



## Fermanagh & Omagh District Council Community Support News – February 2017

The Community Support Newsletter is published on a monthly basis. If you wish to receive a copy or place an article in the Newsletter please contact Alison Gilmore on 0300 303 1777 or email [alison.gilmore@fermanaghomagh.com](mailto:alison.gilmore@fermanaghomagh.com)

**The deadline for the next Newsletter is Tuesday 21 February.**  
Please ensure that you send your information in time for this deadline as groups have indicated they prefer to receive only one email per month.

### Council News & Events

#### Fermanagh & Omagh District Council Grant Aid Programme

A call for applications for the Council's first round of grant aid funding for the 2017/2018 financial year opened on Monday 16 January and **will close on Wednesday 8 February at 5.00pm**, after which applications will not be considered.

**Applications must be made on an official application form. Application forms and guidelines are available to download from [www.fermanaghomagh.com](http://www.fermanaghomagh.com) or by contacting the Funding & Investment Unit, Fermanagh and Omagh District Council (Tel: 0300 303 1777, email: [grants@fermanaghomagh.com](mailto:grants@fermanaghomagh.com))**

This round of funding is for grant assistance for projects and activities that will take place in the 2017/18 financial year. All funding must be spent before 31 March 2018.

Applications are invited from voluntary clubs, societies, organisations and individuals based in the Fermanagh and Omagh District Council area, for grant aid under the following themes:

- Arts, Culture & Heritage
- Community Services - General Grant Aid
- Community Services - Revenue Grant Aid
- Festivals & Events – Large
- Festivals & Events – Small
- Good Relations
- Irish in the Community
- Seeding Grants
- Sports Development & Recreation - Small
- Sports Events
- Summer Schemes
  
- Arts, Culture and Heritage Bursaries
- Sports Bursaries
- Irish Language Bursaries

Applications for funding for a project or event which has already taken place will not be accepted. Applications must be received **before** your event takes place.

**For further information please contact the Funding & Investment Unit,  
Tel: 0300 303 1777 or Email: [grants@fermanaghomaggh.com](mailto:grants@fermanaghomaggh.com)**

## **WorldHost Food Ambassador**

Have you got what it takes to showcase our tastiest produce and sell NI as a foodie destination?

Are you ready to make the most of Northern Ireland Year of Food & Drink 2016 for your business?

This training programme presents a golden opportunity for front-line staff to develop the skills and knowledge that will really power sales in your business this year.

**WorldHost Food Ambassador is a recognised and accredited training programme** tailored specifically for Northern Ireland's acclaimed food and drink industry. It is time to shout about our home grown classics and to spread the word about our amazing chefs and restaurants. This means knowing what and who we're talking about and doing that with confidence and passion. Put simply, this is customer service that sells!

This half-day session, developed by Tourism NI, People 1st and Food NI/Taste of Ulster will:

- Use experiential learning and include a wide range of local food and drink tasting;
- Bring you up to speed on all that is happening in our growing food and drink industry;
- Equip you with the confidence and knowledge you need to tell the stories of our local produce.

Tourism NI has partnered with Fermanagh and Omagh District Council to fund this programme in your local area, cutting costs to only £20 per person

**Session One:** Monday 20 February 09:00-13:00 Sliverbirch Hotel, 5 Gortin Road, Omagh, BT9 7DH

**Session Two:** Monday 27 February 09:00-13:00 Lough Erne Resort Hotel, Belleek Road, Enniskillen, BT93 7E

Registration will be available from 08.30 (Includes breakfast and a tasting lunch)

T: 0300 303 1777 ext 20402 E: [tourismdevelopment@fermanaghomaggh.com](mailto:tourismdevelopment@fermanaghomaggh.com)

For online bookings please visit: [www.fermanaghomaggh.com/business-services/tourism-and-economic-development/](http://www.fermanaghomaggh.com/business-services/tourism-and-economic-development/)

**Please make sure you register before 12 noon on Friday 10 February.**

Funded places will be offered on a first come first served basis. All food tasting and WorldHost training materials and certificate will be included.

Once 50% of your frontline staff have completed any World Host programme you can apply for your WorldHost Recognised Business Award

**A Funding and Advice Fair** is being held by Fermanagh and Omagh District Council **on Monday 27 February**. Drop in anytime from 5-8pm, Enniskillen Library, Halls Lane, Enniskillen, BT74 7DR.

This is an opportunity for voluntary and community sector organisations to find out about the support and opportunities that are available to them. Fermanagh Rural Community Network will be providing information sessions during the event regarding Community Venue/Hall Sustainability (6pm) and Charities Commission Registration (7pm).

**For further information, please contact the Community Services Department, Fermanagh and Omagh District Council on 0300 303 1777 or email [kellie.beacom@fermanaghomagh.com](mailto:kellie.beacom@fermanaghomagh.com)**

### **Win a Samsung-Galaxy tablet with Bin-Ovation**

Need to know which bin to put your waste in? Ever forget to leave your bin out? For clarity on the recycling or reuse of over 300 items and services provided at your local recycling centre, download the Council bin-ovation app. Residents that download the app **before 1 March** will be entered into a free draw to win a Samsung tablet.

**To download the free app**, go to the App store or Google Play and type “Bin-ovation” and select “Fermanagh and Omagh” on your android or smart phone and follow the download instructions. Note for iPad users - select iPhone only when searching. To enter the free draw simply use the “enter” button in the “More” section of the app. Remember to leave your email or phone number so we can contact you if you win.

### **Local Development Plan Preferred Options Paper - Acknowledgement of Receipt of Representations**

A large volume of correspondence has been received in response to the public consultation on the Council's Preferred Options Paper which ended on 28 November 2016. The Council has therefore taken the decision not to write individually to each person who made a representation but to inform them by this notification that their representation has been received. The Council will place a consultation statement on the Council's website and at the Council offices, setting out a summary of those representations that relate to Plan Strategy matters and which will be used to inform its preparation.

Those representations which are essentially about inclusion of sites within settlement limits and other site specific matters, will be held over and considered in the preparation of the Local Policies Plan.

### **Please donate unwanted furniture and paint**

Residents are encouraged to bring unwanted bulky items including wardrobes, tables and chairs etc to recycling centres located at Gortrush, Omagh, Fintona, Carrickmore, Drummeemore, Enniskillen, Irvinestown, Kesh and Lisnaskea. These items are collected by third sector organisations, refurbished and reused for social enterprise in your community.

Residents can also donate unwanted, usable paint that is then made available free of charge to residents and community groups throughout Fermanagh and Omagh District to use in the home, garden or on community projects.

**For further information please contact Anthea Owens, Recycling, Education and Grants Officer, Fermanagh & Omagh District Council on 0300 303 1777.**

## Elite Athlete Gold Card Scheme

The Elite Athlete Gold Card Scheme supports sports men and women from the Fermanagh and Omagh District Council area who have attained International or National success in their chosen sport. Fermanagh & Omagh Sports Forum has responsibility for assessing and administering the scheme.

Athletes will, subject to a successful application, be included in the “Elite Athlete Gold Card” Scheme and will be permitted to use identified recreation facilities owned and managed by Fermanagh and Omagh District Council. These include:

- **Bawnacre Centre, Irvinestown** – fitness suite.
- **Castle Park Leisure Centre, Lisnaskea** –fitness suite.
- **Fermanagh Lakeland Forum, Enniskillen** – fitness suite, swimming pool and athletics track.
- **Omagh Leisure Complex, Omagh** – fitness suite, swimming pool and athletics track.

The “Elite Athlete Gold Card” will be issued to athletes for a maximum period of 12 months, subject to terms and conditions of use.

Further information, including eligibility criteria, conditions and an application form can be obtained via <http://www.fermanaghomagh.com/residential-services/leisure/elite-athlete-gold-card-scheme/>

## Sports education programme to promote excellence in local sport

The ‘**What’s Your Game?**’ Club and Coach Education Programme, organised and funded by Fermanagh and Omagh District Council, provides opportunities for those involved in sport in the district to gain coach education and sports’ governing body qualifications in netball, ultimate Frisbee, futsal, dodgeball, boccia and football.

First aid, safeguarding of children and young people, autism and sports coaching, children’s coaching, and good club governance courses will also be on offer.

Courses that are available on the ‘What’s Your Game?’ Club and Coach Education Programme are required to help junior sports clubs achieve Clubmark NI status - a recognised standard which demonstrates a club has achieved a level of quality in the areas of management, coaching and safety.

The 'What's Your Game' programme also includes a series of expert master classes in nutrition and strength and conditioning for athletes keen to improve their personal performance. These masterclasses will be delivered in partnership with the North West Coaching Network.

The 'What's Your Game?' programme and application forms are available from [www.fermanaghomagh.com](http://www.fermanaghomagh.com) and reception at Omagh Leisure Complex, The Grange and the Public Services Centre, Omagh; Fermanagh Lakeland Forum and the Townhall, Enniskillen; Castle Park Leisure Centre, Lisnaskea, and the Bawnacre Centre, Irvinestown. Alternatively **contact Billie-Jo Irwin, Fermanagh and Omagh District Council on 0300 303 1777 or email [billie-jo.irwin@fermanaghomagh.com](mailto:billie-jo.irwin@fermanaghomagh.com).**

## The Higher Bridges Gallery

Clinton Centre, Belmore Street, Enniskillen

Opening Hours Tuesday to Friday, 10.00am to 4.00pm and Saturday 11.00am to 3.00pm.  
Admission to the gallery is free.

**Are you interested in volunteering** at The Higher Bridges Gallery? If so, then please get in touch with the Arts Office at Fermanagh & Omagh District Council.

**What are the benefits?** You will get to meet our exhibiting artists as well as engage with a definitive Visual Arts Programme and gain experience in invigilation, tech installation and how we curate our programme.

**Interested?** Then **contact the Arts Office** for an application pack  
[culture@fermanaghomagh.com](mailto:culture@fermanaghomagh.com) / **Tel 0300 303 1777**

## Charity support

Fermanagh and Omagh District Council may provide support to charities in a number of ways including the provision of grant aid; the attendance of the Council Chair or Vice Chair at photo opportunities; use of Council facilities and the illumination of Council buildings to mark specific days of significance to a chosen charity which is associated with a particular colour.

Please note, applications for the use of Council facilities or the illuminating of Enniskillen Castle and Strule Arts Centre in a particular colour, should be submitted to the Council at least 6 weeks before the date requested, to allow sufficient time for the application to be considered.

For further information or enquiries regarding Council support to charities, **please contact Louise McLaughlin, Community Services, Fermanagh and Omagh District Council, on 0300 303 1777 or email [louise.mclaughlin@fermanaghomagh.com](mailto:louise.mclaughlin@fermanaghomagh.com)**

## Be Bold For Change - International Women's Day Event

**Saturday 25 February** - Westville Hotel, Enniskillen - Doors open 7.00 pm  
Speakers from all over the world discussing the theme "Be Bold For Change" followed by music and refreshment. Limited tickets available.

To reserve tickets please contact Fiona Crudden, Fermanagh and Omagh District Council, by Email: [fiona.crudden@fermanaghomagh.com](mailto:fiona.crudden@fermanaghomagh.com) or telephone: 0300 303 1777 (call costs charged at local rate)

## **ASPIRE Employability Programme**

Some of the opportunities available with ASPIRE -

**Free CSR Cards and Forklift Licences** – Register now to secure your place

### **FREE NVQ Level 1 Qualifications**

**ASPIRE are offering:** NVQ Level 1 Business Administration  
NVQ Level 1 Customer Service  
NVQ Level 1 Retail

### **Classroom Support Programme**

#### **Free Training in:**

- Child Protection
- Paediatric First Aid
- Basic Food Hygiene
- Introduction to Phonics
- Autism Awareness
- ICT for the Classroom
- Essential Skills Numeracy & Literacy
- OCN Employability Skills

### **& Classroom Experience Placement**

#### ***Alongside these you will also receive:***

- Personal mentor to support you throughout the programme
- Qualifications and training opportunities
- Work placement in a job role of your choice to develop skills and experience
- Health & Well-being events
- Opportunity to meet people and make friends
- Job search, CV Building, Interview Skills

ASPIRE is the Fermanagh & Omagh District Council led Employability Programme supporting people aged 16+ into paid employment. Part funded by the European Social Fund and the Department for the Economy, the ASPIRE Programme operates in partnership with the Western Health & Social Care Trust, the Education Authority for the Western Region and delivery partner Fermanagh Rural Community Initiative.

#### **For further information, please contact:**

**Aspire Omagh** - Fermanagh and Omagh District Council, The Sperrin Centre, 1 Market Street, Omagh, BT78 1EE Tel: 028 8224 6535

**Aspire Fermanagh** - Fermanagh Rural Community Initiative (FRCI), 56 Tempo Road, Enniskillen, BT74 6HR Tel: 028 6632 6478

**W:** [www.fermanaghomaghaspire.com](http://www.fermanaghomaghaspire.com) **E:** [aspire@fermanaghomagh.com](mailto:aspire@fermanaghomagh.com)

**F:** Aspire Employability Programme

## Community News

**Lough Erne Heritage** invite you to a series of talks in The Devenish Room, Killyhevlin Hotel, Enniskillen. All talks are free and start at 2:00pm

**Frank Roofe** – ‘The Streets and Shore of Enniskillen’ on **Saturday 28 January**

**Claire Foley** – ‘The Archaeology of the Erne Waterways’ on **Saturday 25 February**

**Pat Tanner** – ‘The Traditional Boats of Ireland and 3D Scanning’ on **Saturday 25 March**

Tea/Coffee available after each talk with an opportunity to chat with members of Lough Erne Heritage.

Lough Erne Heritage was formed in 2015 and is managed by Trustees, all of whom have a direct connection with the Erne. The Trustees are volunteers and unpaid. Membership is open to anyone with an interest in the heritage and culture of the Erne.

If you would like more information, please get in touch by telephone: 028 6862 1666 or email: [info@lougherneheritage.com](mailto:info@lougherneheritage.com) or facebook [www.facebook.com/lougherneheritage](http://www.facebook.com/lougherneheritage).  
24 Valley Road, Rossclare, Irvinestown, Co Fermanagh BT94 1SF

**Omagh Ethnic Communities Support Group** invite you to their annual Chinese New Year celebrations – Chinese Dance, Martial Arts, Shadow Theatre, Lion Dance, Raffle, Chinese Food.

The event is free of charge and will take a place on **Tuesday 31 January 2.30pm-5pm** in Omagh Library.

**Share Discovery Village** are holding an Open Day for Group Leaders on:

Saturday 4 February 11.00am – 3.00pm

Thursday 9 February (Inishcruiser only) 11.30-2.00pm

Saturday 11 February (Inishcruiser only) 11.30-2.00pm

Please RSVP to [info@sharevillage.org](mailto:info@sharevillage.org) with your name and which date you can attend.

For more information, call Share on 028 6772 2122 [www.sharevillage.org](http://www.sharevillage.org)  
Smith's Strand, Lisnaskea, 221 Lisnaskea Road, Co Fermanagh BT92 0JZ

### Calling all knitters

Maternity Ward in SWAH need knitted baby hats for new born babies. Each child going home gets a hat. Leave hats up at hospital. (No hats needed for pre babies).

Please contact [valeriebr7@btinternet.com](mailto:valeriebr7@btinternet.com) or mobile 07837616814 for further details.

## Action on Hearing Loss

Do you wear NHS hearing aids? Come to our **FREE** drop-in Support Session for advice on: How to use and maintain your hearing aids, information on hearing loss/tinnitus. If you have a concern we offer a free hearing check. NHS batteries distributed. Our **February** Support Sessions :

**Enniskillen** – Fermanagh House – Thursday 2<sup>nd</sup> 10.00-11.30am

**Newtownstewart** – Rural NW Community Support – Monday 13<sup>th</sup> 10.30am–12 noon

**Omagh Health Centre** – Strule Family Practice – Wednesday 15<sup>th</sup> 2-3pm

**Castleberg** – Derg Valley Healthy Living – Tuesday 21<sup>st</sup> 10.30am-12 noon

**NO appointment required.**

**For further information contact Sheena 028 8225 1446/ 07553 353980**

**Email [sheena.kelly@hearingloss.org.uk](mailto:sheena.kelly@hearingloss.org.uk)**

## Omagh's Hard of Hearing Club - Monthly Meeting

The Omagh Hard of Hearing Club has been in existence for 20 plus years and wish to continue to reach out to the community that they are very much part of. Its aim is to highlight hearing impairments, provide support and ensure that no-one feels isolated because of their hearing impairment. The club consists of members who have a hearing impairment, whilst others have an interest in effective communication or indeed have a family member or friend with a hearing impairment. Please feel free to come along and share your ideas and experiences.

The next Club meeting is on **Monday 13 February** (the second Monday of each month) from 2.00 – 3.30pm upstairs in Omagh Library. All new members welcome.

**For further information contact Sheena 028 8225 1446/ 07553 353980.**

**Email [sheena.kelly@hearingloss.org.uk](mailto:sheena.kelly@hearingloss.org.uk)**

Interested in volunteering? Come along and see the roles in your local area

**Omagh Ethnic Community Support Group** are providing a free advice and advocacy service to members of ethnic communities in the area.

This service is being provided by specially trained advisors and also includes interpreting for major languages, especially Polish, Hungarian and Chinese.

This service will be available on Wednesdays by appointment only.

**For further information contact Omagh Ethnic Community Support Group on 028 8224 9750**



## Call for Community Projects!

Prince's Trust Enniskillen are looking for community projects for their Team Programme consisting of young people aged 16-24. It has to be a community organisation, a community centre, youth club etc or a charity. Some projects we have completed in the past were for Youth Action where we painted and cleaned up their premises. We also completed a project on the Beacon Centre, painting fences and gardening and many more. We are looking for projects that need some form of transformation and that are sustainable and that make a difference in the community, whether that is painting and decorating or landscape gardening.

We complete the fundraising for supplies such as paint, rollers, safety equipment for gardening etc. The project dates will be from **20 February- 2/3 March**.

It would be great if you had any ideas or if you know of people who have a project in mind. They can email the details of the project and we will give the ideas to our young people and they will decide on the final project they want to do. If they need any more info call Shireen or Catherine on 07523 273865.

## William Keown Trust Personal Achievement Awards 2017

Nominations for these Awards are now open. There are five categories of Awards –

**Children of Courage/Adult Achievers** – a child or adult who has had difficulties in their life and has met them with courage or who has shown determination in overcoming an illness, injury, phobia or disability.

**The Haldane Butler Memorial Trophy** – awarded to the person who has shown exceptional endurance and determination. The recipients will be selected from the nominations submitted for above categories.

**The Carer's Award** – someone who cares for a friend or relation but **not** in a professional capacity. Can be either an adult or a child.

**The Christopher McCollum Memorial Cup** – awarded to the person who has shown friendship and made a significant difference to the life of someone with a life-threatening illness, phobia, injury or disability and who is **not** part of the family circle.

**Nominations for all categories are now available from The William Keown Trust, 3 Church View, Dundrum BT33 0NA. Telephone 028 4375 1243 [www.wkeowntrust.co.uk](http://www.wkeowntrust.co.uk)**

**The closing date for nominations is Tuesday 28 February**

## Last Call for Entries into Fermanagh's Largest Festival

We want to encourage as many statutory, community and voluntary organisations to take part in the 'Heroes & Villains' parade as possible. However we need to impose a **deadline of 17th February** to ensure the parade flow. It's a great way of raising your profile and we are on hand to give you advice to put together a really great float.

**To register your interest**, please email [info@projectstpatrick.com](mailto:info@projectstpatrick.com) or visit our facebook page ProjectStPatrick. Project St Patrick are keen to make the festival even better to take advantage of the Bank Holiday weekend and showcase what all our county has on offer!

## **Paddle4Diabetes**

To help raise awareness for people with Diabetes and the mental and physical problems that can come with it, a paddle along the longest river in Ireland, the River Shannon is taking place on **12 March** (a distance of around 400km).

It will last for approximately 15 days, starting in Killaloe, Co Clare going to Belleek in Co Fermanagh and then finishing at Smith's Strand at the Share Discovery Village, Lisnaskea, Co Fermanagh. Follow on Facebook @PADDLE4DIABETES

## **Action Mental Health**

### **1000 Hours Volunteer Challenge**

This year Action Mental Health is proud to be celebrating their 25<sup>th</sup> year of providing mental health services to the people of Fermanagh through their New Horizon programs. As part of our celebrations, our clients will be taking on the ambitious task of completing 1000 hours of volunteering. We have been greatly supported by the local community throughout our service here and would like to encourage our clients to engage with the wider community while giving something back to the local people and organisations.

**What one-off or on-going volunteer positions will you need to fill this year?** Are there any special events coming up that need volunteers to help prep or usher people on the day, are there any green spaces that need tidying, do you need some volunteer admin support, bag packing in the supermarkets, fence painting, befriending or anything else?! Please do get in touch and I'll do my best to arrange some volunteers to come out and support.

### **Briana McAteer, Employment Officer, Action Mental Health**

7 Cherrymount Road, Drumcoo, Enniskillen, BT74 4GN

T: 028 66323630, F: 07734 860337, E: [bmcateer@amh.org.uk](mailto:bmcateer@amh.org.uk), W: [www.amh.org.uk](http://www.amh.org.uk)

## **Families Together Group**

meets at **Westville Family Resource Centre, 6 Nugents Entry, Enniskillen**

Bringing Families Together through Structured play activities.

Group based weekly programme providing parents and children with opportunities to socialise, learn through structured play activities, get a chance to speak with professionals who can inform and equip parents with the necessary resources and skills to raise healthy, happy children from birth – 5 years. All sessions 10am - 11.30am

### **Families Together Group**

meets at the **Westend Communities Centre, Sligo Road, Enniskillen**

Friday 10am – 12 noon. Open to parents/carers with children birth - 5 years

Telephone **028 6634 2542** for further information

**The Federation of City Farms and Community Gardens** supports, represents and promotes community-managed farms, gardens, allotments and other green spaces, creating opportunities for local communities to grow.

Our work in Northern Ireland is relatively young, but growing fast - as is the community growing movement here. There's also plenty of information available to help Northern Ireland's community growers, available from our website [www.farmgarden.org.uk](http://www.farmgarden.org.uk)

We work with community groups to help empower local people of all ages, backgrounds and abilities to build better communities, often in under resourced areas, and to make a positive impact on their surrounding environment. Our work contributes to creating better communities across the UK in both urban and isolated rural areas.

Download the useful publication **Sustaining Your Community Garden**, a good practice factsheet to ensure the long term sustainability of a community garden, based on research into 12 projects in Northern Ireland. It highlights how encouraging self-organisation in community growing projects can contribute to a good long term management plan.

We work alongside Growing Together in working to support Northern Ireland's network of community growing groups become more financially sustainable in the future. We offer one to one support from experts, visits to other projects and a range of specialist events throughout Northern Ireland to help groups develop the skills, knowledge and opportunities they need to create a more sustainable future for themselves.

To find out more about how we can help you visit our website [www.growingtogether.community](http://www.growingtogether.community) or contact Sinead Bailie, Northern Ireland Advisor – Growing Together (Normally available on Tuesday) Mob: 07725 973980 [sinead@farmgarden.org.uk](mailto:sinead@farmgarden.org.uk)

## **Omagh Hospital and Primary Care Complex**

**Can you spare a few hours each week?** If you are enthusiastic and enjoy helping others, we may have the role for you! Training and Support is offered. Roles will include:

Meet and Greet/Signposting  
Ward support  
Macmillan Information Point

If you are interested in becoming a volunteer, **please contact the Omagh Volunteer Centre as soon as possible on 028 8224 0772 or email [omaghvc2@yahoo.co.uk](mailto:omaghvc2@yahoo.co.uk)**

**Autism Initiatives Western Housing Floating Support** - Do you have an Autistic Spectrum Condition (ASC) or are you awaiting assessment? Are you living independently or in the process of moving into independent living? Are you currently managing the running of your home? Perhaps you are moving to live near your college or university for the first time? If so, Autism Initiatives currently provide a one-to-one floating support service in counties Fermanagh, Tyrone & Derry/Londonderry to help empower you with the skills you need in living independently. Housing Floating Support is a person centered support for up to a period of two years depending on your needs and can support you in the areas of:

- Advice and support around home security and safety.
- Advice and encouragement in the maintenance of your home.
- Support with all daily living skills.
- Assistance and advice with budgeting and benefits.
- Support to become involved in local community and local facilities.
- Maintaining a healthy lifestyle.
- Support to access information on other services.

We accept referrals from all statutory/voluntary/community services and also accept self referrals. For more information about our service or if you wish to receive a referral form please **contact 028 7131 8172 or email [dale@ai-ni.co.uk](mailto:dale@ai-ni.co.uk)**. Alternatively you can visit the website [www.onestopshopai.org](http://www.onestopshopai.org).

### **Dementia NI:**

**New Empowerment Group launched in Irvinestown for people living with dementia.**

Dementia NI is a new charitable organisation which has been set up and is led by people living with a diagnosis of dementia. The aim of the organisation and Empowerment Groups is to empower and enable people living with dementia to have their voices heard on issues that are important to them. The new Empowerment Group in Irvinestown will aim to Raise awareness about dementia, Challenge the stigma of dementia, engage with service providers to influence policy and practice throughout Northern Ireland. **Group members meet every fortnight and support each other through friendship and understanding, particularly after a recent diagnosis.**

For more information or if you wish to join please get in touch with your local Empowerment Officer, Paula Canney on 07966881422

**Lisnaskea Historical Society** meets at Castle Park Centre, Lisnaskea at 8pm, generally 3<sup>rd</sup> Monday of the month. Contact Vicky Herbert on 028 6772 1730 for further details.

**Fermanagh Film Club** – Normally meets 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month at 8pm.

For further details contact [www.fermanaghfilmclub.com](http://www.fermanaghfilmclub.com) or [fermanaghfilmclub08@gmail.com](mailto:fermanaghfilmclub08@gmail.com)

## Rural Community Network News

### Online Fundraising Training

**1 February 2017: Free Event 10:00am-1:00pm**

**in Rural Community Network, 38a Oldtown Street, Cookstown, BT80 8EF**

Do you want to fundraise for your organisation whilst engaging with your local community and increasing your supporter base? This free half day training session will give you the skills, confidence and ideas needed to maximise fundraising through digital marketing and online fundraising in the way that is most appropriate for you.

Topics covered include:

- What is Digital Marketing and Online Fundraising?
- What resources do you need to do it?
- How can online fundraising benefit your organisation?
- How do you do it successfully?
- Practical tips and ideas to build your first online fundraising campaign.

This training is suitable for trustees, committee members, volunteers and staff who want to maximise their organisation's online opportunities to help support their cause. It would greatly benefit groups that have Facebook and Twitter accounts also.

### Institute of Fundraising Introductory Certificate for Fundraisers

**9 February 2017 10:00am-3:30pm: £20 (Lunch included)**

**in Rural Community Network, 38a Oldtown Street, Cookstown, BT80 8EF**

Rural Community Network in partnership with the Northern Ireland Environmental Link is offering an accredited training opportunity for the delivery of the Institute of Fundraisers (IOF) Introductory Certificate to Fundraising. The course is funded by the Heritage Lottery Fund's Catalyst Umbrella Programme. Northern Ireland Environment Link delivers the programme through its "Investing in Northern Ireland's Heritage" project.

There will be an Institute of Fundraising NI accredited trainer that will deliver the course which is particularly relevant for anyone new to funding or fundraising within their own group or organisation.

There is a fee of only £20 per person (normally fees are approximately £200) and this fee covers all training materials as well as refreshments and lunch for the day.

Furthermore, participant attendees and groups will have an opportunity for a free "one-to-one" consultation with an IOF member to offer fundraising advice and information that is specific for their project/organisation at a later date.

On successful completion of the course, participants will be able to complete the accredited process online with IOF, as well as become one of its members at a discounted fee.

Numbers are limited for this event so early booking is advisable

### Funding Information Event-Halifax Foundation for Northern Ireland:

**16 February 2017: 10:30am-12:30pm**

**in Rural Community Network, 38a Oldtown Street, Cookstown, BT80 8EF**

This is an opportunity to come along and meet representatives of the Halifax Foundation for Northern Ireland and hear about their funding opportunities for the forthcoming year.

The overall aim of the Foundation is to support charitable organisations within Northern Ireland to enable people, who are disadvantaged or with special needs, to participate actively in their communities.

The Foundation has two main target areas to which it seeks to allocate funds:

- Social and Community needs
- Education and Training

Groups applying must have charitable status or be working towards charitable status. We expect a high demand for this event and places are limited to 2 per group. First come, first served.

**To book your place for any of these events, contact Teresa on 028 8676 6670 or email [teresa@ruralcommunitynetwork.org](mailto:teresa@ruralcommunitynetwork.org)**

### **The Goodwill Gifts Support Group Charity**

This is a voluntary group that organises events and activities to increase inclusion of Asian and ethnic minority groups in the Omagh and Enniskillen area. Everyone is invited to their Monthly Social Gatherings.

We invite people who are very interested in singing and dancing to join our Multicultural Choir and Dance Troupe, regardless of age and cultural background..

**Please call at our Goodwill Gifts Charity Shop, community services office at 6 Georges Street, Omagh, or ring Rose at 07881347716.**

### **Fermanagh Community Transport**

#### **Safer driving for the over 60's**

There are still a number of places available on the Safer Driving Course. This course provides information and training for older people particularly those who have lost confidence on the road or would like some refresher tips. The course offers the opportunity to get out on the road with an Advance Driving Instructor who will provide some tips on how to improve your driving skills.

We are particularly keen to recruit participants from the Omagh council area although some spaces are still available in Fermanagh.

If you are involved in an older peoples group / Community Association with 10-15 members, over 60, who are car drivers, we can provide the training at your venue at a time to suit you!

**Contact [anita@fermanaghcommunitytransport.com](mailto:anita@fermanaghcommunitytransport.com) or phone the office on 028 6632 4260 for more information or an application form.**

### **Women of the World** are looking for new members!

To volunteer with Women of the World, call secretary Eileen Drumm on 07599 813482 or Rosa on 07881 347716.

**The Conservation Volunteers** are currently running their Green Gym project across the Western Health Trust area.

The project aims to promote the health benefits of getting involved in practical environmental activities such as gardening, allotments or community development work.

The Conservation Volunteers can provide practical support, supervision and guidance as well as some funding towards materials, plants, seeds, etc.

If your group feels that they could take advantage of this or would like more information **please contact Jack Chestnutt on 07882 401455 or email [jack.chestnutt@tcv.org.uk](mailto:jack.chestnutt@tcv.org.uk)**

This Green Gym is funded by the Public Health Authority.

### **The JAM Card allows people with learning difficulties to ask for 'Just a Minute' of patience**

Social enterprise NOW Group have created an app for mobile phones called the **JAM Card** (an abbreviation of 'Just a Minute') that people with learning disabilities/difficulties can use to alert staff in retail outlets, public/private transport providers and other areas of public life they need Just A Minute of patience and time when interacting with them.

NOW Group support people with learning difficulties into training and employment and the **JAM Card** was the idea of their service users who said they often felt under pressure when they were out and about in every-day life and would like a discreet way of letting people know that they needed a little extra time.

Feedback shows that people feel more confident in public when they use the **JAM Card**. Some people who would have previously relied on their parents or taxis to travel now feel able to take public transport by themselves as they can show the bus driver the **JAM Card** and get the extra time they need to buy their ticket.

The **JAM Card** began as a plastic credit card sized card which says 'Just a Minute' on one side and 'Please be patient, I have a learning difficulty' on the other. Hundreds of people are already using the plastic card throughout Northern Ireland but NOW Group wanted a way to reach more people and felt that developing the card into a digital app would allow more people to access it and could also provide additional functionality as well as data feedback. Funding from both the Big Lottery and Nominet Trust have allowed the organisation to invest in developing the app and getting feedback from users.

**The card and the app are both free. The card is available now by getting in touch with NOW Group on 028 9043 6400 or [admin@nowgroup.org](mailto:admin@nowgroup.org) and the app will be available to download from your app provider from the first week in November.**

**Home-Start Lakeland/Home-Start Omagh urgently require volunteers** – Can you spare 2-3 hours a week to support a family with young children?

If interested, please contact:

**Fermanagh** - 028 6634 6818, find us on Facebook or e-mail us on [info@homestartlakeland.com](mailto:info@homestartlakeland.com)

**Omagh** - 028 8224 0902 e-mail: [homestartomagh@btconnect.com](mailto:homestartomagh@btconnect.com)

## **Lisbellaw & South Fermanagh World War One Society –**

Enquiries to Secretary via email [lisbellawsouthfermwwarsociety@gmail.com](mailto:lisbellawsouthfermwwarsociety@gmail.com) or telephone 07951 538621

**The Fermanagh Genealogy Centre** – Monthly talks are held in Enniskillen Library on the third Saturday of every month from 1.30pm to 3.30pm.

For further details email [fgc2012@hotmail.com](mailto:fgc2012@hotmail.com)

## **Tamlaght Women's Institute**

Meet on the 2nd Thursday of each month at 8pm in Women's Institute Hall, Tamlaght.

New members always welcome to share in the Friendship, learn new skills and enjoy a nice cuppa .

For further information contact [irismahon@btinternet.com](mailto:irismahon@btinternet.com)

## **Omagh Gardening Society –**

For further details email [info@omaghgardeningssociety.org](mailto:info@omaghgardeningssociety.org) [www.omaghgardeningssociety.org](http://www.omaghgardeningssociety.org)

**Breastfriends Enniskillen** is run by Ann McCrea (Lactation Consultant) and supported by Adele Paton (Volunteer Breastfeeding Peer Supporter).

**Every Thursday from 10:30-12:30** mums and babies meet for tea and a chat in the **Barnabas Centre on Wesley Street** where there are comfortable surroundings with blankets and toys for the babies to play.

Mums who have difficulties such as nipple pain, low weight gain, fussiness can come and see Ann for specialist advice. All the mums and babies benefit from peer support and sharing tips about what works for them, how to get through the night feeds or the need for babies to be close. It is a lovely welcoming and nurturing group and all pregnant and nursing mums will be most welcome.

For further information contact **Adele Paton, Breastfeeding Community Link Worker on 07816 758780**

**Set Dancing Omagh** - Omagh Traditional Dancing Club Set Dancing Classes held every **Monday from 8.30pm – 10.30pm in Dun Uladh Heritage Centre**, Ballinamullan, Omagh. Tel Marie 07786 982988 for more information

**Free Debt Advice Centre** covering Fermanagh and South Tyrone. Christians Against Poverty are delighted to offer their service to those of all faiths or none and clients are seen in the privacy of their own home without the need or cost of travelling to a Centre.

Please call the **FREE national appointment booking number on 0800 328 0006** (01274 760839 may be cheaper from a mobile).



## Collage Collective - Local Art and Craft Gallery and Shop

Would you like to exhibit and sell your work in a gallery/shop in the heart of Enniskillen's creative centre situated in **The Buttermarket, Enniskillen?**

Be part of the **Collage Collective** and connect with local artists, crafters and writers. Get feedback on your work and inspiration from other artists and visitors. There is no commission on work sold – only a small monthly rent contribution and the opportunity to meet the public through manning the shop for a day.

The restful ambience of the Collage Collective's retail outlet hides a real Aladdin's cave of **art and craft**, filled with an eclectic mix of beautifully handmade items, home décor and gifts and is a must for people seeking out unique, handcrafted work.

If you would also like to demonstrate and teach your skills, the Collective is organising **workshops** throughout the year on a multitude of techniques for all communities: from children's workshops to advanced classes for fellow artists.

**If you are interested in becoming a member, please send an email to [collage.ekn@gmail.com](mailto:collage.ekn@gmail.com) or contact Genevieve Murphy on 028 6634 1399 for more information.**

## Action for Children

The **Supported Lodgings Service** provides planned and emergency placements for homeless young people in the Western Health & Social Care Trust area.

The Supported Lodgings Service recruits Hosts who in turn provide a placement and support in their home to a vulnerable young person requiring accommodation. In return we offer –

- a generous weekly allowance
- ongoing support and training
- a chance to help a young person reach their full potential.

Youth homeless remains an issue in our society – yet there is a lack of suitable placements for young people faced with homelessness. The Supported Lodgings Service is a new service which aims to meet the need of youth homelessness whilst providing young people with support and to experience being part of a family through having a sense of belonging. This is imperative in breaking down barriers of isolation and promoting positive emotional health for young people whose family relations have broken down. Our service builds upon supporting families to reunite through adding the stability of a placement and support in the community setting at the stage of crisis.

Within the Supported Lodgings service we have a number of very caring hosts who have opened up their homes to young people and the outcomes for these young people have been very positive.

If you would like to know more, a co-ordinator is available to visit and speak at one of your groups or an information event, for example

**Please contact 028 9446 7345**

**Email [openingdoorssupportedlodgings@actionforchildren.org.uk](mailto:openingdoorssupportedlodgings@actionforchildren.org.uk)**

**Narcotics Anonymous** - meetings at the Aisling Centre Thursday nights from 8pm – 9pm weekly. Feel free to drop in or for more information **contact the Aisling Centre on 028 6632 5811**

## Stop Smoking Clinics

Did you know that more people succeed with our Specialist Stop Smoking Service than any other way? We offer a free and flexible service to anyone keen to stop smoking provided by Specialist Stop Smoking Practitioners. They are easy to access and have a lot to offer including individual/group support, a location that suits you, specific advice and guidance, prescriptions for stop smoking products if required.

Weekly Drop-in Clinics are available in your area as follows:

Strabane Health Centre	Wednesdays 5.00 – 6.30pm
Omagh, Post Grad Centre	Tuesdays 6.30 – 8.00pm
Enniskillen SWAH	Mondays 6.00 – 7.30pm

Anyone who wants to know more about stopping smoking can call the local helpline on 0800 9179388 where they can speak to a member of the Smoking Cessation Team.

**Moving on**, through Leonard Cheshire Disability, support young disabled beneficiaries to realise their ambitions and achieve their potential in life. The project is funded through the Big Lottery fund's Empowering Young People and is aimed at:

- Young people from 16-19 years old with a physical disability, sensory impairment and/or acquired brain injury.
- Young disabled people living in the Western Trust area of Northern Ireland. That is, Tyrone, Fermanagh and Derry.
- Young people who are in NEED of education, employment or training and are currently disengaged from these and classified as being NEET's.

Find out more on the **Moving on website** – [Movingon.leonardcheshire.org](http://Movingon.leonardcheshire.org) or like us on Facebook @Moving on – Leonard Cheshire Disability Northern Ireland.

or contact **Michael Mullin**, Project Co-ordinator - Moving on, Omagh Support Services

**Telephone: 02882 250539, Mobile: 07718422483,**

**Email: michael.mullin@leonardcheshire.org**

**Mencap** are the voice of learning disability in Northern Ireland. Help support Mencap by volunteering at a local bag pack/collection. Volunteer time is invaluable and much needed to continue their fantastic work throughout Northern Ireland.

If you would like to give up a few hours of your time or find out more about volunteering for Mencap please email [fundraising.ni@mencap.org.uk](mailto:fundraising.ni@mencap.org.uk) or call 028 9069 1351.

**To find out more about Mencap NI please visit <http://mencapbigstepforward.org/>**

**The Community Family Support Programme (CFSP)** is running in Enniskillen, Omagh, Strabane and Derry/Londonderry. CFSP is funded by the European Social Fund (ESF) and the Department For Employment and Learning (DEL).

CFSP support families (with at least one person aged 16 - 65 years Not in education, training or full time employment) to develop their capacity to reach their full potential by addressing the health, social, economic, educational, employment and training issues that impact on their daily lives.

One to One Support provided on the programme is directly matched to each family's needs and may include:

**Family and Education Support:** – Advice and Guidance, confidence building, motivation and social skills. - Parenting skills. - Encouraging better family relationships. - Improving health and emotional wellbeing. - Money management and benefits advice.

**Employment and Training Support (Employment Engagement Officer)** - Developing skills to find work. - Creating CVs. - Preparation for interviews. - Employment opportunities. - Training opportunities. Family and Education Support Employment and Training Support.

**The Family Liaison Officer (FLO)**, in partnership with specialist support organisations, will help families get any specialist support they need, such as help for drug/alcohol misuse, debt management and counselling.

**The Employment Engagement Officer (EEO)**, in partnership with employers and training organisations, will help families engage with employment and training. We are always running Free courses for families to increase skills.

Entry to the CFSP is voluntary and recruitment of families to the programme is sought from a range of sources including the local network of Family Support Hubs, the relevant Health and Social Care Trusts and other family support agencies/organisations in the voluntary and community sectors. Families can also self-refer from within their local community.

**For further information contact:**

**Enniskillen office (situated in the Find Centre, 2 Quay Lane, Enniskillen) Ciara 07739 651585**

**Omagh Office, Omagh Enterprise Centre, 07921 833832 Ann McBrien**

**Al-Anon Family Groups** provide support to anyone whose life is, or has been, affected by someone else's drinking, regardless of whether that person is still drinking or not. Al-Anon does not offer advice or counselling, but members give each other understanding, strength and hope. **Meetings take place the last Friday of the month @ 1pm** in the ARC Healthy Living Centre, Sallyswood, Irvinestown. Everyone welcome.

## **New support services from MAN for Men**

### **Call for male and female volunteer counsellors to help deliver and expand a range of new services for men in your area**

For over 21 years Men's Action Network (MAN) has offered safe, supportive spaces to hear, support and enable men and boys to find a way forward with the life issues they experience associated with:

Addictions, Abuse, Anger, Crisis, Depression, Isolation, Suicidal Feelings, Self Esteem, Self-Development, Domestic Abuse/Violence, Sexual Abuse/Violence, Relationship Breakup, Family Breakup, Child Contact Issues, Emotional Well Being, Sexuality, Fathering Issues, Lifestyle Difficulties.

MAN are looking for local committed, passionate and professional counsellors to help us deliver professional support/counselling to the, often most hard to reach group, men in your area.

We are committed to providing service users with a quality service in which every man is treated with respect and courtesy, receives fair, reasonable treatment, receives the highest quality of support to meet their needs and receives clear, accurate, timely and relevant information or help towards this end.

If you are a qualified counsellor with a minimum of a recognised Diploma in counselling and with 100 hours' post-graduation practice, we would like you to join our team to support men in your local area.

**To find out more about MAN, our services, the counsellor/job requirements, or to download an application form, please go to our website [www.man-ni.org](http://www.man-ni.org) or call us on 028 7137 7777.**

**The Enniskillen Foodbank** is situated in The Lakes Vineyard Church, 6-8 Cross Street, opposite the Buttermarket, next to Hanna Electricals.

If you require assistance please come in. We are open:

Monday 6pm - 8pm  
Wednesday 10am - 12pm  
Friday 2pm - 4pm

We also have collection points for those wishing to donate food in Asda, Tesco and Rooney's Spar. If you want to donate financially please call in, or **for more information call Paul on 07706 499724.**

**Players Wanted - Fermanagh Concert Band** is a local band based in Enniskillen. We play all types of music ranging from marches/classical through to contemporary pop/jazz and have a diverse number of members from all backgrounds and ages. Practices are weekly on Thursdays in Erne Integrated PS from 7-9pm and we are always on the lookout for new members to join. If you are interested, or know someone who is interested, **please contact Shane on 07811 489834** or look up our Facebook page.

## Leonard Cheshire Disability

In the west of the province, we offer a number of community-based services to people aged 18+ with a physical disability, sensory impairment and/or acquired brain injury. These services are person centred and outcome based, with the aim of improving people's quality of life and supporting them to achieve their own individual goals. The key support services we provide are:

### 1. **Housing Floating Support** (*Omagh, Enniskillen & Surrounding Areas*)

The main objective of our floating support service is to enable people to move towards independent living. Support offered includes:

- Access to local health services, GP/Dentist etc.
- Develop skills to deal with repairs, maintenance and safety within your home
- Developing essential daily life skills e.g. budgeting, shopping, etc.
- Increased access to the local community
- Support through a move

### 2. **Day Opportunities** (*Omagh & Surrounding Areas Only*)

Our Day Opportunities service aims to increase social opportunities for people with disabilities through establishing links with other services within the local community. Support offered includes:

#### **One-to-One/Individual to access**

- Employment and volunteering opportunities
- Education and training
- Transport
- New groups, activities and/or interests

#### **Group**

6-8 week workshops to develop knowledge and skills in accessing the local community such as:

- Resilience
- Self-Determination
- Assistive Technology

For further information regarding our services, **please contact 028 8224 8118.**

## Shelter NI - The SLATE Project

A temporary accommodation and Housing Floating Support provider in Omagh have opened their Supported Living, Advice and Tenancy Engagement 'SLATE' Resource Centre in Campsie, situated in the heart of Omagh town centre. The Resource Centre is a free space for young people, a safe haven to come and relax and talk to experienced staff. We provide services and support for young people aged 16-25 in partnership with other key agencies. We are managed by Shelter NI, a well-established local charity committed to addressing homelessness, social and economic disadvantages across Northern Ireland.

The Resource Centre is also somewhere where young people and their families can access information, guidance or support too. Our experienced team are always on hand to listen to any problem you may have and look at your options and help point you in the right direction. You might have a housing or benefits problem; you may want some support with an issue at home or you might be worried that you have a drugs or alcohol issue. We will keep what you tell us in the strictest of confidence unless you or someone else is at serious risk of harm.

Currently we accept referrals for our Housing Floating Support Service for young people aged 18-25 providing support in the community for young people with housing needs, mental health issues, learning difficulties, addiction etc. and we can provide temporary, furnished accommodation for young people aged between 16-25, for a maximum period of 2 years.

If you are interested or may be worried about a young person then please either drop in at our Resource Centre at 76A Market Street (beside AXA) or **contact us on 028 8226 7010** or email [nigel@shelterni.org](mailto:nigel@shelterni.org).

**AMH's New Horizons Employment Programme** - Briana McAteer, Employment Officer with AMH Fermanagh New Horizons supports those with mental health issues as they seek to find employment, volunteer posts or further training. If you are unemployed, experiencing mental ill health and are interested in taking that next step towards recovery, you can take part in AMH's New Horizons Employment Programme. The project, which is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for Employment and Learning, is open to anyone in the Fermanagh and Omagh areas.

Referrals are accepted from the Community Mental Health teams, the Condition Management teams and the Jobs and Benefits advisers. It is individually tailored to meet the needs of each client and can provide practical support such as job searching, completing application forms or creating CVs. Support is also provided to find volunteer placements and to enter other training programmes or further education.

If you need any more information, please don't hesitate to **contact Briana on:**

**T: 028 6632 3630**

**F: 07734 860337**

**E: [bmcateer@amh.org.uk](mailto:bmcateer@amh.org.uk)**

**W: [www.amh.org.uk](http://www.amh.org.uk)**

**Action for Children Foster Care NI** is currently recruiting Foster Carers in your area to provide a safe and caring home to vulnerable children.

If you feel you can give a vulnerable child the support and care they need; have experience in working with young people and have a spare room you could transform the life of a child in your community.

Please contact Action for Children Foster Care NI for more information.

**Tel: 028 6632 4181**

**Email: [fostercareni@actionforchildren.org.uk](mailto:fostercareni@actionforchildren.org.uk)**

**Breakthru DICE (Drug Intervention and Community Education) Project:** We offer individual and group work support to young people (10-21) suffering from the effects of hidden harm. Hidden harm is the impact of other people's substance misuse on young people. We provide information, education, mentoring and fun activities. This project is open to young people in the Omagh and Fermanagh council area.

We are also raising awareness of hidden harm throughout the community and can provide training to professionals involved within community life so they can recognise the signs and symptoms of hidden harm and know what to do if they suspect it.

**If you would like to know more**, please get in touch...

Michaela – 07769 261533 or [Michaela@breakthru.co.uk](mailto:Michaela@breakthru.co.uk)

Breigeen – 07769 2694334 or [Breigeen@breakthru.co.uk](mailto:Breigeen@breakthru.co.uk)

Breakthru HQ – 028 8775 3228

## **Fermanagh Women's Aid**

### **Volunteers needed**

Fermanagh Women's Aid are seeking compassionate and committed female volunteers to become part of an on-call rota for admissions to services and other duties. For an application form please **contact Denise Crudden on 028 6632 8898 or email [denisec@fermanaghwomensaid.com](mailto:denisec@fermanaghwomensaid.com)**

Fermanagh Women's Aid is a women only organisation in which being female is a genuine requirement within the exemption stated in Article 10 (2B and 2E) of sex discrimination (NI) order 1976

**NAS (National Autistic Society) Parent Support Group** – Meetings take place on the 2<sup>nd</sup> Wednesday of every month in **Fermanagh House 10.30am-1pm**. Any parents/carers affected by ASD welcome to come along for support and friendship. For further information please contact **Fermanagh House on 028 6632 0210 or email Gemma at [gemma@fermanaghhouse.org](mailto:gemma@fermanaghhouse.org)**.

## Shopmobility Enniskillen

### Volunteer opportunity “Helping People, Changing Lives”

As a volunteer for Shopmobility Enniskillen you will be helping people with limited mobility regain independence and avoid social isolation through the provision of mobility scooters and wheelchairs. Can you spare 2 – 4 hours a week to help out at our service desk in Erneside Shopping Centre?

For more information T: 028 6632 9965, E: [enniskillensm@live.co.uk](mailto:enniskillensm@live.co.uk)  
[www.shopmobilityenniskillen.com](http://www.shopmobilityenniskillen.com)

Find us on Facebook and Twitter.

## Western Adult Autism Advice Service

This service is aimed at young people aged 16+ and adults with ASD and those who care for them (parents/carers/professionals). It will be facilitated 4 times per year from 1.30pm – 4.30pm in the local libraries on the following dates:

1 <sup>st</sup> Thursday in March	Strabane Library
<b>1<sup>st</sup> Wednesday in June</b>	<b>Enniskillen Library</b>
1 <sup>st</sup> Thursday in October	Derry Central Library
<b>1<sup>st</sup> Thursday in December</b>	<b>Omagh Library</b>

You do not need to make an appointment. Just call in and someone will be available to speak with you.

**For further information or enquiries please contact Right 4 U Project Officer, The Cedar Foundation, Dromore, Co Tyrone. Telephone 028 8289 7772**

**Erne Speakers** – Meet in **Fermanagh House, Enniskillen** on the second and fourth Wednesday of the month to support and encourage self confidence in speaking skills and leadership skills for all ages. For further information, please contact **Christine Rusk on 07570 803516**.

## Do you have Asperger’s or high-functioning autism (HFA)?

Are you interested in meeting other young adults who are similar to you? A monthly social group is being set up to provide independent young adults (16yrs-25yrs) with Asperger’s or High-Functioning Autism the opportunity to meet other like-minded individuals, share experiences and build-up a social network.

The group will offer:

- a social focus
- opportunities to meet other young adults with similar experiences
- a supportive environment to form new friendships and to participate in a wide-range of leisure activities

**For further information** and application form please contact:

Caroline Bogue	07917 266487
Janice Ferguson	07762 447789



**The Hangout/FIND Centre** – Activities/Clubs for young people aged 11-25 at the Hangout/FIND Centre, 2 Quay Lane, Enniskillen include:

**Drop in** – Aimed at young people (**age group 11-25**) who in their spare time, mainly after school and weekends, can use the hangout area under supervision to meet friends and have full use of all facilities such as pool tables, ps4, air hockey, table football or perhaps just to use as an area to chill out or have a bite to eat. **Thursdays/Fridays 3 - 6pm and Saturday 3 - 5pm**

**JAVA** – Just a Virtual Area is aimed mainly at students (**age group 16-25**) of nearby colleges and provides an area where they can use facilities while on lunch breaks or on days they finish early. Full use of facilities is available under supervision. **Tuesdays/Thursdays/Fridays 12 – 2pm**

**Youth Club** – This is a chance for young people (**1<sup>st</sup> and 2<sup>nd</sup> years**) to meet new friends and build relationships through planned activities such as team building, challenge nights, trips, interactive workshops and free time where young people can have full use of facilities within the hangout. **Wednesdays 6 - 8pm**

**Underground Music Movement** – This group provides an environment for young people (**age group 13-18**) with an interest in music to come along and play the instrument of their choice or perhaps just listen with their friends. This group welcomes young people from all backgrounds and ability levels to come along for a jamming session. **Saturdays 3 – 5pm**

**STIG** – Social Teen Inclusion Group is a group where young people on the autistic spectrum can come together and take part in planned activities, workshops, trips and programmes under supervision. **Every 2<sup>nd</sup> Thursday 7 – 9pm**

**Information, advice and support** – All staff are fully trained so if you have ANY issues that you feel you need help with please drop in or give us a call. **Telephone 028 6632 5559**

**Volunteering Opportunity For Men And Women Aged 50+** - Safer Ageing Fermanagh is a partnership between Fermanagh Women's Aid and Men's Action Network, that tackles issues of Elder Abuse and isolation of older people within Fermanagh. Through becoming a Buddy, you can help us achieve this. If you can spare a few hours a week to visit an older person in the community, Safer Ageing Fermanagh could be for you! If you are interested in becoming a Buddy or would like more information, please contact **Marie on 028 6632 8898 or email [marie@fermanaghwomensaid.com](mailto:marie@fermanaghwomensaid.com)**. We particularly welcome applications from men over the age of 50 at this time.

**Volunteer With Samaritans** - Could you touch another person's life when it really matters? Omagh Samaritans have opportunities for volunteers. Our volunteers are changing lives every day and developing valuable skills and friendships along the way. We're behind you all the way with the training and support you need for the volunteer role you take on. Your training will show you how to give your whole attention to each person you're supporting and empathise with their feelings, without being overwhelmed yourself. The benefits of becoming a Samaritans volunteer are:

- Change peoples' lives.
- Contribute and share existing skills.
- Develop new listening and communication skills you can use in all aspects of your life.
- Meet new people from all different kinds of backgrounds and cultures.
- Improve your CV.
- Give something back to your local community.

You'll be surrounded by people with the same motivation as you. Whether you want to become a listening volunteer, or use your other skills to support us in a different role, Omagh Samaritans welcomes your support. There are many other skills required to run Omagh branch of Samaritans. Support volunteers help with the many other branch activities including fundraising, outreach, publicity, IT Support and finance. We are not a religious organisation and we positively welcome enquiries from all sections of the community. You don't need to have previous experience or qualifications, but you do need to be interested in other people and be open-minded. You also need to be over 18 years old. For further information please contact **07437 980466** or visit [www.samaritans.org/volunteer](http://www.samaritans.org/volunteer).

**Aware Support Groups** are for people affected by depression including relatives, carers and friends who want to know more about depression and how they can help someone recover.

An AWARE Support group will bring you together

- with other people experiencing similar problems
- so you can support each other and help one another
- to learn more about your own illness and the treatments available
- to share experiences and develop self-help strategies and coping skills that will help you manage depression

The groups are very informal where individuals may talk about their experiences, share information and ask questions. No member is obliged to speak and short periods of silence are normal.

There is no charge for attending.

We have support groups near you in:

- Enniskillen – Aisling Centre, at 7.30pm on Tuesdays (fortnightly)
- Omagh – Omagh Library, at 6.45pm (weekly)

No need to book just turn up.

Information on Aware's support groups can also be found at [www.aware-ni.org](http://www.aware-ni.org)

**If you want more information contact Caroline on 028 7126 0602 or [caroline@aware-ni.org](mailto:caroline@aware-ni.org)**

## Conferences and Events

### **Aisling Centre, Darling Street, Enniskillen**

**Phone 028 6632 5811**

#### **Mindfulness Meditation**

With Mary Conway

**All Day Experience** - Saturday 11 March

MBSR/MCBT “*Graduates*” welcome **booking essential**

contact Aisling Centre 028 6632 5811

#### **Monthly Drop in / Taster Sessions**

Beginners 7:15pm – 8:15pm

Programme “*Graduates*” 8:30pm – 9:30pm

1 Tuesday per month (contact centre for dates)

#### **Journeying Together**

With Aine Wilson

Support group for people who live with or have lived with a loved one’s addiction

2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month 7:30pm – 9:00pm

For information contact the Aisling Centre – 028 6632 5811

#### **Workshop with Marie Evans**

21 March 2017 10.00am – 1.00pm

For further details contact Marie Evans on [siddantha@hotmail.co.uk](mailto:siddantha@hotmail.co.uk)

#### **Take 5 & Thrive**

With Mary Daly

Tuesday 21 February – Tuesday 14 March, 10am – 1pm

A 4-week programme of group learning & support that will help you to understand & develop emotional resilience

Come along on the journey in a safe, fun group setting and explore how you can be your best self

#### **Advance Registration Required**

*Attend one or all workshops*

Course supported by Public Health Agency

**All other support groups and workshops i.e. AA, ADHD, AWARE, Fermanagh Bereaved Support Group, Forget Me Not, SWEDES (South West Enabling Deaf Encouraging Sign), Island Artists, Enniskillen Social Dancing Class and Yoga will continue as usual**

## **Fermanagh House, Broadmeadow Place, Enniskillen**

**Fermanagh Writers** are hosting a Writing Poetry workshop with tutor Monica Corish on Saturday 4 February, 10am-5pm, in Fermanagh House. The workshop is free and there is a small charge (£2.50) for refreshments. Places are limited so please contact Fermanagh Writers at [fermanaghwriters@aol.com](mailto:fermanaghwriters@aol.com) to reserve a place.

**First Aid Training** with St John's Ambulance at Fermanagh House. 2 day course 7 Feb and 14 Feb or 3 day course 21 Feb, 28 Feb and 7 March. To book a place call St John's on 028 9079 9393 extension 223

**Volunteer Now** training workshop on volunteering and young people. Thursday 23 Feb 10am – 4pm at Fermanagh House. This FREE workshop is for anyone who supports young volunteers in their organisation. This course will explore key principles in the development and promotion of volunteer opportunities for young people, good practice in recruitment and selection and a range of effective and appropriate methods for the support and management of young volunteers. Places are FREE but limited! For any further information, or to book a place please contact David Fitzsimons ([david.fitzsimons@volunteernow.co.uk](mailto:david.fitzsimons@volunteernow.co.uk) or 028 9081 8330).

**DL Dance 4 All** run dance exercise classes on Friday mornings from 11-12. All abilities welcome. For further details contact Debbie Richmond 07597 442781 or email [dldance4all@hotmail.com](mailto:dldance4all@hotmail.com)

**Drink Wise Age Well** are running a support group for the over 50's wishing to talk about drinking on Wednesdays from 1.30 - 3.30pm. For further details please go to <https://www.drinkwiseagewell-training.org.uk/>

**St Michael's Bridge Club** every Monday at 7.30pm September - May.

**Family Mediation** – assisting families experiencing the trauma of separation. Appointments available in Fermanagh House. Call 028 9024 3265 or email [enquiry@familymediationni.org.uk](mailto:enquiry@familymediationni.org.uk)

**U3A** – leisure and learning co-operative of older people. Choir, drama and poetry. Meet regularly in Fermanagh House. Call 028 66 320 210

**Stroke Support Group** – meet on alternate Tuesday's 11am-1pm at Fermanagh House. For more information call 028 66 320 210

**Autism NI Support Group** - 8-10pm 4th Wednesday of the month (*not July or Aug*). For further information contact Michelle Higgins 07834484229

**Victim Support** hold appointments in Fermanagh House. They are a charity who supports people affected by crime. They offer a free and confidential service, whether or not a crime has been reported and regardless of how long ago the event took place. We are an independent organisation - not part of the police, courts or any other criminal justice agency. To contact them ring 028 9024 3133 or email [info@victimsupportni.org.ni](mailto:info@victimsupportni.org.ni)

**Cruse Bereavement Support** hold counselling & support appointments in Fermanagh House. Contact 028 8224 4414 for further details or go to <http://www.cruse.org.uk/northern-ireland>

**Addiction NI** - Hold appointments in Fermanagh House. They are a Community Addiction Service, a registered charity providing treatment and support for people who are dependent on alcohol or drugs. We provide tailor-made treatment programmes for people with drug or alcohol problems, delivered in community settings. We also give confidential support for people affected by someone else's drinking or drug use. Telephone 028 9066 4434 or email [enquiries@addictionni.com](mailto:enquiries@addictionni.com)

## **Omagh Volunteer Centre (OVC)**

Community House, 2 Drumragh Avenue, Omagh

Tel: 028 8224 0772

Email: omaghvc2@yahoo.co.uk

Our Services include:

### **For VOLUNTEERS**

- Volunteer recruitment/registration
- Source volunteering opportunities
- Referral of volunteers to match opportunities
- Volunteer support
- Volunteer recognition activities

### **For ORGANISATIONS**

- Promotion of volunteering opportunities
- Volunteer recruitment/referrals
- Help in identifying roles/writing role descriptions
- Help to set up a volunteer programme/improve an existing one
- Help/guidance with good practice in volunteer management e.g. with developing policies and procedures
- A free volunteering “health check”

### **TRAINING**

- Safeguarding of Vulnerable Adults (SOVA)
- Child Protection
- Befriending & Mentoring
- Help to source training e.g. Disability awareness & First Aid

### **SMALL GRANTS FOR VOLUNTEERING PROGRAMME (DfC)**

- We are the local delivery partner for this programme which includes promotion, training, support and guidance.

### **ACCESS NI CHECKS**

- We are the local umbrella body for the Access NI vetting service
- Access NI guidance/support and process applications

### **GOOD MORNING OMAGH**

- Telephone befriending service – 5 days per week

## **Tara Centre**

**11 Holmview Terrace, Omagh**

... in the service of healing, peace and holistic well-being.

**Inspired by a vision of global awareness, the Tara Centre provides a safe, nurturing environment in which:**

- to heal and transcend pain and trauma;
- to bring hope to those in despair;
- to build an inclusive community of peace and reconciliation;
- to support those who seek to free themselves from the poverty trap and its negative consequences
- to educate beyond narrow, divisive, tribal loyalties
- to educate towards a deep, active and enlightened awareness of this amazing universe of which humanity forms an integral part.

**The Tara Centre has made two key appointments - Angela O’Kane as CEO, and Margaret Spencer as Co-ordinator of Therapeutic Services. The filling of these two significant posts at the Centre is an injection of fresh energy which we trust will contribute considerably to the enrichment of many lives.**

We are delighted to present an inter-disciplinary package of health and well-being services:

### **ON-GOING SERVICES:**

- **Counselling / psychotherapy & art therapy**
- **Complementary therapies**
- **Premises for hire** with small and large rooms, a choice of catering and dining hall available. Please contact us to discuss your organisation’s needs.
- **Bookshop** and lending library.

### **PROGRAMME OF SEMINARS AND WORKSHOPS:**

For further details on any of the above or to hire the premises, please contact Reception, send an email or use the Centre website:

**Tara Centre, 11 Holmview Terrace, Omagh.**

**Tel.: 028 82250024**

**e-mail: [info@taraomagh.com](mailto:info@taraomagh.com)**

**[www.taraomagh.com](http://www.taraomagh.com)**

## Training Opportunities

### Going Places Programme

The Going Places Team support the Neighbourhood Renewal Areas (NRA) within Fermanagh & Tyrone with the aim of signposting, referring and providing a wraparound support for NRA residents aged 16+ who want to gain entry into Education, Training or Employment.

The Going Places Team provide NRA residents access to any Level 2 and above provision offered within South West College; alongside the vocational area of their choice residents will also get the support of a mentor to assist them on their journey to the World of Work.

If you feel that you would like to explore your career journey opportunities with the support of a mentor please contact a member of the Going Places Team on:

077 3428 1030 or 077 0815 2879 or 078 5638 1535

Some of the **Free Courses** available now for residents in a Neighbourhood Renewal Area are:

Hotel & Tourism / Hospitality  
Food Safety in Catering  
Emergency First Aid in the workplace  
CSR  
CV Building & Interview Skills

For more information or to book a place on any of these courses contact a member of the Going Places Team on the above numbers.

### The Alzheimer's Society - Training for Informal Caregivers

Do you provide unpaid care and support for a family member, neighbour or friend living with a dementia?

- Do you care for a loved one in an informal basis?
- Would you like to meet with other informal carers?
- Would you benefit from finding out more about dementia, coping mechanisms, legal/financial issues, basic communication skills?
- Are you aware of all the dementia services available in your area?

Well this **free training** is for you! We are flexible and can run evening or weekend courses if this suits. We can also offer the training to family groups within their own homes if necessary.

**Please call:**

**Carla Mulholland 07718 322726 or e-mail [carla.mulholland@alzheimers.org.uk](mailto:carla.mulholland@alzheimers.org.uk)**

**Roisin Flynn 07484 507178 or e-mail [roisin.flynn@alzheimers.org.uk](mailto:roisin.flynn@alzheimers.org.uk)**

## Team Up with the Prince's Trust

### New Team Programme commences 30 January – South West College, Enniskillen

Any young people aged 16-24 that are interested in a twelve week programme can check us out on the Prince's Trust Enniskillen Facebook or **contact Catherine on 07523 273865**

The programme is FREE for unemployed young people aged 16-24. It's a full time course that won't affect your benefits. Childcare allowance available.

Week 1 – **Planning for Progression** – work alongside 12 other members of your team.

Week 2 – **Go on outdoor adventure activities for Teamwork** – for 4 days

Week 3 to Week 5/6 – **Community Project** - Get out and meet the community, help with a project that you get to choose, painting & decorating, landscape gardening and make a difference!

Week 6/7 and Week 8 – **Work Experience** - What do you want to do, try a new skill, sample a new opportunity or look for a career

Week 9 - **Career Planning** - Let us help you to put together a CV on our job search week. If you want to work and are not sure what to do then you should join our **Team**

Week 10 & 11 - **Supporting Others** – Get to know who is around you, speak to local groups, organise days away, ten-pin bowling, sports and fun

Week 12 - **Presentation Skills** – Finish off your qualifications, present yourself to your family and friends at an end of Team Programme get together

**Qualifications – your work will achieve results**

**Prince's Trust** – A Certificate in Employment, Teamwork and Community Skills

**Also** – First Aid Certificate

## safeTALK – Suicide Alertness for Everyone

**safeTALK is a 3 hour training seminar which raises general awareness on how to prevent suicide in our community.** The seminar equips participants with the skills to recognise a person with thoughts of suicide, to engage them and then connect them with an organisation or individual who can intervene to help keep them safe. safeTALK is ideally placed for delivery in a workplace or community setting.

**Wednesday 8 February**, MDEC, Altnagelvin Hospital, Londonderry. 9.30am – 12.30pm

**If you are interested in attending please contact the Health Improvement Department on 028 7186 5127.**

**Free Driving Theory Support Course** - Are you or someone you know struggling with their Driving Theory? The Community Family Support Programme are offering a free Driving Theory Support course to participants. All information is provided and classes are held on a Wednesday morning. **Please contact Ciara on 07739 651585 for further information.**



## **Train The Trainers OCNNI Level 2 Accreditation**

**8, 9, 28 February - Shaftesbury Square, Belfast**

This interactive 3 day master class is for people who are/will be responsible for designing and delivering training or presentations but who have little or no experience in doing so. This fun and informative master class introduces the good practice in training delivery exploring how trainers can promote the right conditions for effective learning. It looks at exploring training needs; design a training course using a range of training methods; deliver a short training session and design a system of evaluation.

**Contact Volunteer Now for further information, Tel 028 9081 8319  
The First 4 Bookings Receive Discount!**

**Physical Activity Training** organised by the Health Improvement Team is taking place as follows:

**Walk Leader** - To train adults to lead health walks in their local community or workplace  
22 February Gransha Park House, Gransha Park, Londonderry  
1 March Bawnacre Centre, Irvinestown

This is a basic level course which promotes low level health walks for people who are inactive.

**Please contact the Health Improvement Department on 028 7186 5127 for full details and to obtain an application form, email [health.improvement@westerntrust.hscni.net](mailto:health.improvement@westerntrust.hscni.net)**

**CRAFT Training** offer a number of training opportunities for young people to learn new skills and gain qualifications so that they can get ahead in their career.

Through the Training for Success programme or the Apprenticeships NI Programme, young people can gain the skills they need to get employed and start their career.

For more information **telephone 028 8225 9377** **[www.craftrecruitment.com](http://www.craftrecruitment.com)**

**Exploring Enterprise3 Programme** - This is a free programme that helps participants take the first steps to gain employment or explore a business idea. All participants gain a free accredited qualification within the programme. This adds to a CV and helps to break down barriers to employment or self-employment. Fermanagh Enterprise Ltd will be delivering this programme in Fermanagh, they have friendly and experienced advisors who will offer advice and assistance and offer access to main stream support options. The Exploring Enterprise3 Programme will help participants:

- Gain a QCF Understanding Business Enterprise Qualification.
- Improve skills for business and employment.
- Meet new people.
- Get back on track.

For eligibility details and more information please contact **Fionna Martin on 028 6632 3117 or email [fionna.martin@fermanaghenterprise.com](mailto:fionna.martin@fermanaghenterprise.com).**

**The Way2Go Project** is a new, province wide initiative supported by the Big Lottery Fund planning to improve knowledge and understanding of the impact of alcohol on individuals, families and communities, as well as identifying risks associated with excessive alcohol consumption.

The content of the workshop raises awareness of statistical information on the impacts of alcohol in Northern Ireland; will increase knowledge about risks associated with drinking alcohol and getting home safe; also looks at alcohol and offending, alcohol and health, alcohol and the media, and raises knowledge about impacts of alcohol and the risks of homelessness. Within the workshop we will also provide information regarding getting help for someone who is misusing alcohol.

Our workshops will be offered free of charge to schools and youth settings throughout the province. The quality assured workshops are tailored according to the age group and needs of each group. Sessions are fully interactive using PowerPoint presentation, booklets, group work, activities and discussion to fully engage young people.

Way2Go directly link with the core of the 'Model for effective Practice', aims to compliment education and service provisions to aid the personal and social development of young people ensuring they have opportunities to participate effectively in society.

If you would like to book a free workshop for your School or Youth club, or to discuss any aspect of the project, please contact First Housing Aid and Support Services, 7 Queen Street, Enniskillen, BT74 7JR

T: 07715 629658

E: [shirleydonaldson@first-housing.com](mailto:shirleydonaldson@first-housing.com)

**Mental Health Resilience Workshops** - Action Mental Health has recently been commissioned by PHA to deliver fifteen Mental Health Resilience workshops for 14-17 year olds and fifteen Mental Health Resilience workshops Lot 2 (adult) in the Western Trust area. These workshops entitled Mindset will run continuously throughout the year. The programmes will be delivered in youth and community settings for groups of eight to twenty people. Duration 3 ½ hours. The aims of the workshops are:

- To raise awareness and increase knowledge and understanding of Mental and Emotional Health and Wellbeing.
- To raise awareness of the signs and symptoms of mental ill health.
- To promote self-help/resilience techniques and how to maintain a safe level of positive mental and emotional health and wellbeing.
- To promote self-care.
- To provide information and/or resources on mental health support organisations available both locally and regionally.

To book a programme contact **Action Mental Health MensSana Project Worker Brenda Burns on 07885 407092 or 028 6632 3630 or email [mindset@amh.org.uk](mailto:mindset@amh.org.uk).**

**Step Up To Sustainable Employment+ (SUSE+)** - South West College – SUSE+ is an employment solutions programme that helps participants to become more job ready by up skilling or reskilling. Based at the Southwest College the programme covers the Fermanagh-Omagh district council and Mid Ulster council areas. It is aimed at those aged 16-65 who are unemployed - including those working under 16 hours or who are economically inactive.

SUSE+ offers a variety of accredited Level 1 qualifications all gained within a maximum of 12 weeks; these include Health and Social Care, Welding, Multi-skills Construction, Retail, Customer Service, Employability, Essential Skills ICT, English, Maths. Participants can also avail of 1 day training courses that can include First Aid at Work and Food Hygiene.

Each participant has a dedicated mentor who will provide guidance and support in completing a CV, Work placement, Job applications, Interview skills, Budget management, Careers guidance and Computer skills. Mentors have built up strong links with local employers which further develops the participant's journey into employment.

**For further information please contact:**

**Enniskillen: David Taylor 07442 531667, 028 6634 2260 or  
Dermott Feely 07734 281029, 028 6634 2208**

**Omagh: Tracy Sharkey 07436 533475 or Darrell Law 07739 951970**

### **Would you like to learn how to upcycle old chairs?**

**BKN** is running a 6 week workshop starting on **Wednesday 8 February** from 6pm-8pm. We supply the chair, paint and material. Cost for this 6 week workshop is £50.00 (you keep the chair!)

Be as creative as you want as we have a large selection of paints and materials.

Places are limited so please contact Yvonne as soon as possible on 028 6632 2995 or 07920 809384 or visit our Facebook page <https://www.facebook.com/bknupcycling> and leave a message and we will get back to you.

Call into our BKN shop which is open on a Tuesday, Wednesday and Saturday from 10am-4pm at the New Hope Centre, Erne Road, Enniskillen (opposite the GAA grounds).

Inspire wellbeing for all.

## Funding Opportunities

### Funding Boost for NI Community Projects

**A new dedicated £350,000 loan scheme has been launched to help provide funding for community projects across Northern Ireland.**

Community groups, voluntary organisations, charities, sports clubs and social enterprises will be able to access the scheme which will be **funded by Building Change Trust** and managed by the Ulster Community Investment Trust (UCIT).

The new fund will provide small loans which cannot currently be raised from traditional sources. The loans can be used for a wide range of purposes, including buildings and repairs, equipment purchase, making facilities more energy efficient or funding shortfalls in larger grant assisted projects.

**Further information about the scheme is available by contacting UCIT on 028 9031 5003 or visiting [www.ucitltd.com](http://www.ucitltd.com)**

### **Social Housing Enterprise Investments awards - The Education, Training and Business Start-Up Grants are open year round (awards up to £1000, limited number).**

The link below provides additional information and a link to the application forms:

[http://www.nihe.gov.uk/index/community/community\\_social\\_housing\\_investment\\_scheme.htm](http://www.nihe.gov.uk/index/community/community_social_housing_investment_scheme.htm)

**Do It For Real** – Apply for up to £2,000 to start your social enterprise. Omagh Enterprise Company in partnership with UnLtd, Comic Relief and Spirit of 2012 is delivering Do It For Real, an exciting new youth programme to help people across Northern Ireland become social entrepreneurs. The programme will give young people (aged 16 – 30) the skills to develop their social ideas while having fun and helping to improve their community. We currently offer two support packages:

- Test It Award – Apply for £500 cash and receive mentoring from one of our dedicated Award Managers to explore, plan and try out your social idea.
- Do It Award – Turn your idea into a real venture by applying for up to £2,000 cash funding and receive one-to-one support and expert advice to help create a positive social impact.

You can find more information about the Do It For Real programme, including how you can apply, eligibility criteria and FAQ on our website [www.omaghenterprise.co.uk/social-enterprise/](http://www.omaghenterprise.co.uk/social-enterprise/)