us target our help.

Life Saver for Killyfole Lough

A Crowdfunding Page has been launched for a Defibrillator at the Killyfole Lough-shore path, Rosslea.

Killyfole & District Development Association has highlighted the need for a Defibrillator at Killyfole Lough.

With the support of a local GP (Dr Leary) providing some feeder funding, Killyfole Development Association have launched a Crowdfunding Page in order to have a Defibrillator installed as soon as possible.

Jim Beattie (Chairman KDA) highlighted the need for a Defibrillator to be close at hand in this area, particularly due to the large number of people using this popular pathway. He emphasised the need to raise just over £1000 and would encourage readers to go to www.justgiving.com and search for 'Killyfole'. Donations, however small/large, would be much appreciated.

Lough Erne Heritage was formed in 2015 and is managed by Trustees, all of whom have a direct connection with the Erne. The Trustees are volunteers and unpaid. Membership is open to anyone with an interest in the heritage and culture of the Erne.

A key role of Lough Erne Heritage is to ensure that the Erne's unique and fascinating heritage, artefacts, history, traditions and records of the people connected with its waterway are conserved, documented, made accessible and, most importantly, communicated to as wide an audience as possible.

Lough Erne Heritage is all about people telling their own family story, an account of life, events and activities connected by boats to the Erne. It covers Counties Longford, Cavan, Fermanagh and Donegal, the path way of the Erne.

Lough Erne Heritage will encourage research about Lough Erne, its traditional boats and the people who built and used them. We hope to preserve the skills involved in the building of traditional wooden boats and promote the use of those boats on Lough Erne.

The Erne was once a major transport hub, used since ancient times by people living on the islands, on the shore, farmers, pilgrims, travellers and armies.

As a group we seek to share heritage and cultural knowledge, to generate and provide research and educational resources for individuals, groups and educators. This will support a better awareness and understanding of the history and heritage of the Erne waterway. Through collaborative working and combining our efforts the story will be told.

Learning about our shared heritage and culture will promote a better understanding of our history. Lough Erne Heritage is in the process of registering with the Charity Commission NI.

If you would like more information, please get in touch by telephone: 028 6862 1666 or email: info@lougherneheritage.com or facebook www.facebook.com/lougherneheritage. Lough Erne Heritage, 24 Valley Road, Rossclare, Irvinestown, Co Fermanagh BT94 1SF

Breastfriends Enniskillen is run by Ann McCrea (Lactation Consultant) and supported by Adele Paton (Volunteer Breastfeeding Peer Supporter).

Every Thursday from 10:30-12:30 mums and babies meet for tea and a chat in the **Barnabas Centre on Wesley Street** where there are comfortable surroundings with blankets and toys for the babies to play.

Mums who have difficulties such as nipple pain, low weight gain, fussiness can come and see Ann for specialist advice. All the mums and babies benefit from peer support and sharing tips about what works for them, how to get through the night feeds or the need for babies to be close. It is a lovely welcoming and nurturing group and all pregnant and nursing mums will be most welcome.

For further information contact **Adele Paton, Breastfeeding Community Link Worker on 07816 758780**

Lisbellaw & South Fermanagh World War One Society

Meetings take place 2nd Monday of every Month at 8pm. **Contact the Secretary for further details on 07951 538621**

Set Dancing Omagh - Omagh Traditional Dancing Club Set Dancing Classes held every **Monday from 8.30pm – 10.30pm in Dun Uladh Heritage Centre**, Ballinamullan, Omagh.
Tel Marie 07786 982988 for more information

Collage Collective - Local Art and Craft Gallery and Shop

Would you like to exhibit and sell your work in a gallery/shop in the heart of Enniskillen's creative centre situated in **The Buttermarket, Enniskillen?**

Be part of the **Collage Collective** and connect with local artists, crafters and writers. Get feedback on your work and inspiration from other artists and visitors. There is no commission on work sold – only a small monthly rent contribution and the opportunity to meet the public through manning the shop for a day.

The restful ambience of the Collage Collective's retail outlet hides a real Aladdin's cave of **art and craft**, filled with an eclectic mix of beautifully handmade items, home décor and gifts and is a must for people seeking out unique, handcrafted work.

If you would also like to demonstrate and teach your skills, the Collective is organising **workshops** throughout the year on a multitude of techniques for all communities: from children's workshops to advanced classes for fellow artists.

If you are interested in becoming a member, please send an email to collage.ekn@gmail.com or contact **Genevieve Murphy on 028 6634 1399** for more information.

Action for Children

The **Supported Lodgings Service** provides planned and emergency placements for homeless young people in the Western Health & Social Care Trust area.

The Supported Lodgings Service recruits Hosts who in turn provide a placement and support in their home to a vulnerable young person requiring accommodation. In return we offer –

- a generous weekly allowance
- ongoing support and training
- a chance to help a young person reach their full potential.

Youth homeless remains an issue in our society – yet there is a lack of suitable placements for young people faced with homelessness. The Supported Lodgings Service is a new service which aims to meet the need of youth homelessness whilst providing young people with support and to experience being part of a family through having a sense of belonging. This is imperative in breaking down barriers of isolation and promoting positive emotional health for young people whose family relations have broken down. Our service builds upon supporting families to reunite through adding the stability of a placement and support in the community setting at the stage of crisis.

Within the Supported Lodgings service we have a number of very caring hosts who have opened up their homes to young people and the outcomes for these young people have been very positive.

If you would like to know more, a co-ordinator is available to visit and speak at one of your groups or an information event, for example

Please contact 028 9446 7345

Email openingdoorssupportedlodgings@actionforchildren.org.uk

Narcotics Anonymous - meetings at the Aisling Centre Thursday nights from 8pm – 9pm weekly. Feel free to drop in or for more information **contact the Aisling Centre on 028 6632 5811**

Stop Smoking Clinics

The Western Trust offers free, flexible, weekly support drop in clinics for anyone keen to stop smoking and you don't need to make an appointment, just turn up.

The clinics are run by specialist nurse prescribers who provide practical advice and guidance on stopping smoking, information on coping with withdrawal symptoms and discuss the use of a range of Nicotine Replacement and Drug therapies.

We also provide one to one appointments, young adult programmes with incentives, mental health programmes and programmes within workplaces on demand. **More people succeed with our Specialist Stop Smoking service than any other way.**

Details of clinics in the Fermanagh and Omagh District Council area:

Omagh Post Graduate Centre at Tyrone County Hospital, Tuesday 6.30 – 8pm

Room 15, Main Entrance, South West Acute Hospital, Enniskillen, Monday 6 – 7.30 pm

The Community Family Support Programme (CFSP) is running in Enniskillen, Omagh, Strabane and Derry/Londonderry. CFSP is funded by the European Social Fund (ESF) and the Department For Employment and Learning (DEL).

CFSP support families (with at least one person aged 16 - 65 years Not in education, training or full time employment) to develop their capacity to reach their full potential by addressing the health, social, economic, educational, employment and training issues that impact on their daily lives.

One to One Support provided on the programme is directly matched to each family's needs and may include:

Family and Education Support: – Advice and Guidance, confidence building, motivation and social skills. - Parenting skills. - Encouraging better family relationships. - Improving health and emotional wellbeing. - Money management and benefits advice.

Employment and Training Support (Employment Engagement Officer) - Developing skills to find work. - Creating CVs. - Preparation for interviews. - Employment opportunities. - Training opportunities. Family and Education Support Employment and Training Support.

The Family Liaison Officer (FLO), in partnership with specialist support organisations, will help families get any specialist support they need, such as help for drug/alcohol misuse, debt management and counselling.

The Employment Engagement Officer (EEO), in partnership with employers and training organisations, will help families engage with employment and training. We are always running Free courses for families to increase skills.

Entry to the CFSP is voluntary and recruitment of families to the programme is sought from a range of sources including the local network of Family Support Hubs, the relevant Health and Social Care Trusts and other family support agencies/organisations in the voluntary and community sectors. Families can also self-refer from within their local community.

For further information contact:

Enniskillen office (situated in the Find Centre, 2 Quay Lane, Enniskillen) Ciara 07739 651585

Omagh Office, Omagh Enterprise Centre, 07921 833832 Ann McBrien

Moving on, through Leonard Cheshire Disability, support young disabled beneficiaries to realise their ambitions and achieve their potential in life. The project is funded through the Big Lottery fund's Empowering Young People and is aimed at:

- Young people from 16-19 years old with a physical disability, sensory impairment and/or acquired brain injury.
- Young disabled people living in the Western Trust area of Northern Ireland. That is, Tyrone, Fermanagh and Derry.
- Young people who are in NEED of education, employment or training and are currently disengaged from these and classified as being NEET's.

Find out more on the **Moving on website** – Movingon.leonardcheshire.org or like us on Facebook @Moving on – Leonard Cheshire Disability Northern Ireland.
or contact **Michael Mullin**, Project Co-ordinator - Moving on, Omagh Support Services
Telephone: 02882 250539, Mobile: 07718422483,
Email: michael.mullin@leonardcheshire.org

New support services from MAN for Men

Call for male and female volunteer counsellors to help deliver and expand a range of new services for men in your area

For over 21 years Men's Action Network (MAN) has offered safe, supportive spaces to hear, support and enable men and boys to find a way forward with the life issues they experience associated with:

Addictions, Abuse, Anger, Crisis, Depression, Isolation, Suicidal Feelings, Self Esteem, Self-Development, Domestic Abuse/Violence, Sexual Abuse/Violence, Relationship Breakup, Family Breakup, Child Contact Issues, Emotional Well Being, Sexuality, Fathering Issues, Lifestyle Difficulties.

MAN are looking for local committed, passionate and professional counsellors to help us deliver professional support/counselling to the, often most hard to reach group, men in your area. We are committed to providing service users with a quality service in which every man is treated with respect and courtesy, receives fair, reasonable treatment, receives the highest quality of support to meet their needs and receives clear, accurate, timely and relevant information or help towards this end.

If you are a qualified counsellor with a minimum of a recognised Diploma in counselling and with 100 hours' post-graduation practice, we would like you to join our team to support men in your local area.

To find out more about MAN, our services, the counsellor/job requirements, or to download an application form, please go to our website www.man-ni.org or call us on 028 7137 7777.

Leonard Cheshire Disability

In the west of the province, we offer a number of community-based services to people aged 18+ with a physical disability, sensory impairment and/or acquired brain injury. These services are person centred and outcome based, with the aim of improving people's quality of life and supporting them to achieve their own individual goals. The key support services we provide are:

1. **Housing Floating Support** (*Omagh, Enniskillen & Surrounding Areas*)

The main objective of our floating support service is to enable people to move towards independent living. Support offered includes:

- Access to local health services, GP/Dentist etc.
- Develop skills to deal with repairs, maintenance and safety within your home
- Developing essential daily life skills e.g. budgeting, shopping, etc.
- Increased access to the local community
- Support through a move

2. **Day Opportunities** (*Omagh & Surrounding Areas Only*)

Our Day Opportunities service aims to increase social opportunities for people with disabilities through establishing links with other services within the local community. Support offered includes:

One-to-One/Individual to access

- Employment and volunteering opportunities
- Education and training
- Transport
- New groups, activities and/or interests

Group

6-8 week workshops to develop knowledge and skills in accessing the local community such as:

- Resilience
- Self-Determination
- Assistive Technology

For further information regarding our services, **please contact 028 8224 8118.**

Mencap are the voice of learning disability in Northern Ireland. Help support Mencap by volunteering at a local bag pack/collection. Volunteer time is invaluable and much needed to continue their fantastic work throughout Northern Ireland.

If you would like to give up a few hours of your time or find out more about volunteering for Mencap please email fundraising.ni@mencap.org.uk or call 028 9069 1351.

To find out more about Mencap NI please visit <http://mencapbigstepforward.org/>

Free Debt Advice Centre covering Fermanagh and South Tyrone. Christians Against Poverty are delighted to offer their service to those of all faiths or none and clients are seen in the privacy of their own home without the need or cost of travelling to a Centre.

Please call the **FREE national appointment booking number on 0800 328 0006** (01274 760839 may be cheaper from a mobile).

Al-Anon Family Groups provide support to anyone whose life is, or has been, affected by someone else's drinking, regardless of whether that person is still drinking or not. Al-Anon does not offer advice or counselling, but members give each other understanding, strength and hope. **Meetings take place the last Friday of the month @ 1 pm** in the ARC Healthy Living Centre, Sallyswood, Irvinestown. Everyone welcome.

Shelter NI - The SLATE Project

A temporary accommodation and Housing Floating Support provider in Omagh have opened their Supported Living, Advice and Tenancy Engagement 'SLATE' Resource Centre in Campsie, situated in the heart of Omagh town centre. The Resource Centre is a free space for young people, a safe haven to come and relax and talk to experienced staff. We provide services and support for young people aged 16-25 in partnership with other key agencies. We are managed by Shelter NI, a well-established local charity committed to addressing homelessness, social and economic disadvantages across Northern Ireland.

The Resource Centre is also somewhere where young people and their families can access information, guidance or support too. Our experienced team are always on hand to listen to any problem you may have and look at your options and help point you in the right direction. You might have a housing or benefits problem; you may want some support with an issue at home or you might be worried that you have a drugs or alcohol issue. We will keep what you tell us in the strictest of confidence unless you or someone else is at serious risk of harm.

Currently we accept referrals for our Housing Floating Support Service for young people aged 18-25 providing support in the community for young people with housing needs, mental health issues, learning difficulties, addiction etc. and we can provide temporary, furnished accommodation for young people aged between 16-25, for a maximum period of 2 years.

If you are interested or may be worried about a young person then please either drop in at our Resource Centre at 76A Market Street (beside AXA) or **contact us on 028 8226 7010** or email nigel@shelterni.org.

The Enniskillen Foodbank is situated in The Lakes Vineyard Church, 6-8 Cross Street, opposite the Buttermarket, next to Hanna Electricals.

If you require assistance please come in. We are open:

Monday 6pm - 8pm
Wednesday 10am - 12pm
Friday 2pm - 4pm

We also have collection points for those wishing to donate food in Asda, Tesco and Rooney's Spar. If you want to donate financially please call in, or **for more information call Paul on 07706 499724**.

Players Wanted - Fermanagh Concert Band is a local band based in Enniskillen. We play all types of music ranging from marches/classical through to contemporary pop/jazz and have a diverse number of members from all backgrounds and ages. Practices are weekly on Thursdays in Erne Integrated PS from 7-9pm and we are always on the lookout for new members to join. If you are interested, or know someone who is interested, **please contact Shane on 07811 489834** or look up our Facebook page.

Home-Start Lakeland urgently need Volunteers - Could you lend a hand? Are you a parent/grandparent? Can you spare 2-3 hours per week? Would you like to join our volunteer team? We offer friendship and practical help to families with children under 5.

The families we support may be experiencing Isolation, Multiple birth, New to area, Domestic violence, Post-natal depression, Family illness, Bereavement, Disability, Mental health, Lone parent.

If you are interested in volunteering for Home-Start, **please contact Diane or Denyse on 028 6634 6818** or info@homestartlakeland.com

AMH's New Horizons Employment Programme - Briana McAteer, Employment Officer with AMH Fermanagh New Horizons supports those with mental health issues as they seek to find employment, volunteer posts or further training. If you are unemployed, experiencing mental ill health and are interested in taking that next step towards recovery, you can take part in AMH's New Horizons Employment Programme. The project, which is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for Employment and Learning, is open to anyone in the Fermanagh and Omagh areas.

Referrals are accepted from the Community Mental Health teams, the Condition Management teams and the Jobs and Benefits advisers. It is individually tailored to meet the needs of each client and can provide practical support such as job searching, completing application forms or creating CVs. Support is also provided to find volunteer placements and to enter other training programmes or further education.

If you need any more information, please don't hesitate to **contact Briana on:**

T: 028 6632 3630

F: 07734 860337

E: bmcateer@amh.org.uk

W: www.amh.org.uk

Action for Children Foster Care NI is currently recruiting Foster Carers in your area to provide a safe and caring home to vulnerable children.

If you feel you can give a vulnerable child the support and care they need; have experience in working with young people and have a spare room you could transform the life of a child in your community.

Please contact Action for Children Foster Care NI for more information.

Tel: 028 6632 4181

Email: fostercareni@actionforchildren.org.uk

Breakthru DICE (Drug Intervention and Community Education) Project: We offer individual and group work support to young people (10-21) suffering from the effects of hidden harm. Hidden harm is the impact of other people's substance misuse on young people. We provide information, education, mentoring and fun activities. This project is open to young people in the Omagh and Fermanagh council area.

We are also raising awareness of hidden harm throughout the community and can provide training to professionals involved within community life so they can recognise the signs and symptoms of hidden harm and know what to do if they suspect it.

If you would like to know more, please get in touch...

Michaela – 07769 261533 or Michaela@breakthru.co.uk
Breigeen – 07769 2694334 or Breigeen@breakthru.co.uk
Breakthru HQ – 028 8775 3228

Fermanagh Women's Aid

Volunteers needed

Fermanagh Women's Aid are seeking compassionate and committed female volunteers to become part of an on-call rota for admissions to services and other duties. For an application form please **contact Denise Crudden on 028 6632 8898 or email denisec@fermanaghwomensaid.com**

Fermanagh Women's Aid is a women only organisation in which being female is a genuine requirement within the exemption stated in Article 10 (2B and 2E) of sex discrimination (NI) order 1976

NAS (National Autistic Society) Parent Support Group – Meetings take place on the 2nd Wednesday of every month in **Fermanagh House 10.30am-1pm**. Any parents/carers affected by ASD welcome to come along for support and friendship. For further information please contact **Fermanagh House on 028 6632 0210 or email Gemma at gemma@fermanaghhouse.org**.

Western Adult Autism Advice Service

This service is aimed at young people aged 16+ and adults with ASD and those who care for them (parents/carers/professionals). It will be facilitated 4 times per year from 1.30 pm – 4.30 pm in the local libraries on the following dates:

1 st Thursday in October	Derry Central Library
1st Thursday in December	Omagh Library
1 st Thursday in March	Strabane Library

You do not need to make an appointment. Just call in and someone will be available to speak with you.

For further information or enquiries please contact Right 4 U Project Officer, The Cedar Foundation, Dromore, Co Tyrone. Telephone 028 8289 7772

Erne Speakers – Meet in **Fermanagh House, Enniskillen** on the second and fourth Wednesday of the month to support and encourage self confidence in speaking skills and leadership skills for all ages. For further information, please contact **Christine Rusk on 07570 803516**.

Do you have Asperger's or high-functioning autism (HFA)?

Are you interested in meeting other young adults who are similar to you?

A monthly social group is being set up to provide independent young adults (16yrs-25yrs) with Asperger's or High-Functioning Autism the opportunity to meet other like-minded individuals, share experiences and build-up a social network.

The group will offer:

- a social focus
- opportunities to meet other young adults with similar experiences
- a supportive environment to form new friendships and to participate in a wide-range of leisure activities

For further information and application form please contact:

Caroline Bogue 07917 266487

Janice Ferguson 07762 447789

The Hangout/FIND Centre – Activities/Clubs for young people aged 11-25 at the Hangout/FIND Centre, 2 Quay Lane, Enniskillen include:

Drop in – Aimed at young people (**age group 11-25**) who in their spare time, mainly after school and weekends, can use the hangout area under supervision to meet friends and have full use of all facilities such as pool tables, ps4, air hockey, table football or perhaps just to use as an area to chill out or have a bite to eat. **Thursdays/Fridays 3 - 6 pm and Saturday 3 - 5 pm**

JAVA – Just a Virtual Area is aimed mainly at students (**age group 16-25**) of nearby colleges and provides an area where they can use facilities while on lunch breaks or on days they finish early. Full use of facilities is available under supervision. **Tuesdays/Thursdays/Fridays 12 - 2 pm**

Youth Club – This is a chance for young people (**1st and 2nd years**) to meet new friends and build relationships through planned activities such as team building, challenge nights, trips, interactive workshops and free time where young people can have full use of facilities within the hangout. **Wednesdays 6 - 8 pm**

Underground Music Movement – This group provides an environment for young people (**age group 13-18**) with an interest in music to come along and play the instrument of their choice or perhaps just listen with their friends. This group welcomes young people from all backgrounds and ability levels to come along for a jamming session. **Saturdays 3 – 5 pm**

STIG – Social Teen Inclusion Group is a group where young people on the autistic spectrum can come together and take part in planned activities, workshops, trips and programmes under supervision. **Every 2nd Thursday 7 – 9 pm**

Information, advice and support – All staff are fully trained so if you have ANY issues that you feel you need help with please drop in or give us a call. **Telephone 028 6632 5559**

Volunteering Opportunity For Men And Women Aged 50+ - Safer Ageing Fermanagh is a partnership between Fermanagh Women's Aid and Men's Action Network, that tackles issues of Elder Abuse and isolation of older people within Fermanagh. Through becoming a Buddy, you can help us achieve this. If you can spare a few hours a week to visit an older person in the community, Safer Ageing Fermanagh could be for you! If you are interested in becoming a Buddy or would like more information, please contact **Marie on 028 6632 8898 or email marie@fermanaghwomensaid.com**. We particularly welcome applications from men over the age of 50 at this time.

Autism Initiatives Western Housing Floating Support - Do you have an Autistic Spectrum Condition (ASC) or are you awaiting assessment? Are you living independently or in the process of moving into independent living? Are you currently managing the running of your home? Perhaps you are moving to live near your college or university for the first time? If so, Autism Initiatives currently provide a one-to-one floating support service in counties Fermanagh, Tyrone & Derry/Londonderry to help empower you with the skills you need in living independently. Housing Floating Support is a person centered support for up to a period of two years depending on your needs and can support you in the areas of:

- Advice and support around home security and safety.
- Advice and encouragement in the maintenance of your home.
- Support with all daily living skills.
- Assistance and advice with budgeting and benefits.
- Support to become involved in local community and local facilities.
- Maintaining a healthy lifestyle.
- Support to access information on other services.

We accept referrals from all statutory/voluntary/community services and also accept self referrals. For more information about our service or if you wish to receive a referral form please **contact 028 7131 8172 or email dale@ai-ni.co.uk**. Alternatively you can visit the website **www.onestopshopai.org**.

Shopmobility Enniskillen Needs Volunteers - The Volunteer role will involve helping new and existing members of Shopmobility Enniskillen with limited mobility, who need to borrow a Manual Wheelchair or Motorised Scooter from the Service Desk at Erneside Shopping Centre. Basic administration is required, filling out a membership form, allocating a membership number, and training on the use of Shopmobility Enniskillen equipment. Full training will be provided. In this role you will develop administration, communication and interpersonal skills. You will benefit from gaining experience of working in a customer service. This volunteer role can be discussed and adapted with the volunteer to suit their needs, abilities and interests. This role benefits Shopmobility as the volunteer can aid the effectiveness of the organisation and can provide a friendly welcome to members of Shopmobility Enniskillen.

Service Desk open 11.00 am – 3.00 pm, Monday to Friday – Maximum cover of desk is 4 hours, Minimum is 2 hours. Out of pocket expenses are refunded.

For more information telephone **028 6632 9965**, enniskillensm@live.co.uk
www.shopmobilityenniskillen.com Facebook and Twitter

Volunteer With Samaritans - Could you touch another person's life when it really matters? Omagh Samaritans have opportunities for volunteers. Our volunteers are changing lives every day and developing valuable skills and friendships along the way. We're behind you all the way with the training and support you need for the volunteer role you take on. Your training will show you how to give your whole attention to each person you're supporting and empathise with their feelings, without being overwhelmed yourself. The benefits of becoming a Samaritans volunteer are:

- Change peoples' lives.
- Contribute and share existing skills.
- Develop new listening and communication skills you can use in all aspects of your life.
- Meet new people from all different kinds of backgrounds and cultures.
- Improve your CV.
- Give something back to your local community.

You'll be surrounded by people with the same motivation as you. Whether you want to become a listening volunteer, or use your other skills to support us in a different role, Omagh Samaritans welcomes your support. There are many other skills required to run Omagh branch of Samaritans. Support volunteers help with the many other branch activities including fundraising, outreach, publicity, IT Support and finance. We are not a religious organisation and we positively welcome enquiries from all sections of the community. You don't need to have previous experience or qualifications, but you do need to be interested in other people and be open-minded. You also need to be over 18 years old. For further information please contact **07437 980466** or visit www.samaritans.org/volunteer.

Conferences and Events

Groups and events at Aisling Centre

Mindfulness Meditation

With Mary Conway

Autumn Programme

Information Evening: - Tuesday 6 September 7.30pm

8-Week MBSR Programme:-

Wednesday 12th October – 30th November, 7pm – 9.30pm

All Day Experience - Saturday 16 November 2016

MBSR/MCBT “*Graduates*” welcome

Monthly Drop in / Taster Sessions

Beginners 7:15pm – 8:15pm

Programme “*Graduates*” 8:30pm – 9:30pm

1 Tuesday per month (contact centre for dates)

Poetry

With Rosemarie Keenan

Celebrate Shakespeare - A 400 Year Legacy

Tuesday 11 October – Tuesday 25 October, 2.00pm – 4.00pm

Everyone welcome, feel free to attend one or all of the sessions

No prior knowledge of poetry necessary

Poetry at Christmas

Tuesday 29 November & Tuesday 6 December, 2.00pm – 4.00pm

Journeying Together

With Aine Wilson

Support group for people who live with or have lived with a loved one’s addiction

2nd and 4th Wednesday of each month 7:30pm – 9:00pm

For information contact the Aisling Centre – 028 6632 5811

Enniskillen Social Dancing Class

Tuesdays 6.00pm – 7.30pm (starting 13th September)

Tutor: Pat Moohan

Admission - £5

All other support groups and workshops i.e. AA, ADHD, AWARE, Fermanagh Bereaved Support Group, Forget Me Not, SWEDES (South West Enabling Deaf Encouraging Sign), Together One Voice, Island Artists and Yoga will continue as usual

For Further Information on these and other programmes

Visit our website – www.theaislingcentre.com

Register to receive e-updates

Contact the Centre:- E- info@theaislingcentre.com / T - 028 6632 5811

Follow us on Facebook or Twitter

Groups & Events At Fermanagh House –

SPECIAL EVENTS:

St Johns Ambulance are running a three-day first aid course on **6, 13 & 20 September**. For further details or booking please contact District Office, Belfast -Tel: 028 9079 9393
EM:districthq@ni.sja.org.uk Website: www.sja.org.uk/sja/training-courses.aspx

Western Health and Social Care Trust will be running a registration session for their **Recovery College Courses** on **9 September** from 10-11am. The courses are free and are open to anyone interested. They will run from 10.30 - 12.30 on the following dates:-

1. 5th October - Caring for someone with Psychosis
2. 12th October - Understanding Anxiety
3. 19th October - Understanding Bipolar
4. 26th October - Introduction to Mindfulness
5. 2nd November - Can Volunteering work for you?
6. 9th November - Wellness Recovery Action Plan 10.30 - 4.30
7. 16th November - Wellness Recovery Action Plan 10.30 - 4.30
8. 23rd November - Understanding Trauma
9. 30th November - Understanding the Experience of Hearing Voices
10. 7th December - Explore your relationship with Alcohol

For further details contact: Olive Young on 028 8283 5367

EM:Olive.Young@westerntrust.hscni.net or go online at www.westerntrust.hscni.net

Western Area Childcare Partnership will be running a **Safeguarding Refresher Course** on Tuesday **13 September** from 7-10pm. They are also running a **Fire Safety & Risk Assessment** course on **22 September**.

For further details and booking (by 23/8/16 & 1/9/16) please contact: Anita Mason on 028 9536 1042 / 028 9536 1033, EM: Childcareinfo@hscni.net or go to their website at: www.childcarepartnerships-ni.org/training-quality/

Macmillan Cancer Support will be holding an introduction session to their **Cancer Support Course** on 22 September from 7.00 - 9.30 pm. They will run from 10.30 - 4.30 pm on the following dates:-

1. 3rd,4th & 9th November - Effective communication skills to support people affected by cancer
2. 19th, 20th, Jan & 17th Feb - Introduction to counselling skills
3. 9th, 10th, Mar & 7th April - Working with loss and bereavement
4. 4th, 5th, & 26th May - Cancer Awareness

For further details contact: Daisy Lennon EM: nilearning@macmillan.org.uk TEL: 028 9070 8610

OUR REGULAR GROUPS:

- **DL Dance 4 All** have begun dance exercise classes on Thursday evenings from 7-8 pm & also Friday mornings from 11-12 noon. All abilities welcome. For further details contact Debbie Richmond 07597 442781 or email dldance4all@hotmail.com
- **Drink Wise Age Well** are running a support group for the over 50's wishing to talk about drinking on Wednesdays from 1.30 - 3.30 pm. For further details please go to <https://www.drinkwiseagewell-training.org.uk/>
- **St Michael's Bridge Club** every Monday at 7.30 pm September - May.
- **Family Mediation** – assisting families experiencing the trauma of separation. Appointments available in Fermanagh House. Call 028 9024 3265 or email enquiry@familymediationni.org.uk
- **U3A** – leisure and learning co-operative of older people. Choir, drama and poetry. Meet regularly in Fermanagh House. Call 028 66 320 210
- **Erne Speakers** – Do you get nervous about speaking in public? Erne Speakers is an enjoyable way to improve your confidence and speaking skills. 2nd and 4th Wednesday monthly 7.30-10 pm Sept - Jun at Fermanagh House
- **Stroke Support Group** – meet on alternate Tuesdays 11 am – 1 pm at Fermanagh House. For more information call 028 66 320 210
- **Downs Syndrome Support Group** meet in Fermanagh House 1st Wed of month Oct-May at 8.00 pm. Contact Catherine Dunne on 028 66388409
- **RNIB - Looking Forward Project** - Have you lost or are you losing your sight? Looking Forward offers a free counselling service and a peer support programme in Fermanagh House, providing emotional and practical support to older people (aged 60 plus) affected by sight loss. For an appointment email lookingforward@rnib.org.uk or call 028 9032 9373.
- **Relate NI - Relationship Counselling** - Relate NI provides free professional counselling across NI to individuals and families on Relationships, Family Counselling, Domestic Violence And Abuse Services, Psycho-Sexual Therapy Services, Relate Teen, Separation Counselling. For further information ring 028 9032 3454 or email TFY@relateni.org
- **Autism NI Support Group** - 8-10 pm 4th Wednesday of the month (*not July or Aug*). For further information contact Michelle Higgins 07834 484229
- **Victim Support** - hold appointments in Fermanagh house. They are a charity that supports people affected by crime. They offer a free and confidential service, whether or not a crime has been reported and regardless of how long ago the event took place. We are an independent organisation - not part of the police, courts or any other criminal justice agency. Tel 028 9024 3133 or email info@victimsupportni.org.ni
- **Cruse Bereavement Support** – counselling & support appointments in Fermanagh House. Contact 028 8224 4414 for further details or <http://www.cruse.org.uk/northern-ireland>
- **Addiction NI** - Hold appointments in Fermanagh House. They are a Community Addiction Service, a registered charity providing treatment and support for people who are dependent on alcohol or drugs. We provide tailor-made treatment programmes for people with drug or alcohol problems, delivered in community settings. We also give confidential support for people affected by someone else's drinking or drug use. For more details ring 028 9066 4434 or email enquiries@addictionni.com

Omagh Volunteer Centre (OVC)

Community House, 2 Drumragh Avenue, Omagh

Tel: 028 8224 0772

Email: omaghvc2@yahoo.co.uk

Our Services include:

For VOLUNTEERS

- Volunteer recruitment/registration
- Source volunteering opportunities
- Referral of volunteers to match opportunities
- Volunteer support
- Volunteer recognition activities

For ORGANISATIONS

- Promotion of volunteering opportunities
- Volunteer recruitment/referrals
- Help in identifying roles/writing role descriptions
- Help to set up a volunteer programme/improve an existing one
- Help/guidance with good practice in volunteer management e.g. with developing policies and procedures
- A free volunteering “health check”

TRAINING

- Safeguarding of Vulnerable Adults (SOVA)
- Child Protection
- Befriending & Mentoring
- Help to source training e.g. Disability awareness & First Aid

SMALL GRANTS FOR VOLUNTEERING PROGRAMME (DfC)

- We are the local delivery partner for this programme which includes promotion, training, support and guidance.

ACCESS NI CHECKS

- We are the local umbrella body for the Access NI vetting service
- Access NI guidance/support and process applications

GOOD MORNING OMAGH

- Telephone befriending service – 5 days per week

Tara Centre

11 Holmview Terrace, Omagh

... in the service of healing, peace and holistic well-being.

Inspired by a vision of global awareness, the Tara Centre provides a safe, nurturing environment in which:

- to heal and transcend pain and trauma;
- to bring hope to those in despair;
- to build an inclusive community of peace and reconciliation;
- to support those who seek to free themselves from the poverty trap and its negative consequences
- to educate beyond narrow, divisive, tribal loyalties
- to educate towards a deep, active and enlightened awareness of this amazing universe of which humanity forms an integral part.

The Tara Centre has made two key appointments - Angela O’Kane as CEO, and Margaret Spencer as Co-ordinator of Therapeutic Services. The filling of these two significant posts at the Centre is an injection of fresh energy which we trust will contribute considerably to the enrichment of many lives.

We are delighted to present an inter-disciplinary package of health and well-being services:

ON-GOING SERVICES:

- **Counselling / psychotherapy & art therapy**
- **Complementary therapies**
- **Premises for hire** with small and large rooms, a choice of catering and dining hall available. Please contact us to discuss your organisation’s needs.
- **Bookshop** and lending library.

SEPTEMBER’S PROGRAMME OF SEMINARS AND WORKSHOPS:

- **THE GREEN PLATFORM – Declan Coyle**
Dates: Saturday 24th & Sunday 25th September 2016
Time: 10.00am – 4.00 pm
- **EMPOWERMENT THROUGH SELF-CARE – Aileen McGee**
Dates: Wednesday 14th September – 2nd November 2016 (8 week programme)
Time: 10.30am-1.00pm
- **A FIELD TRIP: DEEPENING OUR UNDERSTANDING OF A SHARED HISTORY (Location: Dublin Historical Sites) - Dr. Eamon Phoenix**
Date: Thursday 15th September & Friday 16th September 2016
Times: Depart Omagh Thursday at 4.30pm
Return to Omagh Friday at 9.30pm approx.

- **YOGA FOR BEGINNERS - Heather Kemp**
Dates: 21st September 2016 – 23rd November 2016 (Wednesday Mornings – 10 weeks)
Time: 10.30am – 12.00pm
Dates: 22nd September 2016 – 24th November 2016 (Thursday Evenings – 10 weeks)
Time: 7.00 – 8.30pm
- **YOGA FOR INTERMEDIATES - Heather Kemp**
Dates: 22nd September 2016 – 24th November 2016 (Thursday Evenings – 10 weeks)
Time: 8.30 – 10.00pm
- **MEDITATING TOGETHER**
Open to anyone who has followed the Meditation Course for Beginners at the Tara Centre
Monday evenings at 8pm (Starting 5th September 2016); **Tuesday mornings at 10.30am** (Starting 6th September 2016)
- **MEDITATION / MINDFULNESS FOR BEGINNERS - Mary Daly & Maura Twohig**
Dates: Monday 3rd October – Monday 21st November 2016 (8 weeks)
Time: 8.00pm – 10.00pm

For further details on any of the above, to make a workshop booking (including a £5.00 non-refundable deposit) or to hire the premises, please contact Reception, send an email or use the Centre website:

Tara Centre, 11 Holmview Terrace, Omagh.
Tel.: 028 82250024
e-mail: info@taraomagh.com
www.taraomagh.com

Training Opportunities

WAVE Trauma Training

OCN Level 4 Psychological Trauma

Venue: Rural Community Network, 38A Oldtown Street, Cookstown BT80 8EF

Date: 4 weeks from 10 am – 4 pm on Monday 5th, 12th, 19th, & 26th Sept 2016

The OCN Psychological Trauma course was designed to be a natural progression for anyone that has taken part in any of our other trauma related OCNs or for those that are interested in learning more about psychological trauma specifically.

The course provides information about the definitions, theories of, and available treatments for, psychological trauma, the potential effects on adults, children, communities and post-conflict societies, as well as the relationship with secondary stress and compassion fatigue.

This course is a level 4 and consists of 9 credits

Cost: £50 for CPD certificate or £75 Open College Network Accreditation

Please contact Denise directly to register your name as spaces are limited on 028 90779922

Volunteer Now – First Aid Training is being delivered by NIFAS Training & Consultancy on **13 September** from 10 am – 4 pm in Enniskillen Library.

It's more than a sticking plaster! Ensure staff and volunteers can react quickly and effectively to a first aid emergency.

Read more at <http://bit.ly/1Uun5YM>

It teaches participants the treatment of an unconscious casualty, resuscitation and dealing with shock, bleeding and common workplace injuries.

All participants receive a Certificate at the end of the course. Cost £45 +VAT

CRAFT Training offer a number of training opportunities for young people to learn new skills and gain qualifications so that they can get ahead in their career.

Through the Training for Success programme or the Apprenticeships NI Programme, young people can gain the skills they need to get employed and start their career.

For more information **telephone 028 8225 9377** **www.craftrecruitment.com**

Physical Activity Training organised by the Health Improvement Team is taking place as follows:

Walk Leader - To train adults to lead health walks in their local community or workplace

13 September	Post Grad Centre, Tyrone County Hosp, Omagh
17 October	Lime Villa, Gransha Park, Londonderry
22 February	Gransha Park House, Gransha Park
1 March	Bawnacre Centre, Irvinestown

Boccia Leaders Award – To enable participants to facilitate Boccia sessions

20 September	Melvin Sports Complex, Strabane
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Start to Play – To introduce the “Start to Play” resources and how they can be used to enhance opportunities for active play within childcare settings

26 September	Early Years Organisation, Trory, Enniskillen
18 October	Strathroy Community Centre, Omagh
22 November	St Columb's Park House, Londonderry

Moving More Often – A training programme for those who work with frailer older people and who wish to promote physical activity and movement in a range of community, residential and social care settings.

12 October	YMCA, Drumahoe, Londonderry
29 November	Bawnacre Centre, Irvinestown

Please contact the Health Improvement Department on **028 7186 5127** for full details and to obtain an application form, email health.improvement@westerntrust.hscni.net

The Community Food and Nutrition Team provide training and support for community based food and nutrition initiatives, develop new programmes aimed at making healthier food choices simpler and offer workshops and updates on a variety of nutrition topics. The following events are taking place:

Cook it!	October	Derry and Irvinestown
Fun, fast food for less	February	Strabane
Eatwell Guide Update	August	Omagh
	September	Derry/Limavady, Enniskillen and Strabane
I Can Cook it!	September	Omagh
Food Values	November	Derry and Omagh
	January	Derry and Irvinestown
Solid Start Weaning Programme	November	Irvinestown and Omagh
	January	Derry

For further information on any of the training provided **please contact 028 7188 0221, email info.CFNT@westerntrust.hscni.net**

Team Up with the Prince's Trust – Any young people aged 16-24 that are interested in a twelve week programme can check us out on the Prince's Trust Enniskillen Facebook or **contact Catherine on 07523 273865**

The programme is FREE for unemployed young people aged 16-24. It's a full time course that won't affect your benefits. Childcare allowance available.

Week 1 – **Planning for Progression** – work alongside 12 other members of your team.

Week 2 – **Go on outdoor adventure activities for Teamwork** – for 4 days

Week 3 to Week 5/6 – **Community Project** - Get out and meet the community, help with a project that you get to choose, painting & decorating, landscape gardening and make a difference!

Week 6/7 and Week 8 – **Work Experience** - What do you want to do, try a new skill, sample a new opportunity or look for a career?

Week 9 - **Career Planning** - Let us help you to put together a CV on our job search week. If you want to work and are not sure what to do then you should join our **Team**

Week 10 & 11 - **Supporting Others** – Get to know who is around you, speak to local groups, organise days away, ten-pin bowling, sports and fun

Week 12 - **Presentation Skills** – Finish off your qualifications, present yourself to your family and friends at an end of Team Programme get together

Qualifications – your work will achieve results

Prince's Trust – A Certificate in Employment, Teamwork and Community Skills

Also – First Aid Certificate

Keeping Children Safe : Free Designated Officer Training

Volunteer Now Enterprises Ltd is offering free Designated Officer training as part of our DCAL Safeguarding Children and Adults in the Arts and Culture Sector project.

The training is suitable for Designated and Deputy Designated Child Protection Officers and will cover the following:

- Knowledge of the legal context of child protection.
- An understanding of the roles and responsibilities of a Designated Officer.
- Knowledge of Health and Social Trust structures and processes.
- Exploration of issues and concerns around referrals and sharing information.

All participants **must** have completed a child protection awareness raising course prior to attending. Keeping Children Safe: Training for Staff and Volunteers or Keeping Children Safe: Training for Managers, Supervisors and Management committee members are suitable foundation courses.

This training is **free** but places are limited to 3 per organisation and need to be **booked in advance**. Places can be booked by emailing roisin.timlin@volunteernow.co.uk .

Choose one date and venue from the list below when booking. Time: 10.00am – 4.30pm

29 September	Volunteer Now, 34 Shaftesbury Square, Belfast BT2 7DB.
13 October	Derry Central Library, 35 Foyle St, Derry/Londonderry BT48 6AL.

The Way2Go Project is a new, province wide initiative supported by the Big Lottery Fund planning to improve knowledge and understanding of the impact of alcohol on individuals, families and communities, as well as identifying risks associated with excessive alcohol consumption.

The content of the workshop raises awareness of statistical information on the impacts of alcohol in Northern Ireland; will increase knowledge about risks associated with drinking alcohol and getting home safe; also looks at alcohol and offending, alcohol and health, alcohol and the media, and raises knowledge about impacts of alcohol and the risks of homelessness. Within the workshop we will also provide information regarding getting help for someone who is misusing alcohol.

Our workshops will be offered free of charge to schools and youth settings throughout the province. The quality assured workshops are tailored according to the age group and needs of each group. Sessions are fully interactive using PowerPoint presentation, booklets, group work, activities and discussion to fully engage young people.

Way2Go directly link with the core of the 'Model for effective Practice', aims to compliment education and service provisions to aid the personal and social development of young people ensuring they have opportunities to participate effectively in society.

If you would like to book a free workshop for your School or Youth club, or to discuss any aspect of the project, please contact First Housing Aid and Support Services, 7 Queen Street, Enniskillen, BT74 7JR

T: 07715 629658

E: shirleydonaldson@first-housing.com

Mental Health Resilience Workshops - Action Mental Health has recently been commissioned by PHA to deliver fifteen Mental Health Resilience workshops for 14-17 year olds and fifteen Mental Health Resilience workshops Lot 2 (adult) in the Western Trust area. These workshops entitled Mindset will run continuously throughout the year. The programmes will be delivered in youth and community settings for groups of eight to twenty people. Duration 3 ½ hours. The aims of the workshops are:

- To raise awareness and increase knowledge and understanding of Mental and Emotional Health and Wellbeing.
- To raise awareness of the signs and symptoms of mental ill health.
- To promote self-help/resilience techniques and how to maintain a safe level of positive mental and emotional health and wellbeing.
- To promote self-care.
- To provide information and/or resources on mental health support organisations available both locally and regionally.

To book a programme contact **Action Mental Health MensSana Project Worker Brenda Burns** on 07885 407092 or 028 6632 3630 or email mindset@amh.org.uk.

Exploring Enterprise3 Programme - This is a free programme that helps participants take the first steps to gain employment or explore a business idea. All participants gain a free accredited qualification within the programme. This adds to a CV and helps to break down barriers to employment or self-employment. Fermanagh Enterprise Ltd will be delivering this programme in Fermanagh, they have friendly and experienced advisors who will offer advice and assistance and offer access to main stream support options. The Exploring Enterprise3 Programme will help participants:

- Gain a QCF Understanding Business Enterprise Qualification.
- Improve skills for business and employment.
- Meet new people.
- Get back on track.

For eligibility details and more information please contact **Fionna Martin** on 028 6632 3117 or email fionna.martin@fermanaghenterprise.com.

Step Up To Sustainable Employment+ (SUSE+) - South West College – SUSE+ is an employment solutions programme that helps participants to become more job ready by up skilling or reskilling. Based at the Southwest College the programme covers the Fermanagh-Omagh district council and Mid Ulster council areas. It is aimed at those aged 16-65 who are unemployed - including those working under 16 hours or who are economically inactive.

SUSE+ offers a variety of accredited Level 1 qualifications all gained within a maximum of 12 weeks; these include Health and Social Care, Welding, Multi-skills Construction, Retail, Customer Service, Employability, Essential Skills ICT, English, Maths. Participants can also avail of 1 day training courses that can include First Aid at Work and Food Hygiene.

Each participant has a dedicated mentor who will provide guidance and support in completing a CV, Work placement, Job applications, Interview skills, Budget management, Careers guidance and Computer skills. Mentors have built up strong links with local employers which further develops the participant's journey into employment.

If you would like to meet with the team in your local area to discuss or sign up to the programme **please contact:**

**Enniskillen: David Taylor 07442 531667, 028 6634 2260 or
Dermott Feely 07734 281029, 028 6634 2208**

Omagh: Tracy Sharkey 07436 533475 or Darrell Law 07739 951970

Funding Opportunities

One Million Trees in One Day

We're delighted to announce the opening of our Farmers & Smallholders scheme in Northern Ireland for 2017.

We've made some changes to the schemes to offer a broader range of packs and a simpler structure.

We've also introduced a new application fee of €21.00 for each pack. We want to deliver an improved project for 2017 and to run ongoing and consistent annual schemes for farmers and smallholders to access trees for their land. With constant uncertainty surrounding environmental and forestry funding rounds and Euro/Sterling exchange rates, we feel the One Million Trees in One Day initiative will benefit from a more practical and self-sufficient funding model.

Please visit www.onemilliontreesinoneday.com/farmers.html for more information about the schemes for 2017 and our new application fees.

If you wish to apply by the **closing date of Friday 30 September**, please get in touch directly with Imogen as per details below. Tree packs are allocated on a first come first served basis.

Imogen Rabone, Project Co-ordinator
Email: imogen@onemilliontreesinoneday.com

Do It For Real – Apply for up to £2,000 to start your social enterprise. Omagh Enterprise Company in partnership with UnLtd, Comic Relief and Spirit of 2012 is delivering Do It For Real, an exciting new youth programme to help people across Northern Ireland become social entrepreneurs. The programme will give young people (aged 16 – 30) the skills to develop their social ideas while having fun and helping to improve their community. We currently offer two support packages:

- Test It Award – Apply for £500 cash and receive mentoring from one of our dedicated Award Managers to explore, plan and try out your social idea.
- Do It Award – Turn your idea into a real venture by applying for up to £2,000 cash funding and receive one-to-one support and expert advice to help create a positive social impact.

You can find more information about the Do It For Real programme, including how you can apply, eligibility criteria and FAQ on our website www.omaghenterprise.co.uk/social-enterprise/

Living Memory Request for Funding

The Living Memory project will take place for the full 141 days of the Somme centenary from July 1 to November 18. Everyone is welcome to join the project and access our free resource pack and website. In addition, we are providing an expenses scheme to support 141 groups in the UK. [Individuals can only apply as representatives of a group.] This funding is to support people to do something special and remove financial barriers to participation.

To be eligible for our funding, your Living Memory project will all include the following elements:

- * Visit to local CWGC grave site or memorial
- * At least one event to raise awareness of local CWGC site between the 141-day period of the Somme Centenary 1st July – 18th November 2016 email livingmemory@cwgc.org for suggestions
- * Evidence of eligible expenditure (such as receipts)
- * Completion of project questionnaire.

To request funding up to £200 in eligible expenses funding from the Living Memory Project please complete the information and return to livingmemory@cwgc.org by **1st October (for activity taking place 15th October – 18th November)**

You will be notified on the outcome of your request for funding within one week of the above deadlines.

Please note that this is an **expenses scheme**. If your application is successful, your costs will be reimbursed on return of an expenses claim form and supporting invoices and receipts.

Free Solar PV Installations on NI 3rd Sector Community Owned Buildings

Last year NICE installed free of charge 130KW of solar pv, on the roofs of 13 NI 3rd sector community owned buildings. This was financed by a community share offer which raised £150k.

NICE is a community energy benefit society which was setup in 2014 to create community owned renewable energy projects & low carbon energy services, keeping financial revenues within the local community. As a community benefit society our individual investors & participating community building owners co-own the enterprise on a 'one-member one-vote' basis.

NICE generates revenue from the sale of electricity & receives an income from the Renewable Obligation Certificates (ROCS). An annual surplus over expenses enables the society to give a modest interest payment to its investing members. The significant share of the profits goes into NICE community benefit fund which allows the society to roll out further renewable energy & energy efficiency projects to the local community.

NICE is exploring the potential & community interest for a further similar solar pv project. We are now seeking expressions of interest from any community group which may wish to benefit from a free solar pv installation & in turn enjoy significantly discounted electricity (Your organisation would pay NICE 5.5p* per kWh used (*a fixed rate for the next 20 years), compared to what you pay your current electricity supplier approx current cost 15p. If all the electric from a 12 kW installation was used on site this would equate approx to a £900 annual saving & help reduce your organisation's carbon footprint.

To be eligible for our offer the main criteria prospective participants for offer are required to meet includes:

- Is a NI 3rd sector organisation eg charity, church, school, social enterprise, community association that can evidence building ownership;
- Not a listed building nor in a conservation area;
- A suitable, unshaded roof or ground, minimum size 90 sq m with roughly a south facing aspect (SE-S-SW);
- Annual electricity costs over £3000. Majority of electricity usage during daylight hours & the potential to use most if not all of the electricity generated on site;
- A 3 phase electricity supply;
- Ability as an organisation to make decisions promptly (all installations will have to be completed by August 2016). NICE uses a 'first past the post' policy to fund installations.

You can find more information about our enterprise & solar pv installations to date on our website & social media pages

Interested?

We want to hear from you ASAP so please don't delay - this win win opportunity should not be missed.

Contact NI Community Energy on 028 9073 6075 or email info@NICommunityEnergy.org