



## Fermanagh & Omagh District Council Community Support News – October 2016

The Community Support Newsletter is published on a monthly basis. If you wish to receive a copy or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 or email [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com)

### Council News & Events

#### Your Plans, Your Say, Your Future

The first draft Community Plan for the Fermanagh and Omagh District is due to be published for consultation on 3 October 2016 and run for a period of 8 weeks. The Local Development Plan, Preferred Options Paper will be consulted on during the same period.

A number of public engagement workshops have been arranged to take place throughout the district and are outlined below for your information:

Tuesday 18 October	2.00 pm	Bawnacre Centre, Irvinestown
Wednesday 19 October	7.00 pm	Lakeland Community Care/Healthy Living Centre, Belcoo
Tuesday 25 October	7.00 pm	Dromore Leisure Complex
Wednesday 26 October	2.00 pm	Kesh Community Centre
Thursday 27 October	7.00 pm	Derrygonnelly Community Centre
Tuesday 1 November	2.00 pm	Owenkillew Centre, Gortin
Thursday 3 November	7.00 pm	Milestone Centre, Carrickmore
Wednesday 9 November	2.00 pm	Ecclesville Centre, Fintona
Thursday 10 November	2.00 pm	Castle Park Leisure Centre, Lisnaskea
Tuesday 15 November	7.00 pm	Crest Centre, SWC, Enniskillen
Wednesday 16 November	7.00 pm	Aughakillymaude Community and Mummings Centre, Derrylin
Thursday 17 November	7.00 pm	Omagh Enterprise Company
Tuesday 22 November	2.00 pm	Rosslea Community Centre

If you would like more information on the forthcoming consultation please contact Community planning Officer Kim Weir on [kim.weir@fermanaghomagh.com](mailto:kim.weir@fermanaghomagh.com) or at 0300 303 1777 ext:20206

## **Omagh Leisure Complex is running a National Pool Life Guard (NPLQ) qualification course**

This course will start on Friday 30 September and will run each subsequent Friday for 10 weeks from 6pm - 10pm.

If you or someone you know would be interested in participating, please contact Claire Given or Mathew Wilson at Omagh Leisure Complex 028 8224 6711 extension 20730 for more information.

This is an excellent opportunity to improve and add to your skills! Benefits include: -

**From line throws to CPR you'll learn fantastic skills during your NPLQ course that you can use throughout your life.**

### **What's being a lifeguard like?**

Lifeguards benefit from varied working hours which you can easily fit around your other commitments, working within a team and there's also the opportunity to progress your career within the leisure industry as most leisure managers start off as Pool Lifeguards.

### **Learn skills for life**

There is also the option to obtain additional qualifications during an NPLQ course including:

- Automated External Defibrillation Certificate (**AED**) (Additional 1.5 hours training)

### **Benefits**

- Excellent starting point for a career in the leisure industry
- Opportunity for career progression, as most leisure managers start off as Pool Lifeguards
- Varied working hours
- Work within a team
- The NPLQ is recognised around the world, so potential to work and travel
- Great way for students to fund studies
- Learn essential life skills, including First Aid and CPR

**This qualification is regulated by Ofqual.**

### **How do I become a lifeguard?**

#### **Lifeguard Course Pre-Requisites**

Every candidate attending a NPLQ course must be 16-years-old at the time of taking the NPLQ final assessment and be able to:

- Jump / dive into deep water
- Swim 50 metres in less than 60 seconds
- Swim 100 metres continuously on front and back in deep water
- Tread water for 30 seconds
- Surface dive to the floor of the pool
- Climb out unaided without ladder / steps and where the pool design permits

## Celebrate Red Squirrel Week in Gortin Glen Forest Park

It's Red Squirrel Week again and Fermanagh and Omagh District Council has joined forces once more with Forest Service Northern Ireland to offer a fun afternoon for the family at Gortin Glen Forest Park on **Sunday 2 October**. Come along to this **free** event to learn more about our furry native red squirrels and autumn in the park.

Drop in to the education classroom between 2pm and 4pm to take part in our fun and interactive red squirrel trail, get creative with making your own red squirrel puppet, and again we want you to help us map where you have seen red and grey squirrels recently on our Reds Endangered (RED) Map.

Red Squirrels are fascinating animals to watch and learn about if you ever have the privilege of seeing one up close. They do not hibernate over winter, they can live to about six years of age and they can even swim!

If you are interested in learning more about red squirrel conservation, want to report red squirrel sightings or need more information about the event, then contact the Fermanagh and Omagh Biodiversity Officer on 03003031777, or email [julie.corry@fermanaghomagh.com](mailto:julie.corry@fermanaghomagh.com).

This is a partnership event between Fermanagh and Omagh District Council and Forest Service Northern Ireland. Gortin Glen is a state forest managed by the Northern Ireland Forest Service.

**Omagh parkrun** – a free weekly 5k timed walk, jog or run – will start in Omagh on Saturday 8 October 2016 at 9.30 am. The 5k route will begin at Omagh Leisure Complex running track and bring participants through McCauley Park.

The popular international fitness initiative is being brought to the district with assistance from Fermanagh and Omagh District Council.

Although parkrun is not a race, participants' times are recorded, helping them to track their progress around the 5k route each week and see their development.

**To register** to take part in parkrun please visit [www.parkrun.org.uk/omagh](http://www.parkrun.org.uk/omagh). Once registered, participants will receive a barcode and number which are used to record personal times of completing the 5k circuit on Saturday mornings.

**Volunteers needed** - Omagh parkrun are looking for volunteers to assist, for example as a marshall or event organiser. You do not have to commit every Saturday, whenever you can would be great. A pre 'parkrun' training night has been organised for Monday 3 October, 7pm at Omagh Leisure Complex, Conference Room. Please come along to learn more about parkrun and see how you can be of help with this great NEW community lead initiative.

For further information on Omagh parkrun or to find out more about becoming a volunteer, please contact Billie-Jo Irwin, Fermanagh and Omagh District Council on 0300 303 1777 or email [billie-jo.irwin@fermanaghomagh.com](mailto:billie-jo.irwin@fermanaghomagh.com).

## Facilitation Training for The JustUs Programme

**Tuesday 11 and Wednesday 12 October**, 9.15 am – 5 pm, Bawnacre Centre, Irvinestown

This two-day **FREE** Intensive Facilitation Training Programme is for youth education practitioners and it will equip them with a bespoke set of resources to deliver The JustUs Programme to young people.

JustUs is an innovative, multi-perspective workshop based education programme (Open College Network NI Accredited) purposely designed for young people living here. It will be delivered by teachers and youth workers in safe educational spaces and addresses legacy and other tension-laced identity issues (sectarianism, racism, and sexual orientation) with a view to leaving young people better able to defuse their potential to erupt into violence.

For further information and an application form, contact **Christine Rodgers**, Good Relations Officer, Fermanagh and Omagh District Council Tel: 0300 303 1777  
Email: [christine.rodgers@fermanaghomagh.com](mailto:christine.rodgers@fermanaghomagh.com)

## Sports education programme to promote excellence in local sport

The **'What's Your Game?'** Club and Coach Education Programme, organised and funded by Fermanagh and Omagh District Council, provides opportunities for those involved in sport in the district to gain coach education and sports' governing body qualifications in netball, ultimate Frisbee, futsal, dodgeball, boccia and football.

First aid, safeguarding of children and young people, autism and sports coaching, children's coaching, and good club governance courses will also be on offer.

Courses that are available on the 'What's Your Game?' Club and Coach Education Programme are required to help junior sports clubs achieve Clubmark NI status - a recognised standard which demonstrates a club has achieved a level of quality in the areas of management, coaching and safety.

The 'What's Your Game' programme also includes a series of expert master classes in nutrition and strength and conditioning for athletes keen to improve their personal performance. These masterclasses will be delivered in partnership with the North West Coaching Network.

The 'What's Your Game?' programme and application forms are available from [www.fermanaghomagh.com](http://www.fermanaghomagh.com) and reception at Omagh Leisure Complex, The Grange and the Public Services Centre, Omagh; Fermanagh Lakeland Forum and the Townhall, Enniskillen; Castle Park Leisure Centre, Lisnaskea, and the Bawnacre Centre, Irvinestown. Alternatively **contact Billie-Jo Irwin, Fermanagh and Omagh District Council on 0300 303 1777 or email [billie-jo.irwin@fermanaghomagh.com](mailto:billie-jo.irwin@fermanaghomagh.com).**

**Enniskillen Visual Arts Open** takes place from **16 September – 15 October**. This is a major exhibition of selected exhibitors who will showcase their work in the Higher Bridges Gallery at the Clinton Centre, Enniskillen and throughout Enniskillen Town Centre. Visit [www.fermanaghomagh.com](http://www.fermanaghomagh.com) for more information.

**1 FT SQ - Open Call for Visual Artists** - The 9<sup>th</sup> "1 FT SQ" Christmas Art Exhibition opens on Friday 16 December 2016 at 7 pm. The Exhibition then runs to Saturday 21 January 2017 at The Higher Bridges Gallery in The Clinton Centre, Belmore Street, Enniskillen, Co Fermanagh.

Fee to enter: £10 per work (up to 5 works permitted per artist)

All art work must be to the scale of 12 inches x 12 inches which is One Foot square in all dimensions with/without frame.

\*Prizes to be announced

Deadline to apply: **Friday 28 October 2016 at 12 pm**

**For further information and to be considered for the exhibition**, artists should contact Diane Henshaw, Arts Officer, Fermanagh and Omagh District Council by emailing: [diane.henshaw@fermanaghomagh.com](mailto:diane.henshaw@fermanaghomagh.com) or telephoning 0300 303 1777.

**Free Santa Suit Hire** - Community Groups can hire a **Santa Suit** free of charge for Community Events. Please contact the Community Services Department on 0300 303 1777 to book. All requests dependant on availability - it will be the responsibility of each Group to collect and return it the following day. Note that we cannot provide beards with the suits for Health and Safety reasons - these can be purchased locally for very little cost.

**Hire of the Santa train** costs £40.00 per hour as per last year. To make a booking, please call the Directorate of Environment and Place on 0300 303 1777.

## **Lough Erne Landscape Partnership**

**Do you have an exciting project idea?** The Heritage Lottery Fund (HLF) has provided funding for a development phase of the Lough Erne Landscape Partnership (LELP) and through this we are seeking community groups to come forward with solid project ideas that will help reconnect local people with their Lough Erne landscape and its built, natural and cultural history and heritage.

Projects must be fully developed by June 2017. A further funding bid will be submitted to HLF to fund the list of successful projects and if successful, the LELP team will work with the community groups to deliver their projects from April 2018 – 2023.

If you feel you have a project that can make a positive contribution to the built, natural and cultural history and heritage value of Fermanagh's beautiful landscape we would be keen to hear from you.

**You can contact Teresa O'Hare, the Community Engagement Officer on 07702 508 777 or email [teresa.o'hare@lelp.org.uk](mailto:teresa.o'hare@lelp.org.uk)**

## **The Higher Bridges Gallery**

**Clinton Centre, Belmore Street, Enniskillen**

Opening Hours Tuesday to Friday, 10.00 am to 4.00 pm and Saturday 11.00 am to 3.00 pm.  
Admission to the gallery is free.

**Are you interested in volunteering** at The Higher Bridges Gallery? If so, then please get in touch with the Arts Office at Fermanagh & Omagh District Council.

**What are the benefits?** You will get to meet our exhibiting artists as well as engage with a definitive Visual Arts Programme and gain experience in invigilation, tech installation and how we curate our programme.

**Interested?** Then **contact the Arts Office** for an application pack  
[culture@fermanaghomagh.com](mailto:culture@fermanaghomagh.com) / Tel 0300 303 1777

## **Charity support**

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, **please contact Louise McLaughlin, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email [louise.mclaughlin@fermanaghomagh.com](mailto:louise.mclaughlin@fermanaghomagh.com)**

## **“Year of Food & Drink 2016” a Tourism Northern Ireland Initiative**

The Year of Food and Drink 2016 initiative is aimed at placing food and drink at the heart of the visitor experience. The initiative is being led by Tourism NI involving a wide range of partners such as Local Authorities, Regional Colleges and key organisations in the food and drink industry.

If your group is planning any food and drink related events please submit details to:

[tourism@fermanaghomagh.com](mailto:tourism@fermanaghomagh.com)

Further information on the initiative is available at: [www.tourismni.com](http://www.tourismni.com)

## Calling All Graduates

The **ASPIRE Programme** are currently offering graduate unpaid work experience **placements** in the following areas:

Physiotherapy	Environmental Health
Occupational Therapy	Media
Assistant Social Worker	HR
Dietetics	Administration
Care	Sports and Leisure
Finance	Economic Development
Business	Project Management

Additional areas can be sourced.

**ASPIRE** offers a tailored package of support including a workplace mentor, skills development opportunities, a dedicated Project Officer to support your CV development, job searching & preparation for interviews, and health and well-being activities

**ASPIRE** is the Fermanagh & Omagh District Council led Employability Programme supporting people into paid employment. Part funded by the European Social Fund and the Department for the Economy, the ASPIRE Programme works in partnership with the Western Health & Social Care Trust, the Education Authority for the Western Region and delivery partner Fermanagh Rural Community Initiative.

Contact **ASPIRE** for more information:

### **ASPIRE Omagh**

Fermanagh and Omagh District Council  
The Sperrin Centre  
1 Market Street  
Omagh BT78 1EE  
Tel: 028 8224 6535

### **ASPIRE Fermanagh**

Fermanagh Rural Community Initiative (FRCI)  
56 Tempo Road  
Enniskillen BT74 6HR  
Tel: 028 6632 6478

W: [www.fermanaghomaghaspire.com](http://www.fermanaghomaghaspire.com)

E: [aspire@fermanaghomagh.com](mailto:aspire@fermanaghomagh.com)

Find us on Facebook: Aspire Employability Programme.



## Community News

### Westville Family Resource Centre – Dates for October

**Families Together Group - Westend Communities Centre, Enniskillen** for parents with children birth - 5 years. Time: 10-12 noon

Fri 7th - Autumn Leaves activity; 14th Swap Shop; 21st Halloween party and pumpkin making

**Families Together Group - WFRC, 6 Nugents Entry, Enniskillen** - for parents with children birth - 5 years. Time: 10 - 11.30 **£2 per family**

Tues 4th - Plant winter Bulbs; 11th Art from the Heart - Design a cushion cover; 18th Make a cushion cover; 25th Spooky fun time

**Let's Create & Explore - Fun with Music & Rhyme - WFRC, 6 Nugents Entry, Enniskillen** for parents with children birth - 5 years. Time 10.30 - 12 noon

Thurs 6th - Movement & Sounds; 13th Rhythm & Rhyme Libraries NI; 20th Nursery Rhyme Movement; 27th Rhythm & Rhyme Libraries NI

**Let's Get Arty - WFRC, 6 Nugents Entry, Enniskillen** for parents with children 2 1/2 years – 6 years. Time: 10 - 12 noon (**Booking essential**)

Saturday 1st, 8th, 15th, 22nd, 29th - Involves the basics of art, cutting & sticking, clay, papier mache and more. **Cost per parent & child £30 for all sessions**

Contact the Centre for more details **Tel 028 6632 0290 or 028 6632 4184**

**Omagh AWARE Mood Walk** takes place on **Sunday 2 October** at 2 pm leaving from Omagh Leisure Centre. Overcoming depression – changing lives, this is a family event and everyone is welcome to come along. The route is one 5k lap (or two laps for a 10k). After leaving Omagh Leisure Centre, walkers will cross the bridge and walk along the Campsie Road and onto the Hospital Road. Participants will make their way along the Camowen River through Lovers' Retreat and back towards the Leisure Centre. Registration is £10 and once you've registered, AWARE will send you your AWARE Mood Walk pack which includes a Mood Walk t-shirt and sponsor forms! Register at [www.aware-ni.org/moodwalk](http://www.aware-ni.org/moodwalk). Telephone 028 9035 7820.

### **Aisling Centre, Coffee Morning – Friday 7 October 10.30 am – 12 noon.**

All proceeds will be used to support the provision of Counselling Services at the Centre.

**Tel: 028 6632 5811 Email: [info@theaislingcentre.com](mailto:info@theaislingcentre.com)**

Professional Counselling, Psychotherapy and Well-Being Service, 37 Darling Street, Enniskillen



**Together One Voice** - Singing is proven to be good for our physical health, and general wellbeing but the real benefits come from singing with others. Choir leader Valerie Whitworth wants everyone who would like to sing to have the opportunity to and Comic Relief backed her and the Together One Voice choirs to deliver the message that singing is good for us physically, emotionally and mentally. If you can speak, yes you really CAN sing.

Valerie use the National Voice technique to get people singing in harmony in no time. There is no need to read music as all songs are taught by ear. There are no auditions and no one has to sing on their own. Just turn up and dare to sing and have a great time!

The last round of **Free singing classes** are starting Monday 3 October in Aisling Centre, Enniskillen from 10:30 am to 12.30 and Tuesday 4th October in Community House, Omagh.

**Together One Voice choir** meets at the Tara Centre, Holmview Terrace, Omagh Tuesday evenings 7:30 -9:30 pm starting October 25<sup>th</sup> and in the Clinton Centre, Enniskillen, Thursday evenings, 7:30-9:30pm, starting October 27<sup>th</sup>.

Come along for a FREE taster session and sign up for the term if you want to join us.

Email: [valwhitworth@btinternet.com](mailto:valwhitworth@btinternet.com)

Mob :07526534183

[www.valeriewhitworth.co.uk](http://www.valeriewhitworth.co.uk)

Facebook: <https://www.facebook.com/pages/Together-One-Voice/>

**Home-Start Lakeland urgently require volunteers** – Can you spare 2-3 hours a week to support a family with young children in Fermanagh?

We have a preparation course starting on **Friday 7 October** (times will be confirmed based on what suits participants).

**Please contact the office on 028 6634 6818, find us on Facebook or e-mail us on [info@homestartlakeland.com](mailto:info@homestartlakeland.com)**

**Home-Start Omagh** - Can you lend a hand? Have you parenting experience – as a mum, dad, grandparent? Would you like to share this experience? Can you spare 2-3 hours a week? (expenses paid). **If so, we could really do with your help.**

We have lovely young families who just need a friend, someone who understands what it's like being a parent, someone to talk to, someone to tell them they are doing a great job, someone to lend a hand.

If you are interested please contact **Home-Start Omagh**, Macca Centre, 21a Knockshee Park, Omagh BT797PH **Phone: 028 8224 0902** e-mail: [homestartomagh@btconnect.com](mailto:homestartomagh@btconnect.com)

**The Goodwill Gifts Support Group – Dinner and Dance for Charity 2016** in Silverbirch Hotel on **Saturday 8 October** at 7 pm. Music by Patrick McCrystal & Choir and The Homebrew. Dress Code – Semi-Formal. Tickets cost £20 per person. **Please call Rosa on 07881 347716** to book a place. Everyone is also invited to their Monthly Social Gatherings. This is a voluntary group that organises events and activities to increase inclusion of Asian and ethnic minority groups in the Omagh and Enniskillen area.

**Lisbellaw & South Fermanagh World War One Society** – A talk on the Medical treatment in the Great War will take place on **Monday 10 October** in Lisbellaw Methodist Hall starting at 8 pm.

Graham Evans from Bangor will be talking about and displaying medical equipment from The Great War. Graham will also be talking about the food eaten during that period.

Open to all interested in the topic. **Enquiries to Secretary via email** [lisbellawsouthfermwwarsociety@gmail.com](mailto:lisbellawsouthfermwwarsociety@gmail.com) or telephone 07951 538621

### **Making History Talk: Understanding 1916**

**Thursday 13 October, Lisgoole Suite, Killyhevlin Hotel, Enniskillen 7.30 pm**

Speakers: Professor Brian Feeney, Senator Michael McDowell, Chairperson Alex Kane.

“My hope is that this Making History Talk event will help us on the journey of understanding ourselves and our neighbours” Bishop John McDowell

**Free admission.** Everyone welcome. This unique event is supported by the Church of Ireland Diocese of Clogher, Enniskillen Presbyterian & Methodist Churches as well as Co Fermanagh Grand Orange Lodge.

### **Retirement Living Exhibition**

**Enniskillen Hotel, Enniskillen, Wednesday 19 October 10am – 4pm FREE ADMISSION**

Established in 1997, this unique event is aimed at anyone retired in Northern Ireland with useful information on Short Breaks, Inheritance Tax Planning, Home Security, Health & Beauty, Day Trips, Jewellery, Financial Advice, Retirement Living, Hearing Care, Wills & Probate, Health Products.

**Antique Roadshow** - The event will once again feature the popular Antique Roadshow, with free valuation of any antiques visitors bring along.

**For further information**, contact David Scott, Young at Heart Organiser  
Tel: [07925 156198](tel:07925156198) Email: [info@youngatheartni.com](mailto:info@youngatheartni.com)

**Free Coach Transportation** - If any groups would like free transportation to and from the Young at Heart Retirement Exhibition, please contact the above number

### **St Michael's Third Organ Recital Series, 2016**

Wednesday 19 October – Aleksandr Nisse (Whitefriar Street Church, Dublin)

Wednesday 16 November – Simon Harden (Conservatory of Music and Drama, DIT)

Series Director: Paul Flynn

Both events take place at 7.30 pm in St Michael's Enniskillen. Admission £8 (£4 concession)

### **Expression of Interest for the creation of St Patrick's day floats/mobile**

**sculptures** – Open call for Artists to express their interest in delivering creative workshops with local community groups to develop floats or mobile sculptures following the 2017 theme Hero's and Villains . The finished floats/mobile sculptures will be used in Project St Patrick's annual Fermanagh St Patrick's Day Parade in Enniskillen on Friday 17 March.

Interested artists should email [kieramccluskey@gmail.com](mailto:kieramccluskey@gmail.com) with information on relevant experience and hourly rate.

**Memorial Service** – A chance to remember our loved ones who have died (either recently or some years ago) and draw strength from God.

**Sunday 30 October** 7:30 pm at Drumnakilly Parish Church. Everybody welcome. **For more details ring 028 8075 8570.**

**The Digital Age Project Conference 2016** takes place on Tuesday 22 November at The Park Avenue Hotel, Belfast.

This is an initiative that focuses on the promotion of digital inclusion, particularly with older people in sheltered accommodation. The project is supported by the Big Lottery Fund.

**Omagh Gardening Society** – Annual Lecture on **Tuesday 22 November** at 8 pm in the Strule Arts Centre, Omagh.

Presentation by Oliver Schumann, Garden and Plant Expert/ Consultant.

For further details email [info@omaghgardeningociety.org](mailto:info@omaghgardeningociety.org) [www.omaghgardeningociety.org](http://www.omaghgardeningociety.org)

**The Fermanagh Genealogy Centre** – Monthly talks are held in Enniskillen Library on the third Saturday of every month from 1.30 pm to 3.30 pm.

For further details email [fgc2012@hotmail.com](mailto:fgc2012@hotmail.com)

**Fermanagh Film Club** – Normally meets 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month at 8 pm at The Regal or No 6 Blakes of the Hollow, Enniskillen.

For further details contact [www.fermanaghfilmclub.com](http://www.fermanaghfilmclub.com) or [fermanaghfilmclub08@gmail.com](mailto:fermanaghfilmclub08@gmail.com)

### **Getting a TV Licence**

You need to be covered by a [TV Licence to watch or record live TV programmes](#) on any channel, or download or watch BBC programmes on iPlayer.

This could be on any device, including a TV, desktop computer, laptop, mobile phone, tablet, games console, digital box or DVD/VHS recorder. If you do any of the above without a valid licence, you risk prosecution and a maximum fine of up to £1,000. You will also still have to buy a TV Licence if you need one. To find out more, go to [tvlicensing.co.uk/info](http://tvlicensing.co.uk/info)

## The Prevention Subgroup of the Western Domestic and Sexual Violence Partnership

is organising a series of events in the upcoming months. The purpose of the events is to provide opportunities for networking and sharing policy and practice developments in your local area.

The format for the events is as follows:

- Introduction to the Partnership; subgroups within context of the Domestic and Sexual Violence Strategy.
- Short presentation on Partnership member groups e.g. PSNI on locality teams/Safeguarding Developments and Changes/Increasing Emphasis on Sexual Violence Proofing in Services and Resources.
- Opportunity for tea/coffee and visit stands and filter questions.
- Q&A from floor plus questions asked by participants on role of various practitioners based on their discussion of set questions at their table.

The dates for the events are as follows and all events will be held from 12.30pm – 2.00pm. A sandwich lunch will be provided.

- 23 November – Lecture Theatre 3, CEC, Altnagelvin site
- 1 December – Old School Canteen, T&F, Omagh
- 27 January – Lecture Theatre, SWAH, Enniskillen

Anyone wishing to attend these events is asked to register with the Partnership Support Team by email – [helen@cmworks.co.uk](mailto:helen@cmworks.co.uk) or by phone on 02890329757

## Calling community gardeners!

The Federation of City Farms and Community Gardens would like to hear from you if you have established a garden and are looking for help with alternative ways to become more financially sustainable. A scheme called [Growing Together](#), a UK partnership of organisations funded by the Big Lottery Fund aims to help groups **start up community enterprises, or to look for innovative ways to finance ideas – like crowdfunding or veg box schemes, community share issues or business sponsorships or just improve their board and governance structure. Get started by completing this [online survey](#)** as soon as possible to help us target our help.

**Breastfriends Enniskillen** is run by Ann McCrea (Lactation Consultant) and supported by Adele Paton (Volunteer Breastfeeding Peer Supporter).

**Every Thursday from 10:30-12:30** mums and babies meet for tea and a chat in the **Barnabas Centre on Wesley Street** where there are comfortable surroundings with blankets and toys for the babies to play.

Mums who have difficulties such as nipple pain, low weight gain, fussiness can come and see Ann for specialist advice. All the mums and babies benefit from peer support and sharing tips about what works for them, how to get through the night feeds or the need for babies to be close. It is a lovely welcoming and nurturing group and all pregnant and nursing mums will be most welcome.

For further information contact **Adele Paton, Breastfeeding Community Link Worker on 07816 758780**

**Lough Erne Heritage** was formed in 2015 and is managed by Trustees, all of whom have a direct connection with the Erne. The Trustees are volunteers and unpaid. Membership is open to anyone with an interest in the heritage and culture of the Erne.

A key role of Lough Erne Heritage is to ensure that the Erne's unique and fascinating heritage, artefacts, history, traditions and records of the people connected with its waterway are conserved, documented, made accessible and, most importantly, communicated to as wide an audience as possible.

Lough Erne Heritage is all about people telling their own family story, an account of life, events and activities connected by boats to the Erne. It covers Counties Longford, Cavan, Fermanagh and Donegal, the path way of the Erne.

Lough Erne Heritage will encourage research about Lough Erne, its traditional boats and the people who built and used them. We hope to preserve the skills involved in the building of traditional wooden boats and promote the use of those boats on Lough Erne.

The Erne was once a major transport hub, used since ancient times by people living on the islands, on the shore, farmers, pilgrims, travellers and armies.

As a group we seek to share heritage and cultural knowledge, to generate and provide research and educational resources for individuals, groups and educators. This will support a better awareness and understanding of the history and heritage of the Erne waterway. Through collaborative working and combining our efforts the story will be told.

Learning about our shared heritage and culture will promote a better understanding of our history. Lough Erne Heritage is in the process of registering with the Charity Commission NI.

**If you would like more information, please get in touch by telephone: 028 6862 1666 or email: [info@lougherneheritage.com](mailto:info@lougherneheritage.com) or facebook [www.facebook.com/lougherneheritage](http://www.facebook.com/lougherneheritage). Lough Erne Heritage, 24 Valley Road, Rossclare, Irvinestown, Co Fermanagh BT94 1SF**

**Set Dancing Omagh** - Omagh Traditional Dancing Club Set Dancing Classes held every **Monday from 8.30pm – 10.30pm in Dun Uladh Heritage Centre**, Ballinamullan, Omagh.  
Tel Marie 07786 982988 for more information

### **Collage Collective - Local Art and Craft Gallery and Shop**

Would you like to exhibit and sell your work in a gallery/shop in the heart of Enniskillen's creative centre situated in **The Buttermarket, Enniskillen?**

Be part of the **Collage Collective** and connect with local artists, crafters and writers. Get feedback on your work and inspiration from other artists and visitors. There is no commission on work sold – only a small monthly rent contribution and the opportunity to meet the public through manning the shop for a day.

The restful ambience of the Collage Collective's retail outlet hides a real Aladdin's cave of **art and craft**, filled with an eclectic mix of beautifully handmade items, home décor and gifts and is a must for people seeking out unique, handcrafted work.

If you would also like to demonstrate and teach your skills, the Collective is organising **workshops** throughout the year on a multitude of techniques for all communities: from children's workshops to advanced classes for fellow artists.

If you are interested in becoming a member, please send an email to [collage.ekn@gmail.com](mailto:collage.ekn@gmail.com) or contact **Genevieve Murphy on 028 6634 1399** for more information.

## Action for Children

The **Supported Lodgings Service** provides planned and emergency placements for homeless young people in the Western Health & Social Care Trust area.

The Supported Lodgings Service recruits Hosts who in turn provide a placement and support in their home to a vulnerable young person requiring accommodation. In return we offer –

- a generous weekly allowance
- ongoing support and training
- a chance to help a young person reach their full potential.

Youth homeless remains an issue in our society – yet there is a lack of suitable placements for young people faced with homelessness. The Supported Lodgings Service is a new service which aims to meet the need of youth homelessness whilst providing young people with support and to experience being part of a family through having a sense of belonging. This is imperative in breaking down barriers of isolation and promoting positive emotional health for young people whose family relations have broken down. Our service builds upon supporting families to reunite through adding the stability of a placement and support in the community setting at the stage of crisis.

Within the Supported Lodgings service we have a number of very caring hosts who have opened up their homes to young people and the outcomes for these young people have been very positive.

If you would like to know more, a co-ordinator is available to visit and speak at one of your groups or an information event, for example

**Please contact 028 9446 7345**

**Email [openingdoorssupportedlodgings@actionforchildren.org.uk](mailto:openingdoorssupportedlodgings@actionforchildren.org.uk)**

**Narcotics Anonymous** - meetings at the Aisling Centre Thursday nights from 8pm – 9pm weekly. Feel free to drop in or for more information **contact the Aisling Centre on 028 6632 5811**



## Stop Smoking Clinics

The Western Trust offers free, flexible, weekly support drop in clinics for anyone keen to stop smoking and you don't need to make an appointment, just turn up.

The clinics are run by specialist nurse prescribers who provide practical advice and guidance on stopping smoking, information on coping with withdrawal symptoms and discuss the use of a range of Nicotine Replacement and Drug therapies.

We also provide one to one appointments, young adult programmes with incentives, mental health programmes and programmes within workplaces on demand. **More people succeed with our Specialist Stop Smoking service than any other way.**

Details of clinics in the Fermanagh and Omagh District Council area:

Omagh Post Graduate Centre at Tyrone County Hospital, Tuesday 6.30 – 8pm

Room 15, Main Entrance, South West Acute Hospital, Enniskillen, Monday 6 – 7.30 pm

**Moving on**, through Leonard Cheshire Disability, support young disabled beneficiaries to realise their ambitions and achieve their potential in life. The project is funded through the Big Lottery fund's Empowering Young People and is aimed at:

- Young people from 16-19 years old with a physical disability, sensory impairment and/or acquired brain injury.
- Young disabled people living in the Western Trust area of Northern Ireland. That is, Tyrone, Fermanagh and Derry.
- Young people who are in NEED of education, employment or training and are currently disengaged from these and classified as being NEET's.

Find out more on the **Moving on website** – [Movingon.leonardcheshire.org](http://Movingon.leonardcheshire.org) or like us on Facebook @Moving on – Leonard Cheshire Disability Northern Ireland.

or contact **Michael Mullin**, Project Co-ordinator - Moving on, Omagh Support Services

**Telephone: 02882 250539, Mobile: 07718422483,**

**Email: michael.mullin@leonardcheshire.org**

**Mencap** are the voice of learning disability in Northern Ireland. Help support Mencap by volunteering at a local bag pack/collection. Volunteer time is invaluable and much needed to continue their fantastic work throughout Northern Ireland.

If you would like to give up a few hours of your time or find out more about volunteering for Mencap please email [fundraising.ni@mencap.org.uk](mailto:fundraising.ni@mencap.org.uk) or call 028 9069 1351.

To find out more about Mencap NI please visit <http://mencapbigstepforward.org/>

**Free Debt Advice Centre** covering Fermanagh and South Tyrone. Christians Against Poverty are delighted to offer their service to those of all faiths or none and clients are seen in the privacy of their own home without the need or cost of travelling to a Centre.

Please call the **FREE national appointment booking number on 0800 328 0006** (01274 760839 may be cheaper from a mobile).



**The Community Family Support Programme (CFSP)** is running in Enniskillen, Omagh, Strabane and Derry/Londonderry. CFSP is funded by the European Social Fund (ESF) and the Department For Employment and Learning (DEL).

CFSP support families (with at least one person aged 16 - 65 years Not in education, training or full time employment) to develop their capacity to reach their full potential by addressing the health, social, economic, educational, employment and training issues that impact on their daily lives.

One to One Support provided on the programme is directly matched to each family's needs and may include:

**Family and Education Support:** – Advice and Guidance, confidence building, motivation and social skills. - Parenting skills. - Encouraging better family relationships. - Improving health and emotional wellbeing. - Money management and benefits advice.

**Employment and Training Support (Employment Engagement Officer)** - Developing skills to find work. - Creating CVs. - Preparation for interviews. - Employment opportunities. - Training opportunities. Family and Education Support Employment and Training Support.

**The Family Liaison Officer (FLO)**, in partnership with specialist support organisations, will help families get any specialist support they need, such as help for drug/alcohol misuse, debt management and counselling.

**The Employment Engagement Officer (EEO)**, in partnership with employers and training organisations, will help families engage with employment and training. We are always running Free courses for families to increase skills.

Entry to the CFSP is voluntary and recruitment of families to the programme is sought from a range of sources including the local network of Family Support Hubs, the relevant Health and Social Care Trusts and other family support agencies/organisations in the voluntary and community sectors. Families can also self-refer from within their local community.

**For further information contact:**

**Enniskillen office (situated in the Find Centre, 2 Quay Lane, Enniskillen) Ciara 07739 651585**

**Omagh Office, Omagh Enterprise Centre, 07921 833832 Ann McBrien**

## New support services from MAN for Men

### Call for male and female volunteer counsellors to help deliver and expand a range of new services for men in your area

For over 21 years Men's Action Network (MAN) has offered safe, supportive spaces to hear, support and enable men and boys to find a way forward with the life issues they experience associated with:

Addictions, Abuse, Anger, Crisis, Depression, Isolation, Suicidal Feelings, Self Esteem, Self-Development, Domestic Abuse/Violence, Sexual Abuse/Violence, Relationship Breakup, Family Breakup, Child Contact Issues, Emotional Well Being, Sexuality, Fathering Issues, Lifestyle Difficulties.

MAN are looking for local committed, passionate and professional counsellors to help us deliver professional support/counselling to the, often most hard to reach group, men in your area. We are committed to providing service users with a quality service in which every man is treated with respect and courtesy, receives fair, reasonable treatment, receives the highest quality of support to meet their needs and receives clear, accurate, timely and relevant information or help towards this end.

If you are a qualified counsellor with a minimum of a recognised Diploma in counselling and with 100 hours' post-graduation practice, we would like you to join our team to support men in your local area.

**To find out more about MAN, our services, the counsellor/job requirements, or to download an application form, please go to our website [www.man-ni.org](http://www.man-ni.org) or call us on 028 7137 7777.**

## Leonard Cheshire Disability

In the west of the province, we offer a number of community-based services to people aged 18+ with a physical disability, sensory impairment and/or acquired brain injury. These services are person centred and outcome based, with the aim of improving people's quality of life and supporting them to achieve their own individual goals. The key support services we provide are:

### 1. **Housing Floating Support** (*Omagh, Enniskillen & Surrounding Areas*)

The main objective of our floating support service is to enable people to move towards independent living. Support offered includes:

- Access to local health services, GP/Dentist etc.
- Develop skills to deal with repairs, maintenance and safety within your home
- Developing essential daily life skills e.g. budgeting, shopping, etc.
- Increased access to the local community
- Support through a move

### 2. **Day Opportunities** (*Omagh & Surrounding Areas Only*)

Our Day Opportunities service aims to increase social opportunities for people with disabilities through establishing links with other services within the local community. Support offered includes:

### **One-to-One/Individual to access**

- Employment and volunteering opportunities
- Education and training
- Transport
- New groups, activities and/or interests

### **Group**

6-8 week workshops to develop knowledge and skills in accessing the local community such as:

- Resilience
- Self-Determination
- Assistive Technology

For further information regarding our services, **please contact 028 8224 8118.**

**AI-Anon Family Groups** provide support to anyone whose life is, or has been, affected by someone else's drinking, regardless of whether that person is still drinking or not. AI-Anon does not offer advice or counselling, but members give each other understanding, strength and hope. **Meetings take place the last Friday of the month @ 1 pm** in the ARC Healthy Living Centre, Sallyswood, Irvinestown. Everyone welcome.

### **Shelter NI - The SLATE Project**

A temporary accommodation and Housing Floating Support provider in Omagh have opened their Supported Living, Advice and Tenancy Engagement 'SLATE' Resource Centre in Campsie, situated in the heart of Omagh town centre. The Resource Centre is a free space for young people, a safe haven to come and relax and talk to experienced staff. We provide services and support for young people aged 16-25 in partnership with other key agencies. We are managed by Shelter NI, a well-established local charity committed to addressing homelessness, social and economic disadvantages across Northern Ireland.

The Resource Centre is also somewhere where young people and their families can access information, guidance or support too. Our experienced team are always on hand to listen to any problem you may have and look at your options and help point you in the right direction. You might have a housing or benefits problem; you may want some support with an issue at home or you might be worried that you have a drugs or alcohol issue. We will keep what you tell us in the strictest of confidence unless you or someone else is at serious risk of harm.

Currently we accept referrals for our Housing Floating Support Service for young people aged 18-25 providing support in the community for young people with housing needs, mental health issues, learning difficulties, addiction etc. and we can provide temporary, furnished accommodation for young people aged between 16-25, for a maximum period of 2 years.

If you are interested or may be worried about a young person then please either drop in at our Resource Centre at 76A Market Street (beside AXA) or **contact us on 028 8226 7010** or email [nigel@shelterni.org](mailto:nigel@shelterni.org).

**The Enniskillen Foodbank** is situated in The Lakes Vineyard Church, 6-8 Cross Street, opposite the Buttermarket, next to Hanna Electricals.

If you require assistance please come in. We are open:  
Monday 6pm - 8pm  
Wednesday 10am - 12pm  
Friday 2pm - 4pm

We also have collection points for those wishing to donate food in Asda, Tesco and Rooney's Spar. If you want to donate financially please call in, or **for more information call Paul on 07706 499724.**

**Players Wanted - Fermanagh Concert Band** is a local band based in Enniskillen. We play all types of music ranging from marches/classical through to contemporary pop/jazz and have a diverse number of members from all backgrounds and ages. Practices are weekly on Thursdays in Erne Integrated PS from 7-9pm and we are always on the lookout for new members to join. If you are interested, or know someone who is interested, **please contact Shane on 07811 489834** or look up our Facebook page.

**AMH's New Horizons Employment Programme** - Briana McAteer, Employment Officer with AMH Fermanagh New Horizons supports those with mental health issues as they seek to find employment, volunteer posts or further training. If you are unemployed, experiencing mental ill health and are interested in taking that next step towards recovery, you can take part in AMH's New Horizons Employment Programme. The project, which is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for Employment and Learning, is open to anyone in the Fermanagh and Omagh areas.

Referrals are accepted from the Community Mental Health teams, the Condition Management teams and the Jobs and Benefits advisers. It is individually tailored to meet the needs of each client and can provide practical support such as job searching, completing application forms or creating CVs. Support is also provided to find volunteer placements and to enter other training programmes or further education.

If you need any more information, please don't hesitate to **contact Briana on:**

T: **028 6632 3630**  
F: **07734 860337**  
E: [bmcateer@amh.org.uk](mailto:bmcateer@amh.org.uk)  
W: [www.amh.org.uk](http://www.amh.org.uk)

**Action for Children Foster Care NI** is currently recruiting Foster Carers in your area to provide a safe and caring home to vulnerable children.

If you feel you can give a vulnerable child the support and care they need; have experience in working with young people and have a spare room you could transform the life of a child in your community.

Please contact Action for Children Foster Care NI for more information.

Tel: **028 6632 4181**  
Email: [fostercareni@actionforchildren.org.uk](mailto:fostercareni@actionforchildren.org.uk)

**Breakthru DICE (Drug Intervention and Community Education) Project:** We offer individual and group work support to young people (10-21) suffering from the effects of hidden harm. Hidden harm is the impact of other people's substance misuse on young people. We provide information, education, mentoring and fun activities. This project is open to young people in the Omagh and Fermanagh council area.

We are also raising awareness of hidden harm throughout the community and can provide training to professionals involved within community life so they can recognise the signs and symptoms of hidden harm and know what to do if they suspect it.

**If you would like to know more**, please get in touch...

Michaela – 07769 261533 or [Michaela@breakthru.co.uk](mailto:Michaela@breakthru.co.uk)  
Breigeen – 07769 2694334 or [Breigeen@breakthru.co.uk](mailto:Breigeen@breakthru.co.uk)  
Breakthru HQ – 028 8775 3228

## **Fermanagh Women's Aid**

### **Volunteers needed**

Fermanagh Women's Aid are seeking compassionate and committed female volunteers to become part of an on-call rota for admissions to services and other duties. For an application form please **contact Denise Crudden on 028 6632 8898 or email [denisec@fermanaghwomensaid.com](mailto:denisec@fermanaghwomensaid.com)**

Fermanagh Women's Aid is a women only organisation in which being female is a genuine requirement within the exemption stated in Article 10 (2B and 2E) of sex discrimination (NI) order 1976

**NAS (National Autistic Society) Parent Support Group** – Meetings take place on the 2<sup>nd</sup> Wednesday of every month in **Fermanagh House 10.30am-1pm**. Any parents/carers affected by ASD welcome to come along for support and friendship. For further information please contact **Fermanagh House on 028 6632 0210 or email Gemma at [gemma@fermanaghhouse.org](mailto:gemma@fermanaghhouse.org)**.

## **Western Adult Autism Advice Service**

This service is aimed at young people aged 16+ and adults with ASD and those who care for them (parents/carers/professionals). It will be facilitated 4 times per year from 1.30 pm – 4.30 pm in the local libraries on the following dates:

1 <sup>st</sup> Thursday in October	Derry Central Library
<b>1<sup>st</sup> Thursday in December</b>	<b>Omagh Library</b>
1 <sup>st</sup> Thursday in March	Strabane Library

You do not need to make an appointment. Just call in and someone will be available to speak with you.

**For further information or enquiries please contact Right 4 U Project Officer, The Cedar Foundation, Dromore, Co Tyrone. Telephone 028 8289 7772**

**Erne Speakers** – Meet in **Fermanagh House, Enniskillen** on the second and fourth Wednesday of the month to support and encourage self confidence in speaking skills and leadership skills for all ages. For further information, please contact **Christine Rusk on 07570 803516**.

### **Do you have Asperger's or high-functioning autism (HFA)?**

Are you interested in meeting other young adults who are similar to you?

A monthly social group is being set up to provide independent young adults (16yrs-25yrs) with Asperger's or High-Functioning Autism the opportunity to meet other like-minded individuals, share experiences and build-up a social network.

The group will offer:

- a social focus
- opportunities to meet other young adults with similar experiences
- a supportive environment to form new friendships and to participate in a wide-range of leisure activities

**For further information** and application form please contact:

Caroline Bogue      07917 266487

Janice Ferguson    07762 447789

**The Hangout/FIND Centre** – Activities/Clubs for young people aged 11-25 at the Hangout/FIND Centre, 2 Quay Lane, Enniskillen include:

**Drop in** – Aimed at young people (**age group 11-25**) who in their spare time, mainly after school and weekends, can use the hangout area under supervision to meet friends and have full use of all facilities such as pool tables, ps4, air hockey, table football or perhaps just to use as an area to chill out or have a bite to eat. **Thursdays/Fridays 3 - 6 pm and Saturday 3 - 5 pm**

**JAVA** – Just a Virtual Area is aimed mainly at students (**age group 16-25**) of nearby colleges and provides an area where they can use facilities while on lunch breaks or on days they finish early. Full use of facilities is available under supervision. **Tuesdays/Thursdays/Fridays 12 - 2 pm**

**Youth Club** – This is a chance for young people (**1<sup>st</sup> and 2<sup>nd</sup> years**) to meet new friends and build relationships through planned activities such as team building, challenge nights, trips, interactive workshops and free time where young people can have full use of facilities within the hangout.

**Wednesdays 6 - 8 pm**

**Underground Music Movement** – This group provides an environment for young people (**age group 13-18**) with an interest in music to come along and play the instrument of their choice or perhaps just listen with their friends. This group welcomes young people from all backgrounds and ability levels to come along for a jamming session. **Saturdays 3 – 5 pm**

**STIG** – Social Teen Inclusion Group is a group where young people on the autistic spectrum can come together and take part in planned activities, workshops, trips and programmes under supervision. **Every 2<sup>nd</sup> Thursday 7 – 9 pm**

**Information, advice and support** – All staff are fully trained so if you have ANY issues that you feel you need help with please drop in or give us a call. **Telephone 028 6632 5559**



**Volunteering Opportunity For Men And Women Aged 50+** - Safer Ageing Fermanagh is a partnership between Fermanagh Women's Aid and Men's Action Network, that tackles issues of Elder Abuse and isolation of older people within Fermanagh. Through becoming a Buddy, you can help us achieve this. If you can spare a few hours a week to visit an older person in the community, Safer Ageing Fermanagh could be for you! If you are interested in becoming a Buddy or would like more information, please contact **Marie on 028 6632 8898 or email [marie@fermanaghwomensaid.com](mailto:marie@fermanaghwomensaid.com)**. We particularly welcome applications from men over the age of 50 at this time.

**Autism Initiatives Western Housing Floating Support** - Do you have an Autistic Spectrum Condition (ASC) or are you awaiting assessment? Are you living independently or in the process of moving into independent living? Are you currently managing the running of your home? Perhaps you are moving to live near your college or university for the first time? If so, Autism Initiatives currently provide a one-to-one floating support service in counties Fermanagh, Tyrone & Derry/Londonderry to help empower you with the skills you need in living independently. Housing Floating Support is a person centered support for up to a period of two years depending on your needs and can support you in the areas of:

- Advice and support around home security and safety.
- Advice and encouragement in the maintenance of your home.
- Support with all daily living skills.
- Assistance and advice with budgeting and benefits.
- Support to become involved in local community and local facilities.
- Maintaining a healthy lifestyle.
- Support to access information on other services.

We accept referrals from all statutory/voluntary/community services and also accept self referrals. For more information about our service or if you wish to receive a referral form please **contact 028 7131 8172 or email [dale@ai-ni.co.uk](mailto:dale@ai-ni.co.uk)**. Alternatively you can visit the website **[www.onestopshopai.org](http://www.onestopshopai.org)**.

**Shopmobility Enniskillen Needs Volunteers** - The Volunteer role will involve helping new and existing members of Shopmobility Enniskillen with limited mobility, who need to borrow a Manual Wheelchair or Motorised Scooter from the Service Desk at Erneside Shopping Centre. Basic administration is required, filling out a membership form, allocating a membership number, and training on the use of Shopmobility Enniskillen equipment. Full training will be provided. In this role you will develop administration, communication and interpersonal skills. You will benefit from gaining experience of working in a customer service. This volunteer role can be discussed and adapted with the volunteer to suit their needs, abilities and interests. This role benefits Shopmobility as the volunteer can aid the effectiveness of the organisation and can provide a friendly welcome to members of Shopmobility Enniskillen.

Service Desk open 11.00 am – 3.00 pm, Monday to Friday – Maximum cover of desk is 4 hours, Minimum is 2 hours. Out of pocket expenses are refunded.

For more information telephone **028 6632 9965**, [enniskillensm@live.co.uk](mailto:enniskillensm@live.co.uk)  
[www.shopmobilityenniskillen.com](http://www.shopmobilityenniskillen.com) Facebook and Twitter



**Volunteer With Samaritans** - Could you touch another person's life when it really matters? Omagh Samaritans have opportunities for volunteers. Our volunteers are changing lives every day and developing valuable skills and friendships along the way. We're behind you all the way with the training and support you need for the volunteer role you take on. Your training will show you how to give your whole attention to each person you're supporting and empathise with their feelings, without being overwhelmed yourself. The benefits of becoming a Samaritans volunteer are:

- Change peoples' lives.
- Contribute and share existing skills.
- Develop new listening and communication skills you can use in all aspects of your life.
- Meet new people from all different kinds of backgrounds and cultures.
- Improve your CV.
- Give something back to your local community.

You'll be surrounded by people with the same motivation as you. Whether you want to become a listening volunteer, or use your other skills to support us in a different role, Omagh Samaritans welcomes your support. There are many other skills required to run Omagh branch of Samaritans. Support volunteers help with the many other branch activities including fundraising, outreach, publicity, IT Support and finance. We are not a religious organisation and we positively welcome enquiries from all sections of the community. You don't need to have previous experience or qualifications, but you do need to be interested in other people and be open-minded. You also need to be over 18 years old. For further information please contact **07437 980466** or visit [www.samaritans.org/volunteer](http://www.samaritans.org/volunteer).

**Aware Support Groups** are for people affected by depression including relatives, carers and friends who want to know more about depression and how they can help someone recover.

An AWARE Support group will bring you together

- with other people experiencing similar problems
- so you can support each other and help one another
- to learn more about your own illness and the treatments available
- to share experiences and develop self-help strategies and coping skills that will help you manage depression

The groups are very informal where individuals may talk about their experiences, share information and ask questions. No member is obliged to speak and short periods of silence are normal. There is no charge for attending.

We have support groups near you in:

- Enniskillen – Aisling Centre, at 7.30pm on Tuesdays (fortnightly)
- Omagh – Omagh Library, at 6.45 pm (weekly)

No need to book just turn up.

Information on Aware's support groups can also be found at [www.aware-ni.org](http://www.aware-ni.org)

**If you want more information contact Caroline on 028 7126 0602 or [caroline@aware-ni.org](mailto:caroline@aware-ni.org)**

## Conferences and Events

### Groups and events at Aisling Centre

#### **Mindfulness Meditation**

With Mary Conway

#### **Autumn Programme**

#### **8-Week MBSR Programme:-**

Wednesday 12<sup>th</sup> October – 30<sup>th</sup> November, 7pm – 9.30pm

**All Day Experience** - Saturday 16 November 2016

MBSR/MCBT “*Graduates*” welcome

#### **Monthly Drop in / Taster Sessions**

Beginners 7:15pm – 8:15pm

Programme “*Graduates*” 8:30pm – 9:30pm

1 Tuesday per month (contact centre for dates)

#### **Poetry**

With Rosemarie Keenan

#### **Celebrate Shakespeare - A 400 Year Legacy**

Tuesday 11 October – Tuesday 25 October, 2.00pm – 4.00pm

Everyone welcome, feel free to attend one or all of the sessions

No prior knowledge of poetry necessary

#### **Poetry at Christmas**

Tuesday 29 November & Tuesday 6 December, 2.00pm – 4.00pm

#### **Journeying Together**

With Aine Wilson

Support group for people who live with or have lived with a loved one’s addiction

2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month 7:30pm – 9:00pm

For information contact the Aisling Centre – 028 6632 5811

#### **Enniskillen Social Dancing Class**

Tuesdays 6.00pm – 7.30pm)

Tutor: Pat Moohan

Admission - £5

**All other support groups and workshops i.e. AA, ADHD, AWARE, Fermanagh Bereaved Support Group, Forget Me Not, SWEDES (South West Enabling Deaf Encouraging Sign), Together One Voice, Island Artists and Yoga will continue as usual**

#### **For Further Information on these and other programmes**

Visit our website – [www.theaislingcentre.com](http://www.theaislingcentre.com)

Register to receive e-updates

Contact the Centre:- E- [info@theaislingcentre.com](mailto:info@theaislingcentre.com) / T - 028 6632 5811

Follow us on Facebook or Twitter

## Groups & Events At Fermanagh House –

**Western Health and Social Care Trust** will be running free **Recovery College Courses** on the following dates:

1. 5th October - Caring for someone with Psychosis
2. 12th October - Understanding Anxiety
3. 19th October - Understanding Bipolar
4. 26th October - Introduction to Mindfulness
5. 2nd November - Can Volunteering work for you?
6. 9th November - Wellness Recovery Action Plan
7. 16th November - Wellness Recovery Action Plan
8. 23rd November - Understanding Trauma
9. 30th November - Understanding the Experience of Hearing Voices
10. 7th December - Explore your relationship with Alcohol

**For further details contact: Olive Young on 028 8283 5367**

EM: [Olive.Young@westerntrust.hscni.net](mailto:Olive.Young@westerntrust.hscni.net) or go online at [www.westerntrust.hscni.net](http://www.westerntrust.hscni.net)

### **OUR REGULAR GROUPS:**

- **DL Dance 4 All** have begun dance exercise classes on Thursday evenings from 7-8 pm & also Friday mornings from 11-12 noon. All abilities welcome. For further details contact Debbie Richmond 07597 442781 or email [dldance4all@hotmail.com](mailto:dldance4all@hotmail.com)
- **Drink Wise Age Well** are running a support group for the over 50's wishing to talk about drinking on Wednesdays from 1.30 - 3.30 pm. For further details please go to <https://www.drinkwiseagewell-training.org.uk/>
- **St Michael's Bridge Club** every Monday at 7.30 pm September - May.
- **Family Mediation** – assisting families experiencing the trauma of separation. Appointments available in Fermanagh House. Call 028 9024 3265 or email [enquiry@familymediationni.org.uk](mailto:enquiry@familymediationni.org.uk)
- **U3A** – leisure and learning co-operative of older people. Choir, drama and poetry. Meet regularly in Fermanagh House. Call 028 66 320 210
- **Erne Speakers** – Do you get nervous about speaking in public? Erne Speakers is an enjoyable way to improve your confidence and speaking skills. 2nd and 4th Wednesday monthly 7.30-10 pm Sept - Jun at Fermanagh House
- **Stroke Support Group** – meet on alternate Tuesdays 11 am – 1 pm at Fermanagh House. For more information call 028 66 320 210
- **Downs Syndrome Support Group** meet in Fermanagh House 1st Wed of month Oct-May at 8.00 pm. Contact Catherine Dunne on 028 66388409
- **RNIB** - Looking Forward Project - Have you lost or are you losing your sight? Looking Forward offers a free counselling service and a peer support programme in Fermanagh

House, providing emotional and practical support to older people (aged 60 plus) affected by sight loss. For an appointment email [lookingforward@rnib.org.uk](mailto:lookingforward@rnib.org.uk) or call 028 9032 9373.

- **Relate NI** - Relationship Counselling - Relate NI provides free professional counselling across NI to individuals and families on Relationships, Family Counselling, Domestic Violence And Abuse Services, Psycho-Sexual Therapy Services, Relate Teen, Separation Counselling. For further information ring 028 9032 3454 or email [TFY@relateni.org](mailto:TFY@relateni.org)
- **Autism NI Support Group** - 8-10 pm 4th Wednesday of the month (*not July or Aug*). For further information contact Michelle Higgins 07834 484229
- **Victim Support** - hold appointments in Fermanagh house. They are a charity that supports people affected by crime. They offer a free and confidential service, whether or not a crime has been reported and regardless of how long ago the event took place. We are an independent organisation - not part of the police, courts or any other criminal justice agency. Tel 028 9024 3133 or email [info@victimsupportni.org.ni](mailto:info@victimsupportni.org.ni)
- **Cruse Bereavement Support** – counselling & support appointments in Fermanagh House. Contact 028 8224 4414 for further details or <http://www.cruse.org.uk/northern-ireland>
- **Addiction NI** - Hold appointments in Fermanagh House. They are a Community Addiction Service, a registered charity providing treatment and support for people who are dependent on alcohol or drugs. We provide tailor-made treatment programmes for people with drug or alcohol problems, delivered in community settings. We also give confidential support for people affected by someone else's drinking or drug use. For more details ring 028 9066 4434 or email [enquiries@addictionni.com](mailto:enquiries@addictionni.com)

## **Omagh Volunteer Centre (OVC)**

**Community House, 2 Drumragh Avenue, Omagh**

**Tel: 028 8224 0772**

**Email: [omaghvc2@yahoo.co.uk](mailto:omaghvc2@yahoo.co.uk)**

Our Services include:

### **For VOLUNTEERS**

- Volunteer recruitment/registration
- Source volunteering opportunities
- Referral of volunteers to match opportunities
- Volunteer support
- Volunteer recognition activities

### **For ORGANISATIONS**

- Promotion of volunteering opportunities
- Volunteer recruitment/referrals
- Help in identifying roles/writing role descriptions
- Help to set up a volunteer programme/improve an existing one
- Help/guidance with good practice in volunteer management e.g. with developing policies and procedures
- A free volunteering "health check"

## **TRAINING**

- Safeguarding of Vulnerable Adults (SOVA)
- Child Protection
- Befriending & Mentoring
- Help to source training e.g. Disability awareness & First Aid

## **SMALL GRANTS FOR VOLUNTEERING PROGRAMME (DfC)**

- We are the local delivery partner for this programme which includes promotion, training, support and guidance.

## **ACCESS NI CHECKS**

- We are the local umbrella body for the Access NI vetting service
- Access NI guidance/support and process applications

## **GOOD MORNING OMAGH**

- Telephone befriending service – 5 days per week

## **Tara Centre**

**11 Holmview Terrace, Omagh**

... in the service of healing, peace and holistic well-being.

**Inspired by a vision of global awareness, the Tara Centre provides a safe, nurturing environment in which:**

- to heal and transcend pain and trauma;
- to bring hope to those in despair;
- to build an inclusive community of peace and reconciliation;
- to support those who seek to free themselves from the poverty trap and its negative consequences
- to educate beyond narrow, divisive, tribal loyalties
- to educate towards a deep, active and enlightened awareness of this amazing universe of which humanity forms an integral part.

**The Tara Centre has made two key appointments - Angela O’Kane as CEO, and Margaret Spencer as Co-ordinator of Therapeutic Services. The filling of these two significant posts at the Centre is an injection of fresh energy which we trust will contribute considerably to the enrichment of many lives.**

We are delighted to present an inter-disciplinary package of health and well-being services:

## ON-GOING SERVICES:

- **Counselling / psychotherapy & art therapy**
- **Complementary therapies**
- **Premises for hire** with small and large rooms, a choice of catering and dining hall available. Please contact us to discuss your organisation's needs.
- **Bookshop** and lending library.

## PROGRAMME OF SEMINARS AND WORKSHOPS:

- **YOGA FOR BEGINNERS - *Heather Kemp*s**  
**Dates:** 21<sup>st</sup> September 2016 – 23<sup>rd</sup> November 2016 (Wednesday Mornings – 10 weeks)  
**Time:** 10.30am – 12.00pm  
**Dates:** 22<sup>nd</sup> September 2016 – 24<sup>th</sup> November 2016 (Thursday Evenings – 10 weeks)  
**Time:** 7.00 – 8.30pm
- **YOGA FOR INTERMEDIATES - *Heather Kemp*s**  
**Dates:** 22<sup>nd</sup> September 2016 – 24<sup>th</sup> November 2016 (Thursday Evenings – 10 weeks)  
**Time:** 8.30 – 10.00pm
- **MEDITATING TOGETHER**  
**Open to anyone who has followed the Meditation Course for Beginners at the Tara Centre**  
**Monday evenings at 8pm** (Starting 5<sup>th</sup> September 2016); **Tuesday mornings at 10.30am** (Starting 6<sup>th</sup> September 2016)
- **MEDITATION / MINDFULNESS FOR BEGINNERS - *Mary Daly & Maura Twohig***  
**Dates:** Monday 3<sup>rd</sup> October – Monday 21<sup>st</sup> November 2016 (8 weeks)  
**Time:** 8.00pm – 10.00pm

For further details on any of the above, to make a workshop booking (including a £5.00 non-refundable deposit) or to hire the premises, please contact Reception, send an email or use the Centre website:

**Tara Centre, 11 Holmview Terrace, Omagh.**  
**Tel.: 028 82250024**  
**e-mail: [info@taraomagh.com](mailto:info@taraomagh.com)**  
**[www.taraomagh.com](http://www.taraomagh.com)**

## Training Opportunities

**Fermanagh Churches Forum** are hosting a five session course from 6 October to 3 November from 8pm to 10pm at Bridge Centre, 16 East Bridge Street, Enniskillen - **The Importance of Being Human: Biblical Insights on Being Human Together**.

The course, presented by Dr Johnston McMaster, looks at what the Bible tells us about our humanity. For much of our lives we live out of labels invented by society and these labels define and confine us. We uncritically buy into them and live by them. So we are Protestant or Catholic, Irish or British, Christian or Muslim, male or female, straight or gay. And there are more! They are all about categories of superior/inferior, dominant/dominated, normal/abnormal. But who determines all of this? None of it is who we really are.

So what does it mean to be authentically human? How can we be human together? How can we enable human flourishing and promote and sustain human wellbeing?

The Bible provides insights and answers.

### Course Outline:

#### Week 1 (Oct 6)

Beginning with the Human: Genesis 1 and Reimagining Who We Are

#### Week 2 (Oct 13)

Being Human and Humane Together: Jesus as Son of Man and Truly Human

#### Week 3 (Oct 20)

The Practice of Being Human Together: The Micah Vision of a Humane Society

#### Week 4 (Oct 27)

I Consume Therefore I Am!: Beyond Individualism to Neighbourly Covenant

#### Week 5 (Nov 3)

Remember, You Are Dust: Every Wednesday an Ash Wednesday to Realize Our Vulnerable, Authentic Identity

**Physical Activity Training** organised by the Health Improvement Team is taking place as follows:

**Walk Leader** - To train adults to lead health walks in their local community or workplace

17 October	Lime Villa, Gransha Park, Londonderry
22 February	Gransha Park House, Gransha Park
1 March	Bawnacre Centre, Irvinestown

**Start to Play** – To introduce the “Start to Play” resources and how they can be used to enhance opportunities for active play within childcare settings

18 October	Strathroy Community Centre, Omagh
22 November	St Columb’s Park House, Londonderry



**Moving More Often** – A training programme for those who work with frailer older people and who wish to promote physical activity and movement in a range of community, residential and social care settings.

12 October  
29 November

YMCA, Drumahoe, Londonderry  
Bawnacre Centre, Irvinestown

Please contact the Health Improvement Department on 028 7186 5127 for full details and to obtain an application form, email [health.improvement@westerntrust.hscni.net](mailto:health.improvement@westerntrust.hscni.net)

## Free Outcomes Training for Staff and Trustees/Committee

### Do you know what difference your organisation makes?

Understanding and explaining the outcomes you create is key to improving, surviving and thriving. The new Programme for Government has introduced Outcomes Based Accountability™ as the way to measure impact. The Charity Commission NI now requires reporting of public benefit and impact by charity trustees. These will inevitably affect:

- the way public funding is allocated to Community and Voluntary Sector organisations;
- the sort of work funded;
- the way organisations report to funders and others.

How will this affect your group? Are you prepared for it?

**In conjunction with CENI, Rural Community Network invites you to one of our FREE sessions on Tuesday 18 October 2016**

**The sessions will take place 2 pm - 4.30 pm** for staff and volunteers and **6.30 pm - 8.30 pm** for trustees and management committee members at RCN's Premises, 38a Oldtown Street, Cookstown.

Both sessions are free and cover:

- **Outcomes: what exactly are they?**
- **Outcome Based Accountability™ and the Programme for Government: an overview and how it might affect you.**
- **Public Benefit and achievement reporting.**
- **The Story of Change: a simple way to show how you create important outcomes.**

If you cannot make the session that best suits your role, you can come to the other one.

**To book**, contact Conor on 028 8676 6670 or by email [conor@ruralcommunitynetwork.org](mailto:conor@ruralcommunitynetwork.org)  
Tea and Coffee will be provided. Free car parking onsite.

## Heritage Lottery Fund Catalyst Umbrella Programme IOF Introductory Certificate to Fundraising

**Thursday 27 October, 10am – 4pm at RCN’s Premises, 38a Oldtown Street, Cookstown**

Rural Community Network in partnership with the Northern Ireland Environmental Link is offering an accredited training opportunity for the delivery of the Institute of Fundraisers (IOF) Introductory Certificate to Fundraising. The course is funded by the Heritage Lottery Fund’s Catalyst Umbrella Programme. Northern Ireland Environment Link delivers the programme through its “Investing in Northern Ireland’s Heritage” project.

There will be an Institute of Fundraising NI accredited trainer that will deliver the course which is particularly relevant for anyone new to funding or fundraising within their own group or organisation.

There is a fee of only £20 per person (normally fees are approximately £200) and this fee covers all training materials as well as refreshments and lunch for the day.

Furthermore, participant attendees and groups will have an opportunity for a free “one-to-one” consultation with an IOF member to offer fundraising advice and information that is specific for their project/organisation at a later date.

On successful completion of the course, participants will be able to complete the accredited process online with IOF, as well as become one of its members at a discounted fee.

Numbers are limited for this event so early booking is advisable. Please use this Eventbrite link to book your place [here](#). Alternatively, **contact Conor on 028 8676 6670 to book**. Places are being reserved on a first come first served basis. There is free car parking onsite.

We aim for inclusive events so please let us know of any way we can make adjustments to enable you to take part fully. The room has level access and accessible WCs.

**For more information** about this course please contact:

Murdo Murray at Northern Ireland Environment Link [murdo@nienvironmentlink.org](mailto:murdo@nienvironmentlink.org)  
James Laverty at Institute of Fundraisers NI [jameslaverty@outlook.com](mailto:jameslaverty@outlook.com)  
Conor McGale at Rural Community Network [conor@ruralcommunitynetwork.org](mailto:conor@ruralcommunitynetwork.org)  
or Tel: 028 8676 6670

**Everyday First Aid for Groups** – The British Red Cross are offering **free** training to organisations or community groups who support people at higher risk of sudden illness or injury, such as people living with drug and alcohol addiction, people who are homeless, older frail people whose health may put them at risk of illness or injury through trips and falls.

The sessions last only a few hours and are delivered to groups of up to 15 people at a location and time which suits them.

For further information, please contact Laurence Harte on 028 8225 1824, Isobel Cleary on 028 6632 5081 or email [NLni@redcross.org.uk](mailto:NLni@redcross.org.uk)

**The Community Food and Nutrition Team** provide training and support for community based food and nutrition initiatives, develop new programmes aimed at making healthier food choices simpler and offer workshops and updates on a variety of nutrition topics. The following events are taking place:

<b>Cook it!</b>	October	Derry and Irvinestown
<b>Fun, fast food for less</b>	February	Strabane
<b>Eatwell Guide Update</b>	August	Omagh
<b>Food Values</b>	November January	Derry and Omagh Derry and Irvinestown
<b>Solid Start Weaning Programme</b>	November January	Irvinestown and Omagh Derry

For further information on any of the training provided **please contact 028 7188 0221, email [info.CFNT@westerntrust.hscni.net](mailto:info.CFNT@westerntrust.hscni.net)**

**CRAFT Training** offer a number of training opportunities for young people to learn new skills and gain qualifications so that they can get ahead in their career.

Through the Training for Success programme or the Apprenticeships NI Programme, young people can gain the skills they need to get employed and start their career.

For more information **telephone 028 8225 9377** **[www.craftrecruitment.com](http://www.craftrecruitment.com)**

**Team Up with the Prince's Trust** – Any young people aged 16-24 that are interested in a twelve week programme can check us out on the Prince's Trust Enniskillen Facebook or **contact Catherine on 07523 273865**

The programme is FREE for unemployed young people aged 16-24. It's a full time course that won't affect your benefits. Childcare allowance available.

Week 1 – **Planning for Progression** – work alongside 12 other members of your team.

Week 2 – **Go on outdoor adventure activities for Teamwork** – for 4 days

Week 3 to Week 5/6 – **Community Project** - Get out and meet the community, help with a project that you get to choose, painting & decorating, landscape gardening and make a difference!

Week 6/7 and Week 8 – **Work Experience** - What do you want to do, try a new skill, sample a new opportunity or look for a career?

Week 9 - **Career Planning** - Let us help you to put together a CV on our job search week. If you want to work and are not sure what to do then you should join our **Team**

Week 10 & 11 - **Supporting Others** – Get to know who is around you, speak to local groups, organise days away, ten-pin bowling, sports and fun

Week 12 - **Presentation Skills** – Finish off your qualifications, present yourself to your family and friends at an end of Team Programme get together

**Qualifications – your work will achieve results**

**Prince's Trust** – A Certificate in Employment, Teamwork and Community Skills

**Also** – First Aid Certificate

## Keeping Children Safe : Free Designated Officer Training

**Volunteer Now Enterprises Ltd** is offering free Designated Officer training as part of our DCAL Safeguarding Children and Adults in the Arts and Culture Sector project.

**13 October – Derry Central Library, 35 Foyle St, Derry/Londonderry BT48 6AL**  
**10 am – 4.30 pm**

The training is suitable for Designated and Deputy Designated Child Protection Officers and will cover the following:

- Knowledge of the legal context of child protection.
- An understanding of the roles and responsibilities of a Designated Officer.
- Knowledge of Health and Social Trust structures and processes.
- Exploration of issues and concerns around referrals and sharing information.

All participants **must** have completed a child protection awareness raising course prior to attending. Keeping Children Safe: Training for Staff and Volunteers or Keeping Children Safe: Training for Managers, Supervisors and Management committee members are suitable foundation courses.

This training is **free** but places are limited to 3 per organisation and need to be **booked in advance**. Places can be booked by emailing [roisin.timlin@volunteernow.co.uk](mailto:roisin.timlin@volunteernow.co.uk) .

**The Way2Go Project** is a new, province wide initiative supported by the Big Lottery Fund planning to improve knowledge and understanding of the impact of alcohol on individuals, families and communities, as well as identifying risks associated with excessive alcohol consumption.

The content of the workshop raises awareness of statistical information on the impacts of alcohol in Northern Ireland; will increase knowledge about risks associated with drinking alcohol and getting home safe; also looks at alcohol and offending, alcohol and health, alcohol and the media, and raises knowledge about impacts of alcohol and the risks of homelessness. Within the workshop we will also provide information regarding getting help for someone who is misusing alcohol.

Our workshops will be offered free of charge to schools and youth settings throughout the province. The quality assured workshops are tailored according to the age group and needs of each group. Sessions are fully interactive using PowerPoint presentation, booklets, group work, activities and discussion to fully engage young people.

Way2Go directly link with the core of the 'Model for effective Practice', aims to compliment education and service provisions to aid the personal and social development of young people ensuring they have opportunities to participate effectively in society.

If you would like to book a free workshop for your School or Youth club, or to discuss any aspect of the project, please contact First Housing Aid and Support Services, 7 Queen Street, Enniskillen, BT74 7JR

T: 07715 629658

E: [shirleydonaldson@first-housing.com](mailto:shirleydonaldson@first-housing.com)

**Mental Health Resilience Workshops** - Action Mental Health has recently been commissioned by PHA to deliver fifteen Mental Health Resilience workshops for 14-17 year olds and fifteen Mental Health Resilience workshops Lot 2 (adult) in the Western Trust area. These workshops entitled Mindset will run continuously throughout the year. The programmes will be delivered in youth and community settings for groups of eight to twenty people. Duration 3 ½ hours. The aims of the workshops are:

- To raise awareness and increase knowledge and understanding of Mental and Emotional Health and Wellbeing.
- To raise awareness of the signs and symptoms of mental ill health.
- To promote self-help/resilience techniques and how to maintain a safe level of positive mental and emotional health and wellbeing.
- To promote self-care.
- To provide information and/or resources on mental health support organisations available both locally and regionally.

To book a programme contact **Action Mental Health MensSana Project Worker Brenda Burns on 07885 407092 or 028 6632 3630 or email [mindset@amh.org.uk](mailto:mindset@amh.org.uk).**

**Exploring Enterprise3 Programme** - This is a free programme that helps participants take the first steps to gain employment or explore a business idea. All participants gain a free accredited qualification within the programme. This adds to a CV and helps to break down barriers to employment or self-employment. Fermanagh Enterprise Ltd will be delivering this programme in Fermanagh, they have friendly and experienced advisors who will offer advice and assistance and offer access to main stream support options. The Exploring Enterprise3 Programme will help participants:

- Gain a QCF Understanding Business Enterprise Qualification.
- Improve skills for business and employment.
- Meet new people.
- Get back on track.

For eligibility details and more information please contact **Fionna Martin on 028 6632 3117 or email [fionna.martin@fermanaghenterprise.com](mailto:fionna.martin@fermanaghenterprise.com).**

**Step Up To Sustainable Employment+ (SUSE+)** - South West College – SUSE+ is an employment solutions programme that helps participants to become more job ready by up skilling or reskilling. Based at the Southwest College the programme covers the Fermanagh-Omagh district council and Mid Ulster council areas. It is aimed at those aged 16-65 who are unemployed - including those working under 16 hours or who are economically inactive.

SUSE+ offers a variety of accredited Level 1 qualifications all gained within a maximum of 12 weeks; these include Health and Social Care, Welding, Multi-skills Construction, Retail, Customer Service, Employability, Essential Skills ICT, English, Maths. Participants can also avail of 1 day training courses that can include First Aid at Work and Food Hygiene.

Each participant has a dedicated mentor who will provide guidance and support in completing a CV, Work placement, Job applications, Interview skills, Budget management, Careers guidance and Computer skills. Mentors have built up strong links with local employers which further develops the participant's journey into employment.

**For further information please contact:**

**Enniskillen: David Taylor 07442 531667, 028 6634 2260 or Dermott Feely 07734 281029, 028 6634 2208**

**Omagh: Tracy Sharkey 07436 533475 or Darrell Law 07739 951970**

## Funding Opportunities

**Social Housing Enterprise Investments awards** - The 2<sup>nd</sup> tranche was launched on 27 June. Individuals from Housing Estates can apply as the NIHE are keen to support their endeavours in personal and economic development. As before, groups working in social housing areas can also apply.

The **Education, Training and Business Start-Up Grants** are open year round (awards up to **£1000, limited number**).

The link below provides additional information and a link to the application forms:

[http://www.nihe.gov.uk/index/community/community\\_social\\_housing\\_investment\\_scheme.htm](http://www.nihe.gov.uk/index/community/community_social_housing_investment_scheme.htm)

**Do It For Real** – Apply for up to £2,000 to start your social enterprise. Omagh Enterprise Company in partnership with UnLtd, Comic Relief and Spirit of 2012 is delivering Do It For Real, an exciting new youth programme to help people across Northern Ireland become social entrepreneurs. The programme will give young people (aged 16 – 30) the skills to develop their social ideas while having fun and helping to improve their community. We currently offer two support packages:

- Test It Award – Apply for £500 cash and receive mentoring from one of our dedicated Award Managers to explore, plan and try out your social idea.
- Do It Award – Turn your idea into a real venture by applying for up to £2,000 cash funding and receive one-to-one support and expert advice to help create a positive social impact.

You can find more information about the Do It For Real programme, including how you can apply, eligibility criteria and FAQ on our website [www.omaghenterprise.co.uk/social-enterprise/](http://www.omaghenterprise.co.uk/social-enterprise/)

### Living Memory Request for Funding

The Living Memory project will take place for the full 141 days of the Somme centenary from July 1 to November 18. Everyone is welcome to join the project and access our free resource pack and website. In addition, we are providing an expenses scheme to support 141 groups in the UK. [Individuals can only apply as representatives of a group.] This funding is to support people to do something special and remove financial barriers to participation.

**To be eligible for our funding, your Living Memory project will all include the following elements:**

- \* Visit to local CWGC grave site or memorial
- \* At least one event to raise awareness of local CWGC site between the 141-day period of the Somme Centenary 1<sup>st</sup> July – 18<sup>th</sup> November 2016 email [livingmemory@cwgc.org](mailto:livingmemory@cwgc.org) for suggestions
- \* Evidence of eligible expenditure (such as receipts)
- \* Completion of project questionnaire.

To request funding up to £200 in eligible expenses funding from the Living Memory Project please complete the information and return to [livingmemory@cwgc.org](mailto:livingmemory@cwgc.org) by **1<sup>st</sup> October (for activity taking place 15<sup>th</sup> October – 18<sup>th</sup> November)**



You will be notified on the outcome of your request for funding within one week of the above deadlines.

Please note that this is an **expenses scheme**. If your application is successful, your costs will be reimbursed on return of an expenses claim form and supporting invoices and receipts.

## **Free Solar PV Installations on NI 3<sup>rd</sup> Sector Community Owned Buildings**

Last year NICE installed free of charge 130KW of solar pv, on the roofs of 13 NI 3<sup>rd</sup> sector community owned buildings. This was financed by a community share offer which raised £150k.

NICE is a community energy benefit society which was setup in 2014 to create community owned renewable energy projects & low carbon energy services, keeping financial revenues within the local community. As a community benefit society our individual investors & participating community building owners co-own the enterprise on a 'one-member one-vote' basis.

NICE generates revenue from the sale of electricity & receives an income from the Renewable Obligation Certificates (ROCS). An annual surplus over expenses enables the society to give a modest interest payment to its investing members. The significant share of the profits goes into NICE community benefit fund which allows the society to roll out further renewable energy & energy efficiency projects to the local community.

NICE is exploring the potential & community interest for a further similar solar pv project. We are now seeking expressions of interest from any community group which may wish to benefit from a free solar pv installation & in turn enjoy significantly discounted electricity (Your organisation would pay NICE 5.5p\* per kWh used (\*a fixed rate for the next 20 years), compared to what you pay your current electricity supplier approx current cost 15p. If all the electric from a 12 kW installation was used on site this would equate approx to a £900 annual saving & help reduce your organisation's carbon footprint.

To be eligible for our offer the main criteria prospective participants for offer are required to meet includes:

- Is a NI 3<sup>rd</sup> sector organisation eg charity, church, school, social enterprise, community association that can evidence building ownership;
- Not a listed building nor in a conservation area;
- A suitable, unshaded roof or ground, minimum size 90 sq m with roughly a south facing aspect (SE-S-SW);
- Annual electricity costs over £3000. Majority of electricity usage during daylight hours & the potential to use most if not all of the electricity generated on site;
- A 3 phase electricity supply;
- Ability as an organisation to make decisions promptly (all installations will have to be completed by August 2016). NICE uses a 'first past the post' policy to fund installations.

You can find more information about our enterprise & solar pv installations to date on our website & social media pages

### **Interested?**

Contact NI Community Energy on 028 9073 6075 or email [info@NICommunityEnergy.org](mailto:info@NICommunityEnergy.org)